

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING AGENDA

**Meeting Date:** Friday, May 18, 2012      **Time:** 10:00 am - Noon  
**Place:** Veteran's Memorial Hall  
801 Grand Avenue  
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

**10:00 am**      **Call for a Quorum**

## **Call to Order**

- Flag Salute
- Roll List
- Approval of April Minutes      [May Minute Taker: Diane Maiorano]
- Approval of Agenda
- Public Comment [2 minute limit]

## **Guest Speakers:**

- **Julie Cox:** Tips on Fire Prevention
- **Dana Cummings:** Aid & Attendance Benefit

**Introductions:** All members and guests encouraged to speak about Senior Issues during Introductions

## **Unfinished Business:**

- Goals for 2012-13: Action Item. (see attachment A)
- Priority Votes: Announce final vote.
- Distribute new Committees list for Binder

## **Chair Reports:**

- Next step to complete Annual Report
- ACA update
- Hearing Advocacy Power Point

## **Announcements and Updates:**

## **Adjournment:**

**Next Meeting,** June 15, 2012 Minute Taker: Julie Macedo

## SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall  
801 Grand Avenue  
San Luis Obispo

### Minutes for May 18, 2012

**Members Present:** Marilyn Hamilton, Anita Shower, Maryanne Zarycka, Judy Mishoulam, Kathleen Bellefontaine, Diane Maiorano, Judy Salamacha, Marie Pounders, Margaret Ensminger, Carol Schmidt, Julie Macedo, Mike Suddarth, Sandra Pendell (for Rosa Fernandez)

**Absent:** Alice York, Jo Dennison, Dorothy Schlitz

**Guests:** Myra Lathrop, Dorothy Yelda, Julie Cox, Nicole Carrasco, Cindy Deibert, Deborah Bayles, Wendell Welter, Kelly Hayes

**Call to Order:** Quorum established. Meeting called to order by Chair Bellefontaine at 10:05 a.m. Flag Salute. Circulation of roll lists.

**Minutes:** from April 20, 2012 meeting: accepted

**Agenda:** amended to change the Power Point presentation on Hearing Advocacy listed under Chair Report to occur during introductions. Motion to amend agenda to reflect this change presented by Mike Suddarth seconded by Anita Shower, motion carried unanimously.

**Public Comments:** None

**Guest Speakers:** **Julie Cox** from the SLO City Fire Department gave a presentation on fire prevention tips. Some topics addressed were: smoke alarms, water heater safety, carbon monoxide alarms, fire extinguisher tips, deaf & hard of hearing devices.

**Wendell Welter and Kelly Hayes** spoke for the office of Veterans' benefits, located behind the Veterans Hall. Mr. Welter, who is new to this office, introduced his Administrative Assistant, Kelly Hayes. He explained the "Aid & Attendance" benefit for veterans. Aid and Attendance will pay for assistance with daily activities either in home or in an assisted living facility. The maximum amount is \$1700 per month. Vets must have served during wartime and have an honorable discharge. Income must be below 2K per month or \$20K annually. All of the named requirements are essential with a large amount of documentation (paper work). Paper work can take months to complete. This is a federal program and available to veterans only. Additional info may be obtained from the office by appointment or phone 805 781-5766.

**Introductions:** Members and guests in attendance presented in turn a brief summary of their major interest and concerns regarding senior issues and solutions. Comments of great interest to all and too many to report ranged from Over 90's clubs, foster grandparent programs to re-imagining senior communities and generational problems when family members have to return home. Chair presented the Power Point created by the Hearing Advocacy Committee that will be used for Speaker Bureau Presentations.

**Unfinished**

**Business:**

**Action Item:** Members voted to accept the revised version of the 2012-13 Goals emailed to members in advance of this meeting. Unanimous vote to accept Goals that will be a part of the annual report submitted to the Board of Supervisors in July.

**Results of Ranking senior issues:** All of the items listed were rated by the membership, two items (#6) were combined. The top 6 will be included in the annual report under Projected Goals and Priority Issues for 2012-13.

The following are listed in order of priority as per the vote.

<b>Senior Isolation and Depression</b> (Hearing loss, Hoarding)	1
<b>Affordable Senior Housing Options</b>	2
<b>Senior Health Care Options</b>	3
<b>Transportation Options</b>	4
<b>Mental &amp; Physical Health Fitness</b>	5
<b>Senior Resources:</b> (making up for Social Service Losses to Seniors).	6
<b>Impact of Budget Cuts:</b> (on Social Services)	6

**Chair Report:**

- Kathleen described the contents of the report that SLOCOA submits annually to the Board of Supervisors in July: Part One: Summary of past fiscal year (2011-12) achievements and activities; Part Two: Projected Goals and Priority Senior Issues for the coming fiscal year (2012-13). The Chair will send out the Part One section to members for review before the June meeting. Members will have the opportunity to vote to accept Part One at the June meeting. Part two was finalized, today, with the vote on the Projected Goals and ranking of the Priority Issues for 2012-13.
- Exec Committee will be revising the SLOCOA rack card. Members wishing to offer ideas please contact Chair.
- Chair described current and pending health care changes affecting Seniors to due to the Affordable Care Act (see handout).
- Chair made available copies of the projected SLO City budget for housing provided by Morgan Torrel

**Announcements:** None

**Adjournment:** Motion to adjourn by Judy Mishoulam seconded by Anita Showers at 11:55. Motion carried unanimously.  
Next meeting June 15, 2012

Minutes submitted by Diane Maiorano and edited by the Chair