

**Mental Health Board Minutes**  
**San Luis Obispo County**  
**October 17, 2012**  
**3:00 to 5:00pm**  
**2180 Johnson Ave.**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Tyler Brown  
Pam Crabaugh  
Karl Hansen  
Joyce Heddleson  
Jill Heuer  
Kelly Kenitz  
David Odell  
Stephan Ponce  
David Riester  
Jim Salio

**MENTAL HEALTH STAFF PRESENT:**

Karen Baylor  
Jane Ahlquist  
Frank Warren  
Darci Rourke  
Darryl Elliott (Substitute for Lisa Kelley)

**MEMBERS AND ALTERNATES ABSENT:**

Lorna Hewitt  
Charmaine Quinlan  
Theresa Merkle (*CenCal Health*)  
Vicki Shelby for Frank Mecham

**GUESTS:**

John Byers (TMHA/PAAT)  
Linda Connolly (DAAB)  
Terry Lovejoy, (Private Citizen)  
Susan McDaniel (Private Citizen)  
Martin Meltz (Advocate for Homeless)  
Client Weirick (DAAB)

1. **Meeting** was called to order @ 3:00 pm by David Riester.
2. **Introductions and Announcements:**
  - Darcy Rourke gave an update on the Innovation Project, Wellness Arts Class, on what it means to the students and the satisfaction they get from this class, along with 4 credit college credits. John Byers from PAAT is one of the art instructors, along with a Mental Health Therapist. The second semester is soon to begin at Cuesta College.
  - It was announced by Martin Meltz (homeless advocate) that there will