

SERVICES IN THE FIVE CITIES AREA – ARROYO GRANDE, OCEANO, GROVER BEACH, PISMO BEACH & SHELL BEACH

Service Provided	Service Location	Address	Organization & website link	Hours	Eligibility Conditions	Telephone
Case Management Services	Arroyo Grande	336 S. Halcyon	Community Health Centers (CHC)	M-F 8-7 Coastal Medical Center		(805) 481-3652
		1057 Grand Ave	Community Health Centers (CHC)	M-F 9-6 The Doctors Office		(805) 481-7220
		1086 Grand Ave	Department of Social Services	M-F 8-5	Child Welfare/CalWORKs	(805) 474-2000
		1106 East Grand Ave.	Drug & Alcohol Services	M-F 8-5		(805) 473-7080
		602 Orchard	Lucia Mar School District	M-F 8-5	Homeless children	(805) 474-3000 x4719
		1092 East Grand Ave.	Mental Health Services	M-F 8-5		(805) 473-7060
	Grover Beach	1086 Grand Ave	South County SAFE	M-F 8-5	Child Welfare	(805) 477-2037
		815 West Grand Ave.	Captive Hearts	24/7		(805) 481-4500
		383 S. 13th St.	Casa Solana	24/7	Female addicts, ages 18-72	(805) 481-8555
		710 S. 13th St.	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
Oceano	1981 Cienaga Street	Community Health Centers (CHC)	M-F 9-6		(805) 270-0025	
Clothing	Arroyo Grande	1086 Grand Ave	Department of Social Services	M-F 8-5	Income	(805) 474-2000
		602 Orchard	Lucia Mar School District	M-F 8-5	Homeless children	(805) 474-3000 x4719
		1086 Grand Ave	SAFE (AG/Nipomo/Oceano)	M-F 8-5		(805) 477-2037
	Grover Beach	815 West Grand Ave	Captive Hearts	24/7		(805) 481-4500
		710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
Drug Counseling	Arroyo Grande	336 S. Halcyon	Community Health Centers (CHC)	M-F 8-7 Coastal Medical Center		(805) 481-3652
		1057 Grand Ave	Community Health Centers (CHC)	M-F 9-6 The Doctors Office		(805) 481-7220
		1106 East Grand Ave.	Drug & Alcohol Services	M-F 8-5		(805) 473-7080
	Grover Beach	815 West Grand Ave	Captive Hearts	24/7		(805) 481-4500
		383 S. 13th St	Casa Solana	24/7	Female addicts, ages 18-72	(805) 481-8555
Oceano	1981 Cienaga Street	Community Health Centers (CHC)	M-F 9-6		(805) 270-0025	
Educational Services	Arroyo Grande	1086 Grand Ave	Department of Social Services	M-F 8-5	CalWORKs	(805) 474-2000
		1106 East Grand Ave.	Drug & Alcohol Services	M-F 8-5		(805) 473-7080
		1092 East Grand Ave	Mental Health Services	M-F 8-5		(805) 473-7060
	Grover Beach	815 West Grand Ave	Captive Hearts	24/7		(805) 481-4500
Emergency Assistance	Arroyo Grande	1086 Grand Ave.	Department of Social Services	M-F 8-5	Child Welfare/CalWORKs	(805) 474-2000
	Grover Beach	710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
Food / Groceries	Arroyo Grande	1086 Grand Ave	SAFE (AG/Nipomo/Oceano)	M-F 8-5		(805) 474-2037
		501 Fair Oaks Ave.	St. Patricks Catholic Church	4:00-5:00 Tue, Wed, Thur.	South county resident + interview	(805) 489-2680
	Grover Beach	192-B South 9th St.	5-Cities Christian Woman's Food Ministry	2:00-4:00 M-F except holidays	ID & Five Cities resident. 2x/month max.	(805) 473-3368
		815 West Grand Ave	Captive Hearts	24/7		(805) 481-4500
		383 S. 13th St	Casa Solana	24/7	Female addicts, ages 18-72	(805) 481-8555
		710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970

