

County of San Luis Obispo
DRUG AND ALCOHOL ADVISORY BOARD
February 19, 2009
12:00PM to 1:30PM

Board Members Present: Charlie Archibald, Ken Conway, Lanny Erickson, John Lovern, Jason Reed, LeAnn Smith, Aurora William

Board Members Excused: Carol Allen, Dennis Palm, Priscilla Mikesell

Board Members Absent: Danny Rodgers-Tope, Harry Sharp

Staff Members Present: Star Graber, Kerry Bailey, Wayne Hansen, Karen Baylor, Frank Warren, Syd Ewens

Guest Present: Susan Warren, Becky Jorgeson, Dan DeVaul

| Agenda | Discussion | Action | Who/When |
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| WELCOME & INTRODUCTIONS | Vice Chair Jason Reed called the meeting to order at 12:06PM. Guests Susan Warren, Becky Jorgeson and Dan DeVaul were introduced. In addition, staff members Syd Ewens, Kerry Bailey and Wayne Hansen were present. | | |
| REVIEW OF MINUTES | The January 15, 2009 meeting minutes were approved as written. | Motion made 2nd | Lanny Erickson LeeAnn Smith |
| DAAB MEMBERSHIP/ RECRUITMENT | Star reports that applicant, Stan Heddleson, has withdrawn his application due to new employment. Jason Reed suggested a press release be sent out to attract new recruits. Star to follow up. It was also noted that we have a standing open position on the board for a youth representative. Some suggestions were given including an ad in the "Cuestionian". Jason asked that the youth representative recruitment be tabled until next month. | Youth representative recruitment tabled until next month | |
| STATE NET NEGOTIATED AMOUNT (NNA) AND COUNTY BUDGET | A handout was given showing the budget that was submitted to the administrative office about 2 weeks ago. Budget is based on current level of resources that we operate with. We will be losing 2 ½ positions due to loss of grant funding. We are losing about \$200,000 worth of revenue, mostly due to the loss of prevention grants. We are asking the Board of Supervisors to provide us with about \$158,000 more general fund support than we received in the last year. Kerry feels we have the ability to fund the cuts either thru the elimination of vacant positions, or through moving some employees into the Mental Health Services Act (MHSA) Prevention Early Intervention (PEI) money. Staffing for this year is roughly the same as it was 8 or 9 years ago. It was noted that the parole program contract is ending, so was not budgeted for, but there is a possibility that the contract will be renewed in January 2010. Kerry announced that this is her last DAAB meeting as she has taken a new job. Our new Accountant representative will be Syd Ewens, CPA. | Handout given | |

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| ADMINISTRATOR'S REPORT | <p>Star reports one item on cut list is Kerry's position, which will not be filled at this time. Star also noted that cuts include administration as well as direct services. The State auditors came in yesterday in regards to Pasos de Vida. The County has decided to terminate its contract with Pasos de Vida effective March 13, 2009. All clients are being moved to other programs. The state has agreed that the money used for Pasos de Vida can remain in the County and that we will be looking for a new facility to contract with. Star asked for input from board members in regards to suggestions for new facility parameters.</p> | | |
| RANDOM STUDENT DRUG TESTING PRESENTATION | <p>Presentation given by Kristina Bolts, current Templeton Middle School Assistant Principal. Templeton Unified School District began testing 1999/2000 school year. The number one goal of this policy is the health and safety of the students. The second goal was to provide an additional reason for students to say no. Once a student has a confirmed positive test, the school goes through numerous ways to find help for the student as well as the parents. Students are not removed from their team, but are removed from game play for a period of 30 calendar days. The student is encouraged to practice with their team and is allowed to travel to games with the team. The policy is based on California Ed Code, the California Constitution and the Code of Regulations. The policy is reviewed every year and is included as part of the school board policy. The program was started with grant monies, now is funded through the schools general fund. Templeton School District has 3 different testing options, random, mandatory and testing for anabolic steroids. Mandatory drug testing is given to all student athletes at the beginning of their 1st season of sport each academic year. Random drug testing is given to a minimum of 10% of each athletic team every year. Students are chosen at random by student ID number. The student ID number is then matched to the student name. Testing for anabolic steroids is given a minimum of 1 student athlete per athletic team. List of banned substances is determined by NCAA and the list is updated quarterly. See NCAA.org for list. The average number of confirmed positive tests each year is approximately 2 (range 0-6). There is no cost to the student for drug testing, all fees funded through the school. Parental approval is required and authorization given through the athletic packet given to each athlete. Teams considered for testing include dance team, cheerleading team and "traditional" athletic teams, i.e. football, basketball. Federal law states that testing must be for competitive activity only. "For cause" drug testing is not allowed. If a student is suspected to be under the influence the school has a right to call a law enforcement agency as this now becomes a safety issue for the school. Templeton School District method of testing is urine collection only. Individual restroom facility used for each test. The school</p> | | |

