

SOBER LIVING ENVIRONMENTS, RESIDENTIAL TREATMENT and OUTPATIENT SERVICES IN SAN LUIS OBISPO COUNTY

Disclaimer: This list is provided as a resource only. No endorsement or referral to any particular program should be assumed. Be a careful consumer and ask questions.

<p>****Cambria Connection 870 Main Street Cambria, CA 93428 805- 927-1654 <u>email:</u> info@theconnection.org</p>	<p>Self help groups, early intervention, treatment, prevention, and referrals service (Drop In Prevention Center)</p>
<p>***Captive Hearts 882 West Grand Avenue Grover Beach, Ca 93433 805-481-4500</p>	<p>Faith-based facility for females aged 18+. Six beds Sober Living Environment</p>
<p>***Casa Solana I and II 383 S. 13th Street Grover Beach, CA 93433 805- 481-8555 805- 481-8558</p>	<p>Facility for females aged 18-72. (12 step based program – some dual diagnosed probationers). Initial program is 90-days. Follow up can be six months in second transition house if space available. Random drug testing & full time manager. Sober Living Facility.</p>
<p>*Cottage Care Outpatient 1035 Peach Street San Luis Obispo, CA 93401 805- 541-9113</p>	<p>Outpatient and Mental Health treatment.</p>
<p>*Drug and Alcohol Services <u>San Luis Obispo:</u> 2180 Johnson Avenue 805- 781-4275 <u>Grover Beach:</u> 1523 Longbranch Ave 805- 473-7080 <u>Atascadero:</u> 3556 El Camino Real 805- 461-6080</p>	<p>Outpatient treatment programs: Adult, perinatal moms, parenting for dads; youth and family; Dependency Drug Court; Family counseling and support; education and didactic groups; UA testing; licensed and/or certified staff. State certified outpatient, daycare, and outpatient detoxification treatment services.</p>
<p>***Gryphon Society 805- 550-8140 805- 459-8735</p>	<p>Must stay 90 days. No serious mental disorders. Initial phone interview and then a face-to-face interview.</p>
<p>****Lifestyles 715 24th Street #B Paso Robles, CA 93446 805- 238-2290</p>	<p>Recorded Information Drop in and prevention services for the underserved population Various classes and 12-Step and Recovery meetings/groups</p>
<p>*Mental Health Services – SLO County <u>San Luis Obispo:</u> 2178 Johnson Avenue 805- 781-4700 <u>Arroyo Grande:</u> 354 S Halcyon 805- 473-7060 <u>Atascadero:</u> 5575 Hospital Dr 805- 461-6060</p>	<p>Community Mental Health Outpatient Treatment Services</p>
<p>****Middle House 2939 Augusta San Luis Obispo, CA 93401 805- 544-8328 <u>email:</u> slomiddlehouse@gmail.com</p>	<p>Men’s Sober Living House – needs to have a job. No serious mental disorders.</p>
<p>****North County Connection 8600 Atascadero Avenue Atascadero, CA 93442 805- 462-8600 <u>email:</u> info@northcountyconnection.com</p>	<p>Self help groups, early intervention and prevention referral service. Information clearinghouse.</p>

- * Licensed Facility
- ** State Certified
- *** Registered House
- **** Non-registered house/program

IN PATIENT AND RESIDENTIAL PROGRAMS – OUT OF SLO COUNTY

(Not all are certified nor licensed)

