

Mental Health Board Minutes
San Luis Obispo County
June 20, 2012
3:00 to 5:00pm
2180 Johnson Ave.
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Tyler Brown
Pam Crabaugh
Joyce Heddleson
Lorna Hewitt
Lisa Kelley
Theresa Merkle (*CenCal Health*)
Vicki Shelby for Frank Mecham
David Odell
Charmaine Quinlan
David Riester
Jim Salio

MENTAL HEALTH STAFF PRESENT:

Karen Baylor
Jane Ahlquist
Frank Warren

MEMBERS AND ALTERNATES ABSENT:

Karl Hansen
Jill Heuer
Kelly Kenitz
Stephan Ponce
Mary Lee Waggoner

GUESTS:

John Byers (TMHA/PAAT)
Denise Rea (TMHA)
Jon Nibbio (FCN)
Bobby Boss (Wellness Center)
Meghan Walters (TMHA, Wellenss Center)
Michael Carter (TMHA, Wellness Center)
Barry Johnson, (TMHA, Wellness Center)

1. **Meeting was called to order @ 3:00 pm by David Riester.**
2. **Introductions and Announcements:**
 - **Frank Warren announced the passing of Jerry Shennum. Jerry was a long time employee of Drug & Alcohol Services and was well liked by the entire D/AS staff. He also will be missed by the youth he served at Arroyo Grande High School. He will be greatly missed.**
 - **Lisa Kelley, President, NAMI spent a week in Sacramento to oppose the budget cuts in IHSS. She stated that there were 23 bus loads of people participating in this effort.**
 - **David Riester announced that Mary Lee Waggoner has requested to resign from the Mental Health Board due to illness. We welcome you back at anytime Mary Lee and we all wish for you a fast recovery.**
 - **Also, David announced that Stephen Ponce has requested medical leave until October 1st which was granted by the Executive Committee.**
 - **Tyler Brown suggested, since we have new members on the Mental Health Board, and have not revisited our goals and objectives for at least 4 years that it is time to do so. Tyler and other board members feel that our sub-committees are a valuable tool. Within the next several months we will commit to 2 meetings to revisit our goals and objectives.**
3. **Citizen Comments: Citizens are invited to make comments relevant to Mental Health issues at this time. None at this time.**

4. **Action Item Re:** May 16, 2012, meeting minutes were reviewed and followed by motion of approval by Joyce Heddleson and seconded by Tyler Brown and unanimously approved by the Board. (MSC: Heddleson/Brown)
5. **Presentation:** Jon Nibbio from FCNI distributed a copy of FCNI 2010-2011 Annual Report to the M.H. Board members. He gave an over all view of the history of FCNI. They provide Therapeutic Foster Care Services; Family Support Services; Transitional Age Youth Services; Early Intervention and Prevention Services. They work side by side with key Partners, a) Social Services; b) Probation; c) Mental Health; d) County Schools; e) Drug & Alcohol Services; f) Health Department; g) Law Enforcement; h) CAP-SLO; i) Other CBOs; j) City/County Planning; k) Community and m) Colleges/Universities.
6. **Presentation:** TMHA, Wellness Centers – Barry Johnson from Transitions, along with Bobby Boss (Wellness Center), Meghan Walters (Wellness Center), and Michael Carter, (Wellness Center). There are 3 local Wellness Centers, Hope House in SLO; Safe Haven in So. County and PEP in Atascadero. Their purpose is to offer Wellness Recovery to persons with mental illness and offer peer support. They serve approximately 300 clients annually, offering special groups for men and women; coping skills; NAMI Family Support; SARP Counseling and community outreach. Transitions gives back to the community in many ways, they hold a Food Bank Hunger Day; Walk for Alzheimers; NAMI Beautiful Minds Walk; People’s Kitchen; and Mental Health Rally. Most clients to TMHA are referred by Mental Health.
7. **MHSA Public Hearing – Frank Warren**
Frank Warren presented the MHSA Annual Update. The Updated Plan has been posted for the last 30 days for public review and comment.. The new format for this years’ report is much more user friendly than last year. Frank received 1 formal written comment and will forward it to the M. H. Board this week. The motion was made to send update MHSA annual report to the BOS for agenda on July 17th by David Odell and seconded by Lisa Kelley, and unanimously approved by the Board. (MSC:Odell/Kelley)
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8. **Director’s Report – Karen Baylor**
 - **State Budget Update:** Karen passed around a matrix which outlines the numerous funding sources for mental health services. She also discussed that the problem with the realignment funding was fixed so that there will not be any reductions from the state funding for 12/13.
 - **CADPAAC:** Karen discussed that CMHDA is meeting with CADPAAC on a regular basis to work on mutual issues. We are also moving forward with discussions on merging the DAAB into the Mental Health Board to form a Behavioral Health Board.
9. **Committee Reports:** Due to presentations running over, we did not have time to update on committee reports.
 - Forensic Services – no report.
 - Legal Services – no report.
 - Adult Services – no report.
 - Children Services - no meeting, waiting for Mary Lee Waggoner to return.
 - Adult Services Policy Council – no report.
 - Executive Committee to review the goals and objectives for the Mental Health Board.

The next Mental Health Board meeting will be Wednesday, July 18, 2012, 3:00pm – 5:00pm on the 2nd floor of the Health Campus.

