

SAN LUIS OBISPO COUNTY COMMISSION ON AGING AGENDA

Meeting Date: Friday, March 15, 2013 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll List [Special Roster: current senior concerns](#)
- Approval of February Minutes [[Julie Macedo, March Minute Taker](#)]
- Approval of Agenda
- Guest and Public Comment [[2 minute limit](#)]
- Introductions

Presentation: SLO County Affordable Housing for 2012-2013. Speaker: Dana Lilly and Morgan Torell, City Planning and Building Department.

New Business:

- Reviewing Goals (see attachment) and choosing priorities for next fiscal year.
- New microphone system. Enhancing hearing at SLOCOA meetings.

Special Reports:

- Dorothy Schlitz & Mike Suddarth: AAA Needs Assessment update
- Myra Lathrop: Body and Balance
- Anita Shower: Flag etiquette

Committee reports:

- Outreach

Chair Report:

- Latest Rack Cards
- Discuss change in email announcements
- Minute Taker Sign up

Announcements & Updates:

Adjournment:

Next Meeting, April 19, 2013 [Minute Taker Diane Maiorano](#)

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes for March 15, 2013

Members Present: Anita Shower, Maryanne Zarycka, Judy Mishoulam, Kathleen Bellefontaine, Diane Maiorano, Marie Pounders, Jo Dennison, Marilyn Hamilton, Myra Lathrop, Carol Schmidt, Cindy Deibert, Elias Nimeh, Dorothy Schlitz, Rosa Fernandez, Kelley Sexton, Julie Macedo,

Absent: Alice York, Mike Suddarth, Deborah Bayles

Guests: Dian Kerr, John Kerr, Judith Bernstein

Call to Order: Quorum established. Meeting called to order by Chair Bellefontaine at 10:05 A.M. Flag Salute. Circulation of roll lists.

Minutes: February Minutes Approved

Agenda: Agenda Approved

Guest or public comment: None

Introductions

Presentation: Presentation by Speakers Dana Lilly and Morgan Torell, from the County Planning and Building Department, on SLO County 2012 Affordable Housing Fund.

Included in discussion were the various projects and funding made this year to several projects and upcoming funding. \$34,000 was spent in 2012 on affordable housing projects. Projects include those with different qualifying income levels and populations in our County. \$72,000 is planned for 2013 projects. Dana Lilly spoke of dwindling opportunities for obtaining funding from the state's low income tax credit program and other funding. He introduced information on upcoming bills to assist with low income housing funding: 1. Senate Bill 391, CA Homes & Jobs Act of 2013 that would propose a surcharge on recording most real estate documents excluding those subject to transfer tax to raise half a billion dollars a year, and 2. House of Representative Bill 858, the Rural Housing Preservation Act, would extend the grandfather clause for 10 additional years providing assistance to Atascadero, Los Osos, Morro Bay, Nipomo and Paso Robles. This current resolution expires in September 2013 and would make these areas ineligible for funding under this act if not passed. Chair asked that SLOCOA be considered as part of planning process.

New Business:

- Goals from previous year were reviewed and suggestions made for change. Members placed their Priority choices on list for next fiscal year. This list will be reviewed by the Executive Committee and presented to commissioners at the next meeting to finalize the COA top priorities for coming fiscal year. Members invited to attend the Exec Committee meeting, April 1. Due to quorum concerns, Chair needs RSVP.
- Kathleen Bellefontaine presented the new microphone system for the meeting room to provide enhanced hearing for this meeting although it will not be usable in this session, it will shortly. Thank you to the Recreation Department.

Special Reports:

- The Area Agency on Aging Needs Assessment Survey status was updated by Dorothy Schlitz as a follow-up on the recent survey. A total of 1,796 surveys were returned, with 1,192 from Santa Barbara and 590 from San Luis Obispo County. A report will be written so the Area Agency on Aging can develop services to correspond to the expressed needs, resulting in a report to the Department on Aging. This report will be presented at an upcoming COA meeting.

- Commissioner Lathrop spoke about the meaning of Body in Balance and her experience in a Qigong class. She states that it teaches gentle movement and breathing to improve well being. It has mental and physical benefits as well an opportunity to socialize.
- Commissioner Showers presented on flag etiquette. Advised that for flag disposal take to Veteran's office or Girl Scouts.

Committee Reports:

- Outreach: Marilyn Hamilton reported that presentations were made from the Speakers Bureau over this past month by Kelley Sexton, Maryanne Zarycka, Alice York, Carol Schmidt, and Kathleen Bellefontaine.
- Further discussion resulted in a suggestion that the COA speakers present on the commission at other presentations in the community to increase awareness and encourage attendance. Maryanne described the increased interest in COA Corner reports at Paso Senior Center since she talks with the participants instead of giving handouts.

Chair Report:

- Update on Supervisor Arnold's progress in finding her Representative. Chair communicating with Legislative Assistant Jennifer Caffee.
- Chair explained decrease in forwarded emails since many members already get fundraising and newsletters directly.
- Distribution to members of DSS Homeless Services pocket info sheets
- Rack Cards were discussed and plans made to print more copies.
- Updated rosters were distributed due to recent re-appointments
- Request was made for minute takers. Sign up sheet was passed.

Announcements and Updates:

- Judy Mishoulam shared an email report called, 1 (800) ASK 4 USA. The report stated that a law exists that if one requests to be provided service from an American based worker, a foreign operator must return you to a US worker. [After this meeting, Judy found out that *there is no law*, and asked that members be notified. But she still thinks it doesn't hurt to ask.]
- Carol Schmidt provided information about Senior Peer Counseling and training required to become a volunteer. Marilyn Hamilton spoke of her experience as a Counselor. Carol also spoke about Good Neighbor and Caring Callers programs.
- Dorothy Schlitz announced that there will be an important meeting regarding LIFELONG Learning, March 22.
- Scientific American article emailed to members, Mar 3, describes the **Buried in Treasure Program** and progress made in reaching compulsive hoarders through peer-organized workshops.
- Upcoming Event: Night of a Million Meals, May 11th (Senior Nutrition Fundraiser)

Adjournment: 11:55 P.M.

Minutes submitted by Julie Macedo. Reviewed by Chair.

Next Meeting: April 19, 2013 Minute Taker Marilyn Hamilton