

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

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AGENDA

Meeting Date: Friday, July 18, 2014 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair by email or 235-5779, if you are unable to attend this meeting.

Please Bring Binders

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll Lists
- Approval of June Minutes (July Minute Taker, Brittany)
- Approval of Agenda
- Public Comment (2 minutes)

Introductions: Guests & Members; [Agency introductions & updates](#)

Discussion: Commissioner's view on their Advisory Role

(See attachment for details)

Member Special Report:

- **District Atty Ofc: Latest Scams. Question & Answer Time**

Unfinished Business:

- Annual Report: Presentation at Board meeting
- **ACTION ITEM:** Vote to appoint Peta Rimmington to Alternate Member at Large for Marilyn Hamilton. (see application)

Chair Report:

- Binder Handouts
- Rack Cards

Member Comments:

Other Announcements:

Adjournment:

Next Meeting, August 15, 2014

SLO COUNTY COMMISSION ON AGING
Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo
Minutes, July 18, 2014

Members Present: Maryanne Zarycka, Marie Pounders, Kathleen Bellefontaine, Marilyn Hamilton, Carol Schmidt, Myra Lathrop, Leonard Milstein, Roger Randall, Angela Viles, Gari Cave, Kiana Jackson, Brittany Carraway

Absent: Elias Nimeh, Alice York, Julie Macedo, Judy Mishoulam, Anita Shower

Quorum established.

Call to Order: by Chair Bellefontaine at 10:00 a.m. Flag Salute. Circulation of roll lists.

Minutes from last month accepted. **Agenda** approved as written.

Public Comments: A question arose about Wilshire Community Services phone directory. Carol will bring it to the attention of management.

Introductions of all members. Gari Cave announced the dates of Farmers' Markets Coupon Booklet distribution. The CA Senior Legislature is moving their bills through the process. The ones which have been successful so far are related to assisted living facilities. One bill on annual inspections is doing well. A second bill requiring 1 million dollars and 1 million dollars in aggregate and a third requiring tighter investigation timelines of complaints are also moving ahead.

**COA Today's Topics of Discussion:
Thoughts About Our Advisory Role**

Chair gave a brief history of why the Executive Committee agreed that a discussion on COA's "Advisory Role" was needed. This role is derived from the COA bylaws (Section I.3.a and b). In advance of this meeting, the Chair & Vice Chair visited Lee Collins (DSS Director) for advice. He believes that COA's role should be **as advocates for seniors in the community** and the role of the Dept of Social Services representatives for COA (Kiana Jackson and Lynne Frank) should be to cast their vote based on their own opinions.

Keeping in mind that we are a County advisory group, Chair Bellefontaine questioned members about the kind of issues they view as appropriate for our consideration. Should we stay limited to current priorities? Kathleen distributed 2 items: 1) the 2013-14 Annual Report to view the Priorities that COA targeted for next fiscal year and 2) our 2013 Rack Card that shows our ongoing **Areas of Concern** (affordable senior housing; senior safety from abuse; affordable services that keep people in their homes; affordable health care; financial security; senior isolation & depression). Discussion ensued and agreement that any issues that relate to ongoing Areas of Concern would be appropriate.

Knowing when to bring a COA position to the Board of Supervisors meeting in a timely fashion is part of the problem. Members agreed with Marie's suggestion to check with the County lobbyist about giving COA a heads up when the County decides to weigh in on a Senior related bill so we could discuss it ahead of time. Marie will report back at the next meeting.

Marilyn suggests that future speakers be informed about their opportunity to advise COA re: a potential advocacy issue.

Gari, in her role as CSL rep, will keep us posted on State bills which directly affect seniors in our community. Leonard mentioned that sometimes these bills get amended and end up including components which were not originally in the bill, which could cause us to rethink supporting a bill.

How to Expand our Outreach?

Myra said she would like to see more seniors come to meetings. Kathleen is already sending notices to all senior centers and libraries, monthly. One idea would be to invite residents of independent living facilities (Residential Care Facilities) where they have a van to transport residents to our meetings. We could extend an invitation to one facility at a time to start with and see how that

goes. Kathleen suggested we start with the larger RCF's. Carol offered to send Kathleen a list. Peta suggested we also send our notices to the low income senior housing facilities.

Member-- Special Report:

Angela Viles: D.A's Office Latest Scams (Handout)

1. "Spoofing" When you receive an email message which looks exactly like it is from your bank or utility company with the logo and everything. The email tells you there is a problem so you need to send them your personal information in order to fix it. These are SCAMS!!! Your bank will NEVER ask for your personal info in an email!! This scam can also be done over the telephone.
2. IRS Telephone Scam – sounds like a legitimate request from IRS. If you question their request, caller becomes irate and threatens you will be fined immediately. HANG UP and REPORT THIS.
3. Tech Support Scam – can be over the phone or over the computer via email.....say they are from Mirosoft, etc and there is something major wrong with your computer. Want you to give them access to your computer to fix it!!! NEVER DO THIS!!
4. Hazards of Hoteling – You have checked into your room. You get a call from someone who says they are the Front Desk. They ask you to confirm your credit card number. Always go down to the Front Desk and check it out!
5. PIZZA DEAL - A free pizza coupon is slipped under your door after you check in. You call the number provided, order your pizza and give your credit card number. The pizza never comes and they have your cc number to use!!!
6. Fake FREE WIFI – Same thing as above.....get a coupon or note under the door after you check in. When you call, you must give your cc number for security purposes.

Myra asked Angela about background checks for Caregivers. This can be retrieved at County Gov't Center, but only provides local information. If you are using an agency, ask what kind of background check they do on their caregivers.

Maryanne Zarycka: Maryanne announced that the Paso Robles Senior Center Information Fair would be on a Tuesday in October, from 1 – 4 PM. Robyn the Director approved the idea. Submit topics of interest.

Unfinished Business:

Annual Report: Kathleen advised that the Annual report which has gone to the BOS, will be on the Consent Agenda July 22, 2014. Chair will attend. Members are also welcome.

Action Item: Nominating Committee – Marilyn Hamilton

Last month, we heard Peta Rimington introduce herself. Her application was emailed to members in advance of this meeting. Today, we voted on her appointment as an Alternate Member at Large for Marilyn Hamilton. Roll Call Vote: 9 Yes, 1 abstention. Peta is new Alternate Member at Large. She will be our advocate for affordable accessible housing options.

Chair Report:

Kathleen circulated clipboards with items showing: Lee Collins letter, new photo of COA, miscellaneous letters, PATH flyer from Social Services, and Events Kathleen attended.

Members Comments:

Leonard asked Gari how many lobbyists the opponents have. Gari reviewed the role of the Senior Legislature and how the process works. Once authors for the bills are found, the legislators' lobbyists become involved. Gari is always looking for ideas for new bills.

Kathleen asked Roger Randall to assist with some parliamentary procedures and he agreed.

Angela asked for names of people with knowledge of senior addiction. Dale White suggested.

Gari moved to adjourn; Myra seconded. Meeting adjourned at 12:00

**Minutes submitted by Marie Pounders and reviewed by the Chair.
Approved with modification 8-15-2014**