

**Mental Health Board Minutes**  
**San Luis Obispo County**  
**December 19, 2012**  
**3:00 to 5:00pm**  
**2180 Johnson Ave.**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Pam Crabaugh  
Karl Hansen  
Jill Heuer  
Lorna Hewitt  
Theresa Merkle (*CenCal Health*)  
David Odell  
Charmaine Quinlan  
David Riester  
Vicki Shelby for Frank Mecham

**MENTAL HEALTH STAFF PRESENT:**

Karen Baylor  
Jane Ahlquist  
Frank Warren  
Judy Vick

**MEMBERS AND ALTERNATES ABSENT:**

Tyler Brown  
Joyce Heddleson  
Kelly Kenitz  
Stephan Ponce  
Jim Salio

**GUESTS:**

John Byers (TMHA/PAAT)  
Linda Connolly (DAAB)  
Martin Meltz (Advocate for Homeless)  
Cindy Marie Absey (District Attorney-Victim  
Witness Asst.)  
Denise Rea (TMHA)

1. **Meeting** was called to order @ 3:00 pm by David Riester.
2. **Introductions and Announcements:**
  - It was announced that the National Homeless Persons Memorial Day event will be held Thursday, December 20 from 5:00p.m – 6:00p.m. at the San Luis Obispo Courthouse. Please bring a can good.
  - Karen Baylor announced a few changes in Personnel:
    - Kim Miramon is retiring after 28 years with the County.
    - Wes Drysdale, H.R. is moving over to Planning.
    - Janet Amanzio is retiring on February 1<sup>st</sup>. Transitions (TMHA) will be having a celebration for Janet at the Growing Grounds Farm on Friday, January 25 @ noon if anyone would like to stop by. All three will be greatly missed and we wish the best to all of them.
3. **Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time.
  - Martin Meltz (Homeless Advocate) has requested that the Behavioral Health Board consider holding a three hour forum on a Saturday morning to introduce the Behavioral Health Board to the community to discuss how we serve the community; the need for a detox center and issues that concern our clients and our community. An idea to invite County Officials, community leaders, other professionals in the mental health field to discuss issues. This suggestion to be considered at the January Behavioral Health Board meeting.

4. **Action Item Re: October 17, 2012, meeting minutes were reviewed and followed by motion of approval by David Odell and seconded by Charmaine Quinlan, and unanimously approved by the Board. (MSC: Odell/Quinlan.)**

5. **Discussion: Behavioral Health Board Update – Frank Warren**

Motion to officially change the Mental Health Board and the Drug, Alcohol Advisory Board to the Behavioral Health Board beginning January 2013, was unanimously approved by the Mental Health Board on October 17, 2012. The combining of both Boards and revised by-laws will go to the Board of Supervisors for approval on January 8, 2013.

6. **Presentation: Innovation Projects Update: – Frank Warren**

- System Staff, TMHA
- Family members
- Cuesta College Wellness Art Program
- Atascadero Wellness High School Program
- Vets Treatment Court
- Non-Violent Communication trial
- Wilshire Older Adult Family Facilitation Project

7. **Discussion: MHSOAC Forum Feedback – Frank Warren**

The OAC Forum held at the Embassy Suites on November 29 was a success and the staff of the Commission was very pleased. In a follow-up call with them a few weeks after the event, they reported there were 118 participants. 17 were from Santa Barbara County and 1 from Ventura. 100 folks came from SLO. The breakdown (by self-reporting based on categories given) was 11 County Staff, 47 contract providers, 11 clients, 9 Spanish speakers, to parents of consumers, 17 Peers, and one TAY.

The feedback forms represented mostly positive feedback. Two forms with concerns will be forwarded to Dr. Baylor in the coming weeks. These were not necessarily San Luis Obispo County issues, but I asked that they be given to us. The concerns regard co-occurring treatment and juveniles in court systems.

8. **Director's Report: Karen Baylor**

- EQRO Audit Results, Karen distributed the conclusions of the MHP CAEQRO Audit. The Mental Health Board discussed the strengths, opportunities for improvement and recommendations.
- Communication Survey Results: Karen discussed the internal communications survey results that she sent out to staff a while back. There was a good response from staff.
- Karen also announced that Judy Vick will be the lead of the DHCS Triannual Audit that will be held in January, 7<sup>th</sup> to the 10<sup>th</sup>. Judy will report back on how audit went.

*The next Mental Health Board meeting will be Wednesday, January 16, 2013, 2:30 – 5:30pm at the Agricultural Building at 2156 Sierra Way.*

*Jane Ahlquist*