



**THE DRUG AND ALCOHOL ADVISORY BOARD  
COUNTY OF SAN LUIS OBISPO, STATE OF CALIFORNIA**

**Resolution Recognizing the Month of September 2012 as the  
23<sup>rd</sup> Annual National Recovery Month  
“Join the Voices for Recovery: It’s Worth It”**

**Requester:** Clint Weirick, Chair of the Board

**Background:**

Annually the federal Substance Abuse and Mental Health Services Administration (S.A.M.H.S.A.) facilitates nationwide the National Recovery Month campaign during the month of September which: “...*promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.*” This year’s theme is “Join the Voices for Recovery: It’s Worth It.” More information can be found here: <http://www.RecoveryMonth.Gov/>.

S.A.M.H.S.A. releases an updated toolkit annually for this month, including model language for proclamations. S.A.M.H.S.A.’s National Recovery Month collect proclamations and resolutions adopted by public entities and treatment organizations, which can include this board.

The San Luis Obispo County Drug and Alcohol Advisory Board and its membership are appointed by the Board of Supervisors with part of its purpose to recommend to them about topics related to alcohol and drugs. The San Luis Obispo County Board of Supervisors has traditionally adopted annually a proclamation for National Recovery Month during the month of September to show its support. This board’s adoption of a resolution recognizing this year’s National Recovery Month is consistent with its purpose and can aid in further enhancing the month’s purpose for awareness.

Due to no August 2012 meeting scheduled at the time of this proposal being written and the likelihood the next meeting will be Thursday, September 20<sup>th</sup>, 2012 (09-20-12), it’s in the best interest of the board to adopt this item at the Thursday, July 19<sup>th</sup>, 2012 (07-19-12) meeting in order to have it approved and distributed in a timeframe that will make it relevant.

**Action Requested:**

*Move that the attached resolution be adopted as presented, direct the chair of the board to sign it on this board’s behalf and distribute to the listed entities.*



**THE DRUG AND ALCOHOL ADVISORY BOARD  
COUNTY OF SAN LUIS OBISPO, STATE OF CALIFORNIA**

19<sup>th</sup> Day of July

RESOLUTION NO. 01-12

**Resolution of the San Luis Obispo County Drug and Alcohol Advisory Board  
Recognizing the Month of September 2012  
23<sup>rd</sup> Annual National Recovery Month  
“Join the Voices for Recovery: It’s Worth It”**

**WHEREAS**, behavioral health is an essential part of health and one’s overall wellness; and

**WHEREAS**, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the Nation; and

**WHEREAS**, the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable to individuals, families, and the community at large; and

**WHEREAS**, people in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and

**WHEREAS**, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, in 2010, 2.6 million people received specialty treatment for a substance use disorder and more than 31.3 million adults aged 18 or older received services for mental health problems, according to the *2010 National Survey on Drug Use and Health*. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and

**WHEREAS**, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (H.H.S.), the Substance Abuse and Mental Health Services Administration (S.A.M.H.S.A.), the White House Office of National Drug Control Policy (O.N.D.C.P.), and the San Luis Obispo County Drug and Alcohol Advisor Board invite all residents of San Luis Obispo County to participate in *National Recovery Month 2012*; and

**NOW, THEREFORE, BE IT RESOLVED**, by the San Luis Obispo County Drug and Alcohol Advisory Board recognize the month of September 2012 as

**NATIONAL RECOVERY MONTH**

in San Luis Obispo County and call upon the people of San Luis Obispo County to observe this month with appropriate programs, activities, and ceremonies to support this year’s theme, “*Join the Voices for Recovery: It’s Worth It.*”

**BE IT FURTHER RESOLVED**, that copies of this resolution be distributed, but not limited, to: local drug and alcohol treatment based organizations and programs, San Luis Obispo County Board of Supervisors, San Luis Obispo County Mental Health Board, California State Assemblyman District 33 Khatchik "Katcho" Hratchia Achadjian, California State Senator District 15 Samuel "Sam" Norman Blakeslee, California Lieutenant Governor Gavin Christopher Newsom, California Governor Edmund Gerald "Jerry" Brown, Jr., United States House of Representatives California District 22 Kevin McCarthy, United States House of Representatives California District 23 Lois Grimsrud Capps, United States California Senator Barbara Levy Boxer, United States California

Senator Diane Goldman Berman Feinstein, and United States of America President Barack Hussein Obama II.

Upon motion of Board Member \_\_\_\_\_, second by Board Member \_\_\_\_\_, and on the following roll call vote, to-wit:

AYES:  
NOES:  
ABSENT:  
ABSTAINING:

The foregoing resolution is here by adopted:

\_\_\_\_\_  
Chair of the Drug and Alcohol Advisory Board

ATTEST:

\_\_\_\_\_  
Staff of the Drug and Alcohol Advisory Board

DRAFT