

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

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AGENDA

Meeting Date: Friday, May 16, 2014 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair by email or 235-5779, if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll Lists
- Approval of April Minutes (May Minute Taker, Maryanne)
- Approval of Agenda
- Guest and Public Comment (2 minutes)

Introductions: Guests & Members; Agency introductions & updates

Presentation: Mover & Shakers AKA Senior Center Leaders: Loretta Scofield-Cayucos; Judy Mishoulam-Nipomo; Diane Maiorano-Oceano; Marie Brinkmeyer - Paso Robles; Joan Drake - SLO

Unfinished Business:

- Priority Ranking Results
- Rioux: Letter of support for HSOC proposal, presented at the March, 2014 COA meeting. (members have copy—if not, notify Chair to send) **ACTION ITEM**

Chair Report:

- Housing Element meeting with Dana Lilley, County Planning & Development
- COA stationery correction
- June Picture

Other Announcements:

Adjournment:

Next Meeting, June 20, 2014 Minute Taker, Rosa

SLO COUNTY COMMISSION ON AGING
Veterans Memorial Hall
801 Grand Avenue, San Luis Obispo
Minutes May 16, 2014

Members Present: Maryanne Zarycka, Anita Shower, Alice York, Judy Mishoulam, Marie Pounders, Kathleen Bellefontaine, Marilyn Hamilton, Carol Schmidt, Myra Lathrop, Leonard Milstein, Gari Cave, Kelley Sexton, Julie Macedo, Rosa Fernandez, Brittany Carraway

Absent: Roger Randall, Elias Nimeh

Guests: Sierra Cadena (Achadjian Office), Peta Rington, Joan Drake & Mary Vandenberg (SLO Senior Center), Diane Maiorano (Central Coast Senior Center), Loretta Scholfield (Cayucos Senior Center), Marie Brinkmeyer (Paso Senior Center), Buff Lawson (HICAP), Julie Carlin, Anne Wyatt (Home Share), Tiffany Porter, Glenn Ballinger

10:00 AM Quorum Established

Call to Order: by Chair Bellefontaine. Flag Salute. Circulation of roll lists

- April Minutes - **Approved**
- Agenda - **Approved**
- Guest and Public Comment – **No Comments**

Introductions: Guests & Members; Agency introductions & updates

Presentation: Mover & Shakers AKA Senior Center Leaders: Loretta Scofield-Cayucos; Judy Mishoulam-Nipomo; Diane Maiorano-Oceano; Marie Brinkmeyer - Paso Robles; Joan Drake – SLO

Nipomo Senior Center: Established in 1973. They are a 5013c, with approximately 100 members. Their building is provided by the City. They earn the majority of their funding through rentals (renting their facility). They have an agreement with Starbucks to receive day-old pastries and provide free coffee and pastries to their seniors. They provide many activities for their seniors; however, they are experiencing a slowdown in involvement and enthusiasm. The membership fee is \$15 per year. All their staffing is provided strictly by volunteers.

SLO Senior Center: This Center works in collaboration with the City who furnishes and maintains the building. The Center is responsible for the assets inside the building. They have a challenge getting membership from the new/younger (baby boomer) population. There are 10 staffing positions filled by volunteers. The Center, the Parks and Rec, and the City all work together to support the programs within the Center. Close to 300 members.

Oceano Senior Center: Established in 1989. They are a 5013c with approximately 200 members. The Center was developed from the Older Americans Act and built on county land with a 25 year lease that is almost expired. They have a paid part time manager, and the balance of the staffing is volunteers. They have lots of activities, and their funding primarily comes from fundraisers and donations (they have 2 major fundraisers a year). Membership fee is \$20 per year, and members can rent the facility for \$1. They currently do not rent out the facility, and are looking at this option for additional funding.

Paso Robles Senior Center: They are a 5013c with approximately 850 members. Senior Volunteer Services (SVS) has a contract with the City of Paso Robles for 2 years of staff funding for the Coordinator's position. All other staffing is done by volunteers. The Center works in collaboration with the City who furnishes and maintains the building. The Center is responsible for the assets inside the building. The facility is rented out for some additional funding, and members have priority when renting the building. The Center provides free coffee and snacks and lots of activities. Their funding sources are donations and holiday fundraisers. They also have an extensive newsletter where businesses pay for advertising. Senior Nutrition Program is housed in the Center and provides low cost meals for members and visitors. Membership is \$12 per year.

Cayucos Senior Center: This Center owns their own building and is fully self-contained; they pay for all their own expenses. They have 300 members, and 2 vans for member transportation. They own a very profitable Thrift Shop and the revenue pays for all the center's expenses (average \$1000/mo.). They have 2

paid positions working 6 days a week 10am-4pm (primarily in the Thrift Store). They accept donations for the Thrift store, and take unwanted items to charity locations. Members also contribute hand made articles to the Thrift Store which are very popular among tourists and locals. They have many activities and potlucks. Membership fee is \$10 per year, or \$100 per lifetime.

Main differences between the Centers are 5013c, public, or private status; liability and insurance practices and responsibilities; transportation issues and availability; and liability waivers for members and facility usage.

Unfinished Business:

- Top 5 Priority Ranking Results were read by the Chair. Actual documentation will be emailed to members. Results as follows:

THEMES	Topics to Focus on
1. Housing	Continue investigating current affordable Senior housing
2. Housing	Accessibility Features needed in current & future housing
3. Mental & Physical Health	Caregiver needs—Respite & Adult Care available in the County
4. Affordability	Care Management—Can it be more affordable?
5. Mental & Physical Health	Future of Senior Centers to counteract isolation

- Rioux HSOC proposal, presented at the March, 2014 COA meeting.
ACTION ITEM: Approval for letter of support to present at B.O.S. June 17, 2014 meeting. Motion made and seconded, 8 members YES, 0 members NO, 7 Abstentions
Vote failed per the Chair.

Chair Report:

- Chair attended Housing Element meeting with Dana Lilley, County Planning & Development. Chair provided copies of suggested modifications made by the Chair to the documentation for Goals, Objectives, Policies, and Programs. Final decision for modifications will be made by Lilley.
- COA stationery permission for use: Chair explained permission to use COA stationery (with the city emblem and member’s names), must be approved by the Commission. Please contact the Chair if you want to use the stationery so it can be approved at the next COA meeting.

Other Announcements:

- Marie Pounders provided an update for AB391. Claimed the bill is “probably dead in the water.”
AB 692, the MROP Bill, which would have enabled better use of a kitty of 20 million dollars to help mobilehome residents rehabilitate their older homes and/or purchase their mh parks, never got out of committee.
- COA has the opportunity to share a table at the Alzheimer’s event, June 12th at SLO Senior Center. Please contact Chair if interested in attending.

Meeting Adjourned: 12:00 pm

Next Meeting: June 20, 2014 Minute Taker, Rosa

Minutes Submitted by: Maryanne Zarycka, Member and reviewed by the Chair