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		1197 Highland	Salvation Army	Tue, Wed, Thur 9-2	ID & Five Cities resident	(805) 481-0278
		1820 Railroad	Food Bank Coalition of SLO County	M-F 8-5		(805) 481-4652
	Oceano	1580 Railroad	Harvest Bag	9:00 - 10:00 1st Thurs only	\$2.50/bag paid in advance	(805) 481-7886
		1866 Beach	Salvation Army	Tue, Wed, Thur 9-2	ID & Five Cities resident	(805) 481-0278
		1580 Railroad	Senior Brown Bag	9:00 am. 2nd & 4th Thur	Application, Need--based	(805) 481-7886
		1580 Railroad	USDA Food Distribution	9:00 am. 1st Thur	Application, Need--based	(805) 238-4664
Meals	Arroyo Grande	602 Orchard	Lucia Mar School District	M-F 8-5	Homeless children	(805) 474-3000 x4719
		815 West Grand Ave	Captive Hearts	24/7		(805) 481-4500
	Grover Beach	383 S. 13th St	Casa Solana	24/7	Female addicts, ages 18-72	(805) 481-8555
		286 S. 16th St.	People's Kitchen	M-Sat. 12-1:00, Sun 12:30-2:00		(805) 489-2150
	Oceano	1580 Railroad	Senior Nutrition Program	M-F 11:30 am	60 +/- nutritional needy. Pre-enrollment	(805) 489-5149
Medical Assistance	Arroyo Grande	336 S. Halcyon	Community Health Centers (CHC)	M-F 8-7 Coastal Medical Center		(805) 481-3652
		1057 Grand Ave	Community Health Centers (CHC)	M-F 9-6 The Doctors Office		(805) 481-7220
		1086 Grand Ave	Department of Social Services	M-F 8-5	Income/disability	(805) 474-2000
	Grover Beach	710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
		286 S. 16th St.	Public Health Services	M-F 8-5		(805) 473-7050
	Oceano	1981 Cienaga Street	Community Health Centers (CHC)	M-F 9-6		(805) 270-0025
Mental Health Services	Arroyo Grande	336 S. Halcyon	Community Health Centers (CHC)	M-F 8-7 Coastal Medical Center		(805) 481-3652
		1057 Grand Ave	Community Health Centers (CHC)	M-F 9-6 The Doctors Office		(805) 481-7220
		1092 East Grand Ave	Mental Health Services	M-F 8-5		(805) 473-7060
		1086 Grand Ave	SAFE (AG/Nipomo/Oceano)	M-F 8-5		(805) 477-2037
	Grover Beach	710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
	Oceano	1981 Cienaga Street	Community Health Centers (CHC)	M-F 9-6		(805) 270-0025
Motel Vouchers	Arroyo Grande	1086 Grand Ave	Department of Social Services	M-F 8-5	Child Welfare/CalWORKs	(805) 474-2000
Permanent Housing	Arroyo Grande	1086 Grand Ave	Department of Social Services	M-F 8-5	Child Welfare or CalWORKs	(805) 474-2000
	Grover Beach	710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
Rental Assistance	Arroyo Grande	1086 Grand Ave	Department of Social Services	M-F 8-5	Child Welfare/CalWORKs	(805) 474-2000
		1086 Grand Ave	Department of Social Services	M-F 8-5	Child Welfare/CalWORKs	(805) 474-2000
Social Services	Arroyo Grande	602 Orchard	Lucia Mar School District	M-F 8-5	Homeless children	(805) 474-3000 x4719
		1086 Grand Ave	SAFE (AG/Nipomo/Oceano)	M-F 8-5		(805) 477-2037
	Grover Beach	710 S. 13th St	Community Health Centers (CHC)	see website		(805) 473-7974
Temporary Housing		710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00		(805) 473-7970
	Arroyo Grande	1086 Grand Ave	Department of Social Services	M-F 8-5	CalWORKs/Child Welfare	(805) 474-2000
	Grover Beach	815 West Grand Ave	Captive Hearts	24/7		(805) 481-4500
		383 S. 13th St	Casa Solana	24/7	Female addicts, ages 18-72	(805) 481-8555

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		710 S. 13th St	Healthcare for Homeless Project	M-F 1:30 - 5:00	(805) 473-7970
Transportation	Arroyo Grande	602 Orchard	Lucia Mar School District	M-F 8-5	Homeless children (805) 474-3000 x4719