

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING AGENDA

**Meeting Date:** Friday, May 17, 2013      **Time:** 10:00 am - Noon  
**Place:** Veteran's Memorial Hall  
801 Grand Avenue  
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

**10:00 am**      **Call for a Quorum**

## **Call to Order**

- Flag Salute
- Roll List (new Minute Taker sign up sheet)
- Approval of April Minutes [Diane Maiorano, May Minute Taker]
- Approval of Agenda
- Guest and Public Comment [2 minute limit]
- Introductions

## **Presentations:**

- Dr. Nooristani: **SLO Noor Clinic: Healthcare for the underserved and uninsured**
- Jessica Arnott: **Mental Health Crisis Intervention**
- Chair: **Brown Act Review** (bring binder please)

## **Unfinished Business:**

- 2013-14 Priority Ranking Results
- Annual Report. Suggestions for content. BOS presentation, July 16, 2013.

## **Chair Report:**

- Kaiser news: Changes to Medicare
- ASPC news

## **Committee and Member Reports:**

## **Announcements & Updates:**

## **Adjournment:**

**Next Meeting**, June 21, 2013 **Minute Taker Marie Pounders**

## SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall

801 Grand Avenue

San Luis Obispo

### Minutes for May 17, 2013

**Members Present:** Anita Shower, Alice York, Maryanne Zarycka, Judy Mishoulam , Jo Dennison, Diane Maiorano, Kathleen Bellefontaine, Marie Pounders, Marilyn Hamilton, Carol Schmidt, Elias Nimeh, Mike Suddarth , Rosa Fernandez, Deborah Bayles

**Absent:** Cindy Deibert, Myra Lathrop, Kelley Sexton, Julie Macedo

**Guests:** Jessica Arnott (TMHA), Dr. Nooristani (Noor Clinic), E. Bear

**Call to Order:** Quorum established. Meeting called to order by Chair Bellefontaine at 10:04 A.M. Flag Salute. Circulation of roll lists.

**Minutes:** April Minutes approved with request for modification i.e. one abstain vote to SB 391 letter.

**Agenda:** Agenda approved as written

**Guest or public comment:** None

**Introductions:** Each person presented their name and their status of membership. Elias Nimeh announced that the Night of a Million Meals was a grand success!

### Presentations:

- **Mental Health Crisis Intervention:** Jessica Arnott presented info on how to deal with the mentally disturbed. She described a scenario based on interacting with a mentally ill person who is highly agitated and distributed handouts with these tips. She also provided handouts and information about the different support groups that are available through Transitions Mental Health Association. All very informative.
- **San Luis Obispo Noor Clinic** founder, Dr. Nooristani, presented his assessment of the reason for the clinic and the amount of people served in this county. The goal is to have one stop shopping for medical, dental and eye care to help the uninsured and underserved. The largest patient population is the working poor and small business owners. All patients must be uninsured and are served regardless of ability to pay. His vision is to help with a “wellness clinic” that will offer preventative medicine and not wait until the medical situation becomes a major medical issue. The goal is being accomplished but a larger facility is needed. Sadly, the clinic still needs help. Most of the services are offered by volunteers however rent and supplies must be purchased. This is an enormous undertaking and help in any form is appreciated. He is hoping to partner with self help housing to offer dental care at one of their sites but new services may not be added without additional funding.
- **Brown Act** refresher was presented by Chair Bellefontaine. New handout provided by the Department of Social Services was distributed and explained by referencing the current Brown Act information in COA binders. High points were: adhering to the rules from the Brown Act regarding quorums away from meetings and need to display 72 hour notice of meetings at the Vet’s Hall.

### Unfinished Business:

- **2013 – 2014 ranking** of issues was determined by the questionnaire that members returned via email to the Chair. Results showed these top 5 priorities: Affordable Care Act & its affects on Senior medical services; seniors need for emotional support; senior centers challenges & successes; learn about types of personal care; learn about South County multi-level of care senior housing. Presentations will be based on these choices throughout the next fiscal year.
- **Annual Report:** Chair asked for input from members for the annual summary. Announced that acceptance of the final report will be voted on at the June meeting and sent to the Board of

Supervisors. July 16, 2013 COA will be on the Agenda to give our report in person. All members are invited to join the Chair at that meeting.

**Chair Report:**

- Possible changes to Medicare are described in the Kaiser Health News emailed to members
- Debbie Arnold has chosen a Representative and hopefully he will be confirmed at BOS meeting in June.
- Orientation for new and current BOS representatives will be held in July. Time to be set soon.
- Disability Fair May 31.

**Committee Reports:**

- **Speaker's Bureau:** Marie Pounders spoke of changes to the Speakers Bureau. Adding new speakers, currently working to revamp a flyer to contain new topics for exploration.
- Marie updated members about bill **SB391** (CA Homes & Jobs Act for 2013). SB391 is doing well it has passed many committee's with an urgency clause. There has been a question raised about the SLO BOS opposing this bill but they may not have voted yet? Members agreed that COA should send a copy of our letter, possibly followed by a resolution to BOS asking them to support SB 391. Motion to send a copy of our April 19th letter to Supervisors was made by Alice York seconded by Anita Shower; motion carried unanimously.

**Announcements:**

Elias announced a correction to his earlier announcement during the introductions. Even though the fundraiser made \$70,000 SNP is still showing a (\$75,000) deficit.

**Adjournment:** Motion to adjourn was made by Diane Maiorano seconded by Elias Nimeh. Meeting adjourned 12:00 PM. Next meeting June 21, 2013.

Minutes by Diane Maiorano and reviewed by Chair

**ADDENDUM:** After this meeting it became clear that the Supervisors had already voted against SB391 and Action to send a copy of our letter was unnecessary.