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<p>Adult Rehabilitation Center (Salvation Army) 200 19th St, Bakersfield, CA 1-800-728-7825</p>	<p>Initial in-person screening interview Private Church Funded Men Only</p>
<p>ASA- A Spiritual Abode 830 West Church Street Santa Maria, Ca 93456 805-925-1352</p>	<p>Licensed/Certified Non-profit Facility Structured Sober Living Non-medical can bring Rx to take Males/Females 1yr. Residential</p>
<p>Beacon House 468 Pine Avenue Pacific Grove, Ca 93950 1-866-333-5146 <u>email:</u> info@beaconhouse.org www.beaconhouse.org</p>	<p>Private Pay/Insurance 28day + program 18yrs and up Sober living aftercare Outpatient Services</p>
<p>Bethel House 535 East Yanonali Santa Barbara, Ca 93105 805-966-1316 <u>email:</u> mail@sbrm.org</p>	<p>Clients must fill out app. Employee will call to set up initial appt. after app. has been received Females only</p>
<p>Betty Ford Center 39000 Bob Hope Drive Rancho Mirage, Ca 92270 1-800-434-7365 www.bettyfordcenter.org</p>	<p>30 day hospital based program Detox. Services available No Insurance Accepted</p>
<p>Casa Latina 1430 Junewood Way Oxnard, Ca 93030 805-988-1560</p>	<p>90 day to six month program for women and children 12 Step Based Sliding-scale fee</p>
<p>Casa Serena 1515 Bath Street Santa Barbara, Ca 93101 805-966-1260</p>	<p>90 day program for women 12 step sober living Scholarships available depending on income</p>
<p>Centerpoint 1601 Second Street Suite 104 San Rafael, Ca 94901 415-456-6655</p>	<p>Men's residential Women's residential (allows children 5 and under) Outpatient services</p>
<p>Cottage Care Hospital 400 West Pueblo Street P.O. Box 689 Santa Barbara, Ca 93101 805-682-7111</p>	<p>In-patient setting 28 day program Outpatient program also available</p>
<p>Delancy Street 600 The Embarcadero San Francisco, Ca 94107 415-512-5104</p>	<p>Hardcore program for those strongly motivated to make lifestyle changes. 2 year program 24/7 intake</p>
<p>Eleventh Hour Residential Program 5639 East Park Circle Fresno, Ca 93727 559-454-1819</p>	<p>28 day program Private pay/Insurance Scholarships may be available Male/Female</p>

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<p>Good Samaritan Programs 401 West Morrison Avenue #B Santa Maria, Ca 93458 805-347-3338</p>	<p>Overnight housing Meals for men, women, and children Women and Children preferred Maximum 30 day stay</p>
<p>Impact 1680 North Fair Oaks Pasadena, Ca 91103 323-681-2575</p>	<p>Long Term Residential (4-6 months) Extensive group counseling component Individual counseling carried out in three phases</p>
<p>Janus of Santa Cruz 200 7th Ave Santa Cruz, Ca 95060 1-866-526-8772</p>	<p>Residential drug and alcohol treatment program for AA meetings, education, and counseling Serves Santa Cruz county Non-medical facility for women and children, and dual diagnosis.</p>
<p>Jelani Inc. 1601 Quesada Avenue San Francisco, Ca 94124 415-822-5977</p>	<p>6-9 month residential program for women who are pregnant or parenting Up to two children age 5 and up as well as babies</p>
<p>Maternity House 10300 Kurt Street, Lake View Terrace, Ca 91342 818-934-7777</p>	<p>Residents can spend entire pregnancy and up to 90 days after child is born. Must be at least 18 and pregnant with a substance abuse problem and a U.S. citizen. Individual/group counseling, HIV/AIDS testing, life skills training.</p>
<p>**MHS Center for Change 201 S. Miller St., Suite 101 Santa Maria, Ca. 93454 (805) 925-9811</p>	<p>State Certified Outpatient treatment services, Drug Court, Prop 36, Deferred Entry of Judgment, SASCA and self-referral. Psychiatric access for mental health needs.</p>
<p>MHS Family Recovery Center 1100 Sportfisher Drive Oceanside, Ca 92054 760-439-6702</p>	<p>Residential, day treatment and next step programs with many services including drug testing, drug counseling and education, prenatal care, etc.</p>
<p>New House III 2434 Bath Street Santa Barbara, Ca 93101 805-563-6050</p>	<p>Men's recovery homes Client must call to schedule interview Treatment program, and Sober living environment only (Social model)</p>
<p>New Life Community Services 707 Fair Avenue Santa Cruz, Ca 95060 1-888-474-6758</p>	<p>Residential, outpatient treatment for 6 months 12 Step social model recovery for men, women and children</p>
<p>Newhall Manor 1221 Newhall St San Francisco 415-970-9154 fax: 415-970-0982</p>	<p>6-9 month family program Serves one or two parent families with children, including single fathers.</p>
<p>Oliver House (Casa Serena Afiliate) 1515 Bath St Santa Barbara 805-966-1260</p>	<p>Client must call for brief phone interview and to schedule on-site interview. Clinical program manager is an LMFT, staffed by interns, trainees, and DAS staff. Prefer that Casa Serena program in done first Antidepressants are okay No pain, sleep, or muscle relaxer medications Women with children</p>

