

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

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Final Revised AGENDA **Change of Venue**

Meeting Date: Friday, May 15, 2015 **Time:** 10:00 am - Noon
Place: **New Government Building**
1055 Monterey Street
San Luis Obispo, CA 93401
4th Floor: Community Conference Room

Please RSVP to Chair by email or 235-5779, if you are unable to attend this meeting.

10:00 am **Call for a Quorum** **Call to Order**

- Flag Salute
- Roll Lists
- Approval of April Minutes (May Minute Taker, Marie)
- Approval of Agenda
- Public Comment (2 minutes)

Introductions: Guests & Members; Agency introductions & updates; Guest Comment (2 min)

Presentation: **Senior Friendly Community Groups: Keeping Seniors Active and Engaged.** RAMS, Templeton Active Senior Club, Atascadero Fun Club, South County, Seniors, SLO Newcomers Club

Unfinished Business:

- ANNUAL REPORT
 - Ranking process --RESULTS
 - Suggestions for Annual Report Letter
 - Presentation at July BOS meeting

New Business: **Nominating Committee** announces new slate for Alternate Members at Large

Special Member Report: Marie Pounders. Updates on Housing Bills for advocacy consideration.

Member Reports/Updates

- Chair Outreach: June 11th Alzheimer's Fair "Empowering the Caregiver Resource Fair"
April 29 SLO County Coordinated Human Services Trans Plan—kickoff event
- Committees: Hearing, Speaker's Bureau
- Q&A re: Scams
- Other member reports (please arrange with Chair)

Concerns/Questions: Members and GUESTS

Other Announcements:

Next Meeting June 19, 2015

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo
Minutes May 15, 2015

Members Present: Maryanne Zarycka, Alice York, Anita Shower, Kathleen Bellefontaine, Myra Lathrop, Carol Schmidt, Marie Pounders, Esmeralda Garcia, Brittany Carraway, Karen Jones, Angela Viles, Leonard Milstein

Absent: Roger Randall, Peta Rimington, Marilyn Hamilton, Gari Cave, Tina Solomon (Senior Nutrition), Shirley Summers, Judy Mishoulam

Guests: Louise Justice, Clarett Vines, Tom Clough, Julie Cox (AAA Board Member), Nicole Angelini (Intern, Victim Witness), Bill Knowlton

10:00 AM Quorum Established.

Call to Order: by Chair Bellefontaine. Flag Salute. Circulation of roll lists.

Minutes from April, 2015 approved with corrections from Kelley Sexton regarding “green dot” flyers and from Karen Jones – care facilities overseen by Hillside villa owner is two, not three.

Agenda approved as written.

Public Comments: none

Introductions of all members and guests

Presentation: Templeton Active Senior Club, SLO Newcomer Club, Atascadero Fun Club, South County Seniors

Carol Schmidt, COA Member at Large, introduced the participants on today’s PANEL: Miki Martin (SLO Newcomers); Annabelle & Cleborn Bengé (Templeton Active Seniors); Joe & Emily Watje (Templeton Active Seniors); Ann Fletcher (Atas Fun Club); Michael Leon (South County Seniors)

SLO Newcomers Club: Newcomers Clubs have been around for many years and are ideal for new people moving into a community or for people who are now retiring and have more time to participate in outside activities. The club offers monthly luncheons at local area restaurants and many social activities in which one may participate. Men are also welcome and there are some couple’s activities. Joining Newcomers provides a wonderful opportunity to meet new friends!

Templeton Active Senior Club: This group is four years old and currently meets in the Templeton Recreation Center. They hold lunch meetings with speakers. Members range from 70-90 years of age. The club currently has 15 members. Membership is \$15 per year.

Atascadero Fun Club: This group began with a flea market fundraiser. They would like to have been associated with the Atascadero Senior Center but the Center did not want to hold social activities in their facility. The group is now housed at the Atascadero Community Center and are thriving. They hold many activities with membership open to all with no dues. They have a mailing list of 200. Ann described her dream to create a place where a variety of services (learning & fun activities) are offered in a supportive environment for senior gatherings. She expressed an interest in joining ranks with other centers to try to build this.

South County Seniors: This group currently meets at the Arroyo Grande Women’s Club building. The dues are \$8 per year. They hold monthly themed luncheons. Unfortunately, their enrollment has dropped from 160 to 88 over the past several years. Advertising their activities has been challenging.

All participants stressed the importance of providing seniors in our communities with activities because social isolation is so very common among seniors. Kathleen suggested that the Commission might be able to work with Ann Fletcher in gathering Center leaders for a brainstorming session about her “dream.”

Unfinished Business: Kathleen gave an update on the Annual Report progress. Nearly everyone returned their Ranking Sheets but not in time for the final Tally. That will be emailed to members with the June agenda. The Annual Report Letter composed by the Chair will be sent out before the June meeting for review and all suggestions will be considered. Members will vote on the final draft of the Letter at the June 19th meeting. The Report will be presented at a Board of Supervisor's meeting. Members who would like to join Kathleen in speaking and presenting at the meeting are most welcome. Members will be notified about the date when Chair knows when it will be on the BOS Consent Agenda.

New Business: Myra Lathrop, member of the Nominating Committee announced that Tom Clough has been selected as a candidate for an Alternate member at large position and his appointment will be voted on at the June meeting. Mr. Clough spoke about his extensive background in volunteerism, especially in early intervention for seniors who may be at risk for becoming homeless.

Special Member Report: Marie Pounders distributed a handout on the main Housing Bills being considered during this State legislative Session, which are all doing well and moving through their respective houses. SB 128, the CA. End of Life Options Act, sponsored by our very own Senator Monning, is also moving along well in the Senate.

Member Reports/Updates:

Chair Report: Kathleen announced two upcoming events: COA will be participating at the June 11th Alzheimer's Resource Fair and the Community Mental Health Discussion being held by Wilshire Community Services and Transitions Mental Health Assoc, May 21st.

As Chair, Kathleen attended a Coordinated Human Services Transportation Planning session, April 29th. Their ultimate goal is to find sustainable transportation solutions, when driving is no longer an option. This project will be collecting information from the community stakeholders from June thru October.

Meeting adjourned at 12:05.

Respectfully Submitted,

Marie Pounders, May Secretary. Reviewed by Chair Kathleen Bellefontaine