

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING

[www.slocounty.ca.gov/coa.htm.com](http://www.slocounty.ca.gov/coa.htm.com)

## AGENDA

**Meeting Date:** Friday, October 18, 2013                      **Time:** 10:00 am - Noon  
**Place:** Veteran's Memorial Hall  
801 Grand Avenue  
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

**10:00 am**      **Call for a Quorum**  
**Call to Order**

- Flag Salute
- Roll Lists
- Approval of August Minutes
- Approval of Agenda
- Guest and Public Comment [2 minute limit]

**Introductions:** Member & guest introductions.

**Presentations:**

Lee Collins, Director Department of Social Services : "Expansion of Medi-Cal."

Buff Lawson, Registered HICAP Counselor: "Medicare Open Enrollment - 2014 Choices & Changes."

**New Business:**

- Slate of officers for 2014--Election in November
- Applications for February Appointments and Re-appointments: new term March, 2014

**Announcements:**

**Adjournment:**

**Next Meeting,** November 16, 2013                      No meeting in December

**SLO COUNTY COMMISSION ON AGING**  
[www.slocounty.ca.gov/coa.htm](http://www.slocounty.ca.gov/coa.htm)  
**Veterans Memorial Hall**  
**801 Grand Avenue**  
**San Luis Obispo**  
**Minutes for October 18, 2013**

**Members Present:** Judy Mishoulam, Kathleen Bellefontaine, Marilyn Hamilton, Diane Maiorano, Carol Schmidt, Myra Lathrop, Julie Macedo, Kelley Sexton, Kevin Edmonds IHSS Supervisor for Northern SLO County (for Rosa Fernandez)  
**Absent:** Deborah Bayles, Cindy Deibert, Elias Nimeh, Anita Shower, Alice York, Jo Dennison, Marie Pounders, Maryanne Zarycka  
**Guests:** Maria O'Reilly; Stephanie Yuvchak and Anne Gilles, Atas Christian Community; Margaret Hennessy; Sierra Cadena, Katcho Achadjian's field representative; Sue Prior, Seronda Senior Services, Katcho Achadjian (and staff)

**Quorum not Established.** Meeting called to order at 10:05.

Flag Salute.

Roster circulated.

Minutes from last month accepted as written.

Approval of Agenda accepted as written.

**Forum Opened to Public/Guest Comments.** No public/guest comment made.

**Introductions:** Members & Guests

**Presentations:**

**Lee Collins, Director of Dept. of Social Services, spoke on the Expansion of Medi-Cal.**

Mr. Collins discussed the implementation of the Affordable Care Act on Oct. 1 in San Luis Obispo County. There have been 400 applications online or by phone. He explained the history of Medicaid (Medi-Cal in California) and how singles and childless couples from 18-64 were cut from the Medi-Cal program in 1983, and now are being added back. Insurance now covers preventive care and those between ages 18-26 can be covered with low cost insurance through parent's plans. Other individuals may be covered by the Medi-Cal Expansion if their income is up to 138% of poverty level and, if their income is between 138% and 400% of the poverty, they may be eligible for subsidized low-cost private insurance through California's Exchange.

SLO County was given 2.2 million dollars to hire workers for the ACA. There are offices in Paso, Atascadero, SLO, Nipomo and Arroyo Grande where DSS staff members can help determine eligibility and find plans. You can apply online, by phone at 800 300-1506, or in person. The number for DSS to get info on the ACA is 781-1600. DSS is functioning as a one-stop shop for low income residents. DSS workers will determine eligibility for Medi-Cal and will issue the card to an individual. Those with Medi-Cal or Medicare/Medi-Cal will have CenCal case management to help with access to medical services. CenCal has a contract with the State and gets a flat rate per person. CHC will continue as a major medical provider for low income residents.

Mr. Collins also spoke about the Estate Recovery Act that affects Medi-Cal beneficiaries. This policy refers to recovering amount paid out by Medi-Cal for benefits after the death of the beneficiary through claiming access to the proceeds of a significant asset in that beneficiary's name. He clarified that this does not apply to a home being used by the surviving spouse or a minor, or a dependent, disabled adult. However, for more information about this policy legal counseling is advised or contact with CANHR California Advocates for Nursing Home Reform.

**Buff Lawson, HICAP Registered Counselor, spoke on the Medicare Open Enrollment: 2014 choices and changes.**

HICAP is funded through the Calif. Dept. of Aging. It helps an individual to understand Medicare and they troubleshoot problems. There is a main office in Santa Maria with three Staff members who train volunteers. Medicare Open Enrollment is from Oct. 15 though December 7. Part D (prescription drug coverage) offers 31 plans for 2014. Monthly premiums average \$32.30 in the state. HICAP will do a Part D search to help you find the most affordable plan based on your specific prescription needs. Forms are available at the HICAP office 1-800-434-0222 or (805) 928-5663. November 26 is the deadline for submitting these forms. In SLO County there are three managed care systems –new to the area...Golden State HMO with no premium and available in North County, Physicians Choice with no premium, and AARP Medicare Complete HMO by United Health Care with a \$30 premium.

**Katcho Achadjian (and staff) stopped by to thank the Commissioners for their advocacy on behalf of SLO's Senior population.**

**NEW BUSINESS**

**The slate of officers** for 2014 was introduced. Election is in November.

The slate is: Chair – Kathleen Bellefontaine  
Vice Chair – Alice York  
Hospitality Chair – Anita Shower

**Nominees for the slate of reappointments** will be presented at January meeting, with voting in Feb. Terms are ending for Members-at-Large, Kathleen Bellefontaine and Jo Dennison; Alternate Members-at Large, Cynthia Deibert and Carol Schmidt; Senior Service Provider, Deborah Bayles. These positions are technically open to all members and open to the public. Applications were available for New Member applicants and for Current member applicants.

**Applications need to be sent to the Nominating Committee by January 6<sup>th</sup>, 2014.**

**ANNOUNCEMENTS**

- ASCP – SLO is 4<sup>th</sup> in state for pedestrian injuries over age 65.
- There are 200,000 new malware viruses daily.
- Crypto Software – locks you out of your computer if you open an attachment From USPS, Fedex, or Dun & Bradstreet

**ADJOURNMENT**

Diane M. made a motion, seconded by Judy to adjourn at 11:45 a.m.

Respectfully submitted by Marilyn Hamilton and reviewed by Chair