



COUNTY OF SAN LUIS OBISPO COMMISSION ON AGING

PO Box 8119 San Luis Obispo, CA 93403-8119
June 15, 2012

*Kathleen Bellefontaine, Chair
Member at Large*

*Marilyn Hamilton, Vice-Chair
District 5 Representative*

*Maryanne Zarycka
District 1 Representative*

*Alice York, Co-Vice Chair
District 2 Representative*

*Anita Shower
District 3 Representative*

*Judy Mishoulam
District 4 Representative*

*Dorothy Schlitz
AAA Advisory Council*

*Mike Suddarth
Area Agency on Aging,
Board of Directors*

*Elias Nimeh
Senior Nutrition Program*

Senior Service Provider

*Marie Pounders
Member at Large*

*Diane Maiorano
Member at Large*

*Judy Salamacha
Member at Large*

*Jo Dennison
Member at Large*

*Margaret Ensminger
Alternate Member at Large*

*Carol Schmidt
Alternate Member at Large*

Alternate Member at Large

Alternate Member at Large

Alternate Member at Large

SLO County District Attorney

SLO County Mental Health

SLO County Social Services

To: San Luis Obispo County Board of Supervisors

From: Kathleen Bellefontaine, Chairperson
SLO County Commission on Aging

**Projected Goals and Priority Senior Issues for
2012-2013**
Agreed upon by the membership of the SLO County Commission on Aging

Goals:

- 1) Continue to collect information from Seniors about their concerns and their solutions**
- 2) Continue to provide relevant and timely information to the Board of Supervisors**

Attachment B details Action Plan for each goal.

Priority Senior Issues:

- 1) Senior isolation and depression**
- 2) Affordable Senior housing options**
- 3) Senior health care options**
- 4) Transportation options**
- 5) Senior mental & physical fitness**
- 6) Senior resources to make up for budget cuts**

Attachment C is the record of member's votes for these issues.

cc: DSS

2012- 2013 PROJECTED GOALS AND PLAN OF ACTION ¹

COA GOALS	PLAN/ACTION
1) Continue to collect Information from Seniors about their concerns and solutions	PLAN: Collect information about Senior concerns through direct contact ACTION: <ul style="list-style-type: none"> ◆ Speaker Bureau venues where Members can speak about the COA. ◆ Health Fair participation ◆ COA Supervisor Reps & members coordinate efforts to become more acquainted with Senior Center directors and their needs. ◆ Partnership with local hospital community outreach programs
	PLAN: Seek information already gathered by others ACTION: <ul style="list-style-type: none"> ◆ Review and incorporate Survey results collected by other agencies in the Community.
	PLAN: Increase COA visibility. ACTION: <ul style="list-style-type: none"> ◆ Publicize COA as platform for Senior input through media i.e. Radio, TV, Newsletters, Board of Supervisor meetings, Tribune, Tolosa Press and other regional printed media. ◆ Add Website address to COA communications
2) Continue to provide relevant and timely information to BOS	PLAN: Define best practices for communication with BOS ACTION: <ul style="list-style-type: none"> ◆ District Representatives will continue to find unique ways to give input to BOS. Use on special occasions to draw attention to priority issues and/or solutions that COA discovers through Outreach. ◆ District Reps communicate with their Supervisor prior to advocating at a Board Meeting.

¹ COA Goals 2012-2013 Approved by unanimous vote 5/18/2012



2012-13 Ranking Sheet

EXAMPLE of voting by ranking. Member assigns points to each issue according to how important it is to them. "5 pts" being high.	5 pts very much	4pts a lot	3 pts need to keep informed	2 pts want updates	1pt no strong opinion	Totals @ May 18 th 2012	Rank
Affordable Senior Housing Options	20	20	12			57	2
Senior Health Care Options	10	16	15	4		49	3
Mental & Physical Health Fitness	10	16	12	6		47	5
Senior Resources: Making up for Social Service losses to Seniors	25	4	6	6	2	47	* 6
Increased Community Activities for Seniors	10	8	18	4	1	44	
Senior Debt		4	18	6	3	36	
Senior Isolation and Depression: Hoarding, Hearing Loss	35	12	6	2		59	1
Transportation Options	5	20	15	4		49	4
Impact of Budget Cuts on Social Services	15	12	6	8	1	47	* 6

TOTAL Current members: 15 & 2 Alternates

VOTING members: 12 + 2 Alternates

* Members agreed to combine these two issues