



*EOC Health Services*  
HEALTH AND EDUCATION FOR ALL AGES

WORKSHOPS . DISCUSSION . Q&A

Committed to foster personal health & empowerment through access, advocacy, & education

## WANT TO HOLD A WORKSHOP??

### TOPICS:

#### SAFER SEX

birth control . protection . getting tested . communication

#### STIs: Sexually Transmitted Infections

transmission . signs & symptoms . treatment . prevention

#### HIV/AIDS: WORLD PANDEMIC

what is it? . myths . culture . transmission . prevention

#### WOMEN'S HEALTH

the pelvic exam . self breast exams . your cycle

#### HUMAN SEXUALITY

culture . morals . emotions . psyche . respect

#### BUILDING HEALTHY RELATIONSHIPS

love . chemistry . communication . respect

#### REPRODUCTIVE ANATOMY

### TO SET UP A WORKSHOP CONTACT:

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