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| | <p>has on site testing of drugs of abuse and adulterants (blockers). If a test is positive the school then sends out the specimen for a confirmation screening. The school does not ask the student what prescription medications they may be taking. However, the student may be asked for a copy of their prescription if the student comes back with a positive presumptive test. Cost for testing is as follows: 1. Mandatory test \$9.75 per test, 2. Random test \$4.75 includes material only, 3. Anabolic panel \$75.00 includes materials, FedEx fee and confirmation testing, 4. Confirmation testing \$25.00 (sample completed on presumptive positive samples only) includes shipping, testing and reporting. Templeton schools test for alcohol outside of the student drug testing program using the Breathalyzer method. The alcohol testing occurs at such events as the Prom, homecoming, and football games. If alcohol is suspected at an athletic event/practice, a coach cannot test the student, as this would be considered “for cause” which is not allowed. In closing, Kristina made some personal observations. Every year that Templeton has done drug testing, students have approached Kristina and said that the testing is the reason they chose not to use. She feels the program is as successful as it is because the school has made a huge effort to educate the coaches as well as the players. Questions are encouraged and a question box is provided on campus for students. And lastly, she feels the district must have reasonable expectations.</p> | | |
| <p>SOCIAL HOST ORDINANCE POSITION</p> | <p>Draft was sent out via e-mail and was approved by board members and accepted as is. The Social Host Ordinance will be put to a vote before the City Council of San Luis Obispo on March 17, 2009. The position statement can be used as support for this vote. DAS staff will draft a press release regarding the Social Host Ordinance position statement for publication.</p> | <p>Press release to be drafted</p> | |
| <p>SUNNY ACRES INFO PRESENTATION</p> | <p>Becky Jorgenson, executive director and Dan DuVaul, owner both presented information on Sunny Acres. Sunny Acres, a clean and sober recovery center, has been in business for approximately 8 years. Sunny Acres has helped approximately 3,000 people. The main goal is to help people with addictions who are low income, but are also helping people with some aspect of mental illness. Clients may be male or female over the age of 18, with no children. There is no maximum time limit to stay at the center. Sobriety is a condition of staying there. Clients must attend NA or AA meetings, which are held on site. The cost per month is \$300.00 per person. Sunny Acres provides work, which may include working in the nursery, crops, cattle, welding, building or body repair. Workers are paid a stipend. 80% of drop-ins are self-referred (voluntary). Mr. DuVaul invites everyone to come out to Sunny Acres for a tour.</p> | | |

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| ANNOUNCEMENTS & REPORT OUTS | <p>Aurora announced that next month at the Santa Ynez Marriott in Buellton, The Partnership for Responsible Parenting will be hosting a summit on random student drug testing. Education Administrators from Ventura, Santa Barbara and San Luis Obispo county schools will be invited to attend. Aurora to email board members with more information.</p> <p>Aurora has asked for a definition of what a “safe and sober” grad night is. Templeton high school has inquired. Aurora asked if any funds available to be donated to the grad night. Frank answered this question that the County does not have a relationship with the official Safe and Sober Grad organization. The only available funding may be through the Youth Coalition or the National Organization for Safe and Sober Graduation.</p> <p>Juvenile Justice Comm.-no report Mental Health Advisory Board- no report (vacant position) Adult Svc’s Policy Council- Jason Reed reported on discussion held about State budget cutbacks. Talk of human service groups advocating strongly in regards to cutbacks. Co-occurring Disorders Workgroup- Jason Reed reported this meeting will be held later today. Workgroup looking at other models and working on formulating a plan as to how things should be working in our County.</p> | | |
| AGENDA ITEMS FOR NEXT MEETING | DAAB recruitment for youth member | | |

Meeting adjourned at 1:35 pm. Next meeting to be held March 19, 2009 12-1:30PM