

County of San Luis Obispo
 DRUG AND ALCOHOL ADVISORY BOARD
 May 15, 2008; 12:00 p.m. to 1:30 p.m.

Board Members Present: Charlie Archibald, Ken Conway, Priscilla Mikesell, Dennis Palm, Jason Reed, Dannie Rodgers-Toppe, Harry Sharp

Board Members Excused: Carol Allen, Gayne Crossland, Lanny Erickson, John Lovern,

Board Members Absent: Aurora William,

DAS Staff Present: Star Graber, Karen Baylor, Kerry Bailey, Wayne Hansen

Guests: JoAnn Berge, Mike Camp, Dr. Julian Crocker, John Elfers, Susan Warren

Agenda Item	Discussion	Action
Welcome & Introductions	Dennis Palm, Vice-Chairperson Dennis Palm called the meeting to order at 12:05 p.m.	
Public Comment	None.	
Review of Minutes	The April 17, 2008 minutes were approved as written with reading into the record waived.	1 – Harry Sharp 2 – Priscilla Mikesell Unanimous approval
Nominations Committee	Harry Sharp reported that Carol Allen, Chairperson volunteered to serve as Chairperson of the DAAB for another term. A vote to appoint Chairperson and Vice-Chairperson of the DAAB will take place at the June 19, 2008 meeting.	Vote for Chair and Vice-Chair positions will take place at June 19, 2008 meeting.
NNA and County Budget	<p>Kerry Bailey indicated that the Governor had issued the revised budget yesterday, resulting in no significant changes for Drug and Alcohol Services (DAS). The Governor has proposed a 10% cut to a variety of programs which will impact DAS programs as follows:</p> <ul style="list-style-type: none"> - \$24,000 reduction in General Perinatal funds. Contingency plans are in place for the proposed cuts to the General Perinatal funds so the impact will be minimized. - \$106,000 reduction in Drug Courts funding. It is likely that the legislature will not agree with/approve of the cuts to Drug Court funding which could be an ongoing battle. If the Drug Court cuts do go through, DAS will probably need to eliminate some staffing positions. - \$74,000 in Life Steps Pasos de Vida, a women’s and children’s residential treatment center in South County, which will result in a 2 bed reduction impacting 2 women and 4 children. 	
Administrator’s		

Report	<p>Star Graber indicated that DAS is still holding open some vacancies and the associated cuts are still pending. At this point, DAS will not be issuing any layoff letters. Staffing reassignments will occur according to program funding.</p> <p>Mock Rock at Cal Poly on May 8th was a successful event and DVDs are available. The SLO High 24-hour relay is Memorial Day weekend and the Every Fifteen Minutes program will take place in Arroyo Grande (May 21 and 22) and Paso Robles (May 28 and 29).</p>	
School-based Drug and Alcohol Programs	<p><u>Sober School:</u> John Elfers of the County Office of Education, made a presentation about the SLO County Sober School which opened in August 2007, as follows:</p> <ul style="list-style-type: none"> - One Community School classroom in the County is established as a Sober School classroom, students who are identified and committed to remaining clean and sober are brought into that location, and the treatment services are delivered throughout the school day. This year the Sober School is located at the SLO Community School site and next year it is proposed to be at the Loma Vista site across from Cuesta. Transportation for students has been a challenge. - Approximately 10 students are enrolled (12 students is the maximum) and a total of 20 students have gone through the program this year. - There is no required time period to remain in the program but ideally each student would stay a minimum of a semester. Students can remain if it appears they would not be successful in a regular Community School or in a District school. - In order to qualify for the program, students must qualify for Community Schools, (students who are expelled from the district or highly truant and thus not eligible for Continuation School), and be supervised by Probation. So far, this requirement has not posed a problem for interested students, however, if the program expands, the Community School eligibility requirements may have to be re-examined. - The typical student has a significant history with substance use, has had fairly significant consequences because of his/her use, and is very much committed to remaining clean and sober. Students must have a combination of both external and internal motivators to be in the Sober School and to remain clean and sober. If only external motivators exist, then it is not sufficient to be a part of the program. - Program staff includes: oversight by John Elfers (several hours every morning), a full-time teacher, and a full-time therapist. - A typical program day starts off with an hour of group therapy (feelings/anger management, drug education, gender groups, art therapy, 12-step/guest speakers) and regular Community School classroom education. Recovery is incorporated into other educational activities and there is also an outdoor component (ropes course, camping, skiing, etc.). - The treatment model is that of a therapeutic community (community of non-using peers 	

who are there to support one another) and also incorporates 12-step elements.

- There is also an ongoing debate as to whether the program is a harm-reduction model or an abstinence model. If you asked students, they would say the program is absolutely an abstinence model. Each student is on a contract that establishes goals and trajectory. Some are maintenance contracts and some are time-limited (date by which must deliver a clean test).
- The program is funded out of Title I funds and ADA.
- Program outcomes are measured by attendance, academics, and days clean and sober.
- For more information about Sober Community School, go to <http://slosoberschool.slocoe.org> or contact John Elfers (805-782-7209 or jelfers@slocoe.org) or Rob Steffke (805-543-7732 ext. 409 or rsteffke@slocoe.org).

Overview of Programs in SLO County: Dr. Julian Crocker provided an overview of drug and alcohol-related programs available in San Luis Obispo County, highlights include:

- The Healthy Kids Survey which was last administered in October 2007 and results should be available in September 2008 is the basis for how drug and alcohol education and prevention programs are funded.
- There is educational curriculum in place at all school levels and it is incorporated into the science and health/physical education courses as follows: “Too Good for Drugs & Violence” for grades 9 – 10, “Project Alert” for grade 7 and a social behavior program about bullying for the elementary level.
- Prevention-related activities include: FNL, Red Ribbon, Suicide Prevention, 24-hour Relay, and health fairs.
- Staff Development and Training is ongoing. Recent events include a parenting workshop in March 2008 – “Beyond My Space”.
- Dr. Crocker indicated that Channel 19 – the County Office of Education’s television channel, is an untapped resource for parent education, especially for Spanish-speaking parents.
- Dr. Crocker is also on the Board of Children’s Services Network (CSN) and works with other agencies/departments on issues impacting children including substance abuse which is one of utmost importance.
- Community Schools: Community Schools, run by the County Office of Education (at Loma Vista, Atascadero, SLO and Mesa View), differ from Continuation Schools (run by school districts) in that the students are either on probation, have dropped out of school, are highly truant or have been expelled from their school district. Students are referred to Community Schools from the Districts and are still students of the district. There have been an increased number of students graduating from Community Schools.
- Safe and Drug Free Schools funding is used to support 4 Friday Night Live (FNL)

	chapters in underserved areas of Shandon, San Miguel, Cayucos and Pleasant Valley.	
Action Items:	<u>Position Statement: Co-Occurring Disorders</u> : A final version of the Co-Occurring Disorders position statement had been distributed to DAAB members prior to the meeting via e-mail. There was a motion to adopt the position statement for public release.	1 – Harry Sharp 2 – Priscilla Mikesell Unanimous approval.
Discussion Items:	<u>Election of Preventive Health Grant Representative for 2009</u> : This agenda item was tabled until Fall 2008. It was noted that someone would need to step up to fill this critical position. <u>Bylaws Proposed Revisions</u> : Star Graber reported that she had spoken to County Counsel regarding what poses a conflict in terms of serving on the DAAB and found out that the California Code of Regulations indicates that for counties exceeding population of 125,000 (SLO County fits this criteria), DAAB members may not serve on any other health-related boards. Karen Baylor indicated that she would discuss this matter with County Counsel for a 2 nd opinion and clarification on how the regulation could/should be interpreted.	Fall 2008 – Elect a Preventive Health Grant Representative for 2009 Possibly revise DAAB member application to request information about other Boards served on.
Announcements	Mental Health Advisory Board Meeting Report – Tabled until next meeting. Juvenile Justice Commission – Dr. Caldwell at Cal Poly is being brought in by the Probation Department to look at their youth programs in terms of best practices and effectiveness. Dr. Caldwell is proposing that the Probation Department implement the MAYSI – a screening instrument for teens that identifies mental health and drug/alcohol issues. Presently, the Probation Department is looking into implementing the MAYSI among their population which would result in increased referrals to DAS from Probation. The MAYSI can be used in the general population but at this time, it is only being proposed for the criminal justice system. In Santa Clara County they conducted a pilot to use the MAYSI among general teen populations, including high school. Depending on how the pilot goes, SLO County may want to use the tool in a broader fashion. The Vulnerable Families Committee had proposed using another screening tool which Star Graber indicated she would recommend putting on hold pending the outcome of the MAYSI. Using one tool will be more suitable for evaluation and comparability. Adult Services Policy Council – It was announced that the DAAB needs to appoint a replacement on this council since John Gannon’s resignation from the DAAB. The meeting time is 9 AM on the 1 st Friday of each month.	Look into having someone from Probation on the DAAB.
Next Meeting Agenda Items	Proposed Responsible Beverage Sales and Services and Social Host ordinances and Budget Presentation.	

The meeting adjourned at 1:30 p.m. The next meeting is scheduled for June 19, 2008, at 12:00 in the Annex at the Health Campus, 2180 Johnson

Avenue, SAN LUIS OBISPO.