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<p>Phoenix of Santa Barbara 107 East Micheltorena Street Santa Barbara, Ca 93101 805-965-3434</p>	<p>Dual diagnosis program Psychiatric evaluations, drug and alcohol treatment, and support groups Non-profit Serves Santa Barbara county Accepts Medi-cal</p>
<p>Progress House II 5607 Mount Murphy Rd Garden Valley, Ca 95633 530-333-9460</p>	<p>Women’s Recovery Children’s Recovery</p>
<p>Progress House, Inc. P.O. Box 437 Coloma, Ca 95613 530-626-7252</p>	<p>Men’s Residential Program 1-3 months VA eligible</p>
<p>Project Recovery 133 East Haley St Santa Barbara 805-296-7360</p>	<p>Contact: Stephen 14 day residential acupuncture detox program Social Model Psychotropic meds okay but must bring enough for entire stay May not have visitors, cell phones, phones, or laptops Group meetings and 12 meetings step meetings, individual counseling and acupuncture required</p>
<p>Promises Treatment Center 2045 South Barrington Ave Los Angeles, Ca 90066 1-866-348-9336 www.promises.com</p>	<p>Men and women 30 day IP Detox available</p>
<p>Prototypes 2150 North Victoria Oxnard, Ca 93036 805-382-6296</p>	<p>Residential treatment for pregnant women Women with children up to 10yrs old Sliding fee scale</p>
<p>Puente House 444 West Badillo Covina, Ca 91723 1-800-494-9844 www.puentehouse.org</p>	<p>Sober living environment Two men’s facilities and one women’s facility Fees include gym and Alano club membership 12 step philosophy Work Required Random testing</p>
<p>Recovery Point 731 South Lincoln Santa Maria, Ca 93454 805-346-8185</p>	<p>Accepts pregnant women and has residential programs for women and their children Medi-Cal accepted Will not be turned away for inability to pay</p>
<p>River Community 23701 East Fork Road Azusa, Ca 91702 626-910-1202 email: rivercommunity@socialmodel.com</p>	<p>Adult dual diagnosis treatment program Insurance and SSI accepted Prop 36 program available</p>
<p>Santa Barbara Rescue Mission 535 E. Yanonoli Street Santa Barbara, Ca 93103 805-966-1316 email: mail@sbrm.org</p>	<p>Men’s Treatment Facility Affiliated with Bethel House One year program</p>

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<p>Serenity Knolls 145 Tamal Road Forrest Knolls, Ca 94933 415-488-0400</p>	<p>Twenty miles north of SF 28 day program Specializing in dual diagnosis Medically supervised detox 12 step social model with integrated clinical psychotherapy</p>
<p>Spencer House 6956 Matilija Avenue Van Nuys, Ca 91405 818-785-6639</p>	<p>12 step safe and sober living environment for men</p>
<p>Teen Challenge: Men 650 Riverside Avenue Shafter, Ca 93263 661-746-4917</p>	<p>Residential Christian life No Psych meds and no sex offenders No 12step, No AOD classes</p>
<p>Teen Challenge: Women 301 East Roberts Lane Bakersfield, Ca 90338 661-399-2273</p>	<p>Strictly Christian based program Intake and enrollment on same day</p>
<p>The Camp 3192 Glen Canyon Road Scotts Valley, Ca 95067 1-877-557-6237 camprecovery.com</p>	<p>30 Day in house detox. Treatment Residential services for adults</p>
<p>Touchstones 525 North Parker St. Orange, Ca 92856 714-639-5542 <u>email</u>: touchstones@socialmodel.com <u>www.socialmodelrecovery.com</u></p>	<p>Adolescent program Dual diagnosis Sliding fee scale 9th grade to 18yrs old Voluntary program with school on site</p>
<p>Turning Point 1315 25th Street San Diego, Ca 92102 619-233-0067</p>	<p>Recovery home for women 3months to one year (or longer)</p>
<p>Vista del Mar 801 Seneca Street Ventura, Ca 93001 805-653-6434</p>	<p>Medically supervised detox Clinical Psych evals. Dual diagnosis Speciality private insurance Not long term residential, but intense intake assesment</p>
<p>Walter Hoving Home 127 South El Molino avenue Pasadena, Ca 91101 626-405-0950 Fax: 626-564-0952 <u>email</u>: whhca@walterhovinghome.com <u>www.walterhovinghome.com</u></p>	<p>Spiritually based non-profit drug and alcohol residential program for women ages 18 and over who have been involved in drug/alcohol/prostitution and other life controlling problems. Two programs offered 6-12 months Includes room and board for full program duration, classroom study in on campus learning center, individual/group counseling, structured work program and extra curricular activities. Funded through private donations</p>

Other possible resources:

Tarzana Treatment Center
800-996-1051
www.tarzanatc.org

Licensed residential and outpatient services for substance abuse and mental health concerns. Past experience with opiate addiction.

Hazeldon Treatment Centers
800-257-7810
www.hazeldon.org

Licensed residential treatment programs in Oregon, Minnesota, Illinois and New York.