

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, August 19, 2016 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair by email or 235-5779, if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute Roll Lists
- Approval of July, 2016 Minutes
- Approval of Agenda
- Public Comment -2 minutes

Introductions: Guests & Members; Agency introductions & updates

Special Update: Self Help SLO and 9-Year Proposed Investments. **Speaker:** Pete Rodgers, Deputy Director SLOCOG

Presentation: “In Search of Needed Senior Transport: 511 & Medical.” **Speakers:** Sarah Trauger (Rideshare Program Coordinator--511); Mark Shaffer (Ride-On Transportation Director); Steve Mahr (CHC- Community Health Centers); Andrew Jackson (Amdal Transport Services).

New Business:

- Nominating Committee Reports. Tom Clough nomination for Member at Large ([see attachment](#))
- Priority Presentations—Please bring your suggestions for speakers

Concerns/Questions: Members and GUESTS

Chair Report: Handouts; Board of Supervisor meeting; Orientations

Committee Reports: OUTREACH, HEARING

Member Reports:

Other Announcements:

Next Meeting: September 16, 2016

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes August 19, 2016

Members Present: Anita Shower (left 10:05), Alice York, Judy Mishoulam, Marilyn Hamilton, Myra Lathrop, Kathleen Bellefontaine, Karen Jones (LTCOMB), Kiana Jackson (DSS), Julie Cox (AAA), Brittany Carraway (PSHH), Susan Eckes (DA Ofc), Peta Rimington, Tom Clough, Rick Cohen

Absent: Maryanne Zarycka, Shirley Summers, Roger Randall, Teri Elliott (Mental Health), Tina Solomon (Senior Nutrition)

Guests: Martina Tovar, Leann Booker and Samantha Parker (DSS), Edward Merson, Millie Welling, Sandra Santoianni (Morro Bay Active Adults), Andrew Jackson, Mark Shaffer, Sarah Trauger, Pete Rodgers, Steve Mahr and Patty Starr (CHC), Paul R. Smith (Extended Family), Fiona Phillips (PSHH), Chris McGuinness (New Times), Shelly Jackson (Sweet Home CA), Warren Woolsey.

Quorum Established:

Call to Order:

- 10:03 am Flag Salute. July Minutes approved. One modification to August agenda: To move "Concerns/Questions" to be before "New Business" motion moved by Judy Mishoulam, seconded by Tina Solomon. Unanimous approval.

Public Comment: None

Introductions: Guests & Members: Agency introductions & updates

- Shelly Jackson-Announced after serving San Luis Obispo for more than 10 years, Meredith Bates has retired and closed her care management practice effective July 15, 2016. Shelly, formerly Bates' case manager, has joined Astrid Meffert, owner of Sweet Home California, to create Senior Solutions Case Management.
- Alice York- Announced Children and Hearing Loss awareness event on September 24th 2016. Alice also announced The City of Morro Bay donated a \$5,000.00 grant for Senior Nutrition Clients living in San Luis Obispo County.

Special Update: Self Help County & 9year Proposed Investments.

Pete Rodgers-- Deputy Director of San Luis Obispo Council of Governments (SLOCOG) spoke about the status of the Self-Help Local transportation Investment Plan and Measure J.

Problems: Transportation money is tied to the outdated Gas Tax and based on declining consumption. SLOCOG's (highway) funds come from the State gas tax.

- The CONSUMPTION (number of gallons) multiplied by the TAX (cents per gallon) results in the total fuel tax collected.
- With more and more fuel efficient cars on the road, the total gallons consumed peaked in 2004/5 and has been decreasing ever since. The Federal gas tax is fixed at 18.4c per gallon.
- The State gas tax is now adjusted every July 1st.
- In 2012 it was 36c, growing to 39.5c in 2013, and then twice declining in 2014 and 2015 to 36c and 30c, and on 7/1/16 it dropped below 28c.
- The State identified a 10 year shortfall of \$60B for "safety and maintenance" needs, or \$6B/yr SHORTFALL
- Local cities and counties, statewide, identified nearly \$80 B over next 10 years in "safety & maintenance" needs, or \$8B/yr SHORTFALL

Self-Help is a term used to describe counties that have passed regional sales tax measures to support transportation funding. SLOCOG is investigating the option and support for becoming a Self Help county.

- 20 counties have already passed local transportation-specific measures (raising over \$4.5B/year).
- These measures require 2/3rd voter approval, an expenditure plan, and typically include voter safeguards (sunset date, oversight committee).
- Sales tax dollars are invested in accordance with the approved voter expenditure plan. They typically include: highways, road maintenance, transit, bike, pedestrian and environmental mitigation.
- Not only do Self-Help counties have a significant additional source of funding, but they also are at an advantage to win increasingly competitive State and Federal grant funds.

Presentation: “In Search of Needed Senior Transport”

Sarah Trauger-- Program Coordinator for Rideshare described **Rideshare** as: A division of SLOCOG that is for transportation demand management. This is done through: Rideshare week, October 3-7; Back and Forth Club; SLO 511 – helps individuals find transportation options that suit their needs; Bike Month in May; Safe Routes to School- Getting kids to walk or ride their bikes to school. *Focus for SLOCOG is Know How to Go! and 511 which are programs that improve communication and coordination among local agencies and increase Senior independence in finding alternate transportation when driving is no longer an option.*

Call 511 for help to “Know How to Go”

- Live help Monday – Friday 8-5 PM
- Website available 24/7
- Rideshare options

Know How to Go Guide includes contact numbers for, and information about:

Transit Providers:

- RTA- Regional Transit Authority
- Paso Express
- Morro Bay Transit
- San Luis Obispo Transit
- South County Transit

Other Options:

- Carol Woodard, Mobility Specialist and Bus Operator Instructor for ADA Certification or travel training (805) 781-1170
- Cambria Community Bus, free rides
- Dial-A-Ride, \$2.50 to \$5.00 each way
- Wilshire Good Neighbor Program, transport by appointment, depending on volunteer availability

Mark Shaffer—Director for Ride-On

Transportation Services:

- 750 rides a day
- Offer door to door service
- As of July, they now offer services Monday through Friday 9:00am to 5:00pm
- Provides CenCal services with no cost to rider
- Will take people to appointments as far as Los Angeles
- Have two service shuttles, one that is through Five Cities and one Senior Shuttle
- Received a Federal grant for mobility services
 - Currently working on a system to be able to see costs for all different services
 - Also able to create a profile of yourself so system may take into effect age etc. for possibly discounts on prices for services
- Now sharing transportation responsibilities with other companies for quicker response times

Steve Mahr and Patty Star, Community Health Centers

Free Shuttle Services:

- Has to be a registered CHC patient in order to qualify for transportation services
- Not associated with any outside agencies
- Offer free RTA passes to people if its more fit for them
- Focused on rural communities having access just like everyone else to CHC
- Toll Free number to call: Prefer at least a 48-hour notice before appointment
- Door to Door service from patient residence to CHC clinic sties

What is CHC? Started in 1978. Started in Nipomo, CA. Now have 28 state licensed health centers from Lompoc, CA to San Miguel, CA. Mandate: provide primary healthcare to all people whether they can pay or not. Have over 110,000 unique patients using our service. On average there are 4 visits per patient, with over 450,000 patient visits in FY2015-2016.

Andrew Jackson, Amdal Transport Services

Amdal transport services for individuals with limited mobility needs was founded in 2015. In 2016 Amdal became a non-emergency medical transport provider with a State-wide application. Their service offers a cost effective way for non-emergency transportation & transfer. Driver provides services of taking client into home and even putting into bed etc.

Concerns/Questions:

- For CHC: Do you go to care facilities?
 - Response: Prefer clients who don't need a wheelchair etc.
- For a client who lives in Atascadero and needs dental work that only CHC in Nipomo, CA offer, can CHC or Ride-On accommodate her?
 - Yes, CHC and Ride-on can both accommodate her
- I need to see the dentist in Santa Maria, CA, can transportation services be provided?
 - Ride-On will try their very best to accommodate her as soon as possible just call them and they will do what they can.
 - CHC offered to have her visit the Nipomo location or Templeton location.

New Business:

- Marilyn Hamilton: Nominating Committee Chair
 - Received an application from Tom Clough to be a member at large. Will vote on it in September.
 - Proposed a proposal to split the duties of chair. (Passed out sheet showing duties)
 - Announced Chair and Vice Chair positions will be open.
 - Applications are available as of now and are due by October 12th.
 - Voting will be in November
- Priority Presentations: In need of speakers and presentation ideas for 2017. Email ideas to Chair.

Chair Report:

- Distributed paper copy of 2016-17 Annual Report for member binders. Described presenting the report at the July 26th Board of Supervisor meeting along with Vice Chair, Marilyn Hamilton. Mr. Gibson commented that he was amazed at all the information and community outreach that COA has provided in the past year.
- Had orientations with new members, Julie Cox, Teri Elliott, and Department of Social Services reps, Pauline McGrath and Misty Simms
- Computer classes from KCBX being offered, flyer was circulated.

Committee Reports:

- **Outreach Committee**
 - Tom Clough described visit with Kathleen to Senior Nutrition Site Managers' meeting, August 16. They presented the new Commission on Aging power point: **San Luis Obispo's Vulnerable Seniors** which brings awareness about critical senior issues of financial insecurity. Senior nutrition meeting had an excellent turn out with lots of interest. Tom asked for feedback about the PPT.
 - General agreement on issues
 - Suggestion to provide stories to demonstrate how real the issues truly are. Perhaps through writings from the managers' knowledge of their client's experiences.
 - Julie Cox suggested maybe doing a possible presentation to city representations for their input and making them aware of issues.
 - Rick Cohen announced that the Aug 11-24th issue of Tolosa Press provided a column titled, "There's No Place Like Home" that was a write up by our last month's presenters.
 - He will be asking today's presenters for their contributions about Senior transportation options for a future article in the Commission's "Aging and Still Engaging" column.
 - The column is a 500-word count
- **Hearing Committee**
 - Alice York: September 24th at the Palms in the Villages **HLAA** presenting, "Children with Hearing Loss." Grandparents and Great Grandparents invited!!

Member Reports:

- Susan Eckes: Before voting in November, read ballot regarding public safety very carefully
- Karen Jones: There are two bills to be looking out for.
 - SB879 which is to create a 3 billion bond for affordable housing.
 - SB1584 which is annual cost of living increase for SSP/SSI
 - They are both up to floor voting early next week, so call now

Meeting adjourned at 11:50am

Next Meeting: September 16th, 2016 at 10:00am

Minutes respectfully submitted by DSS Admin Assts: Martina Tovar & Leann Booker. Reviewed by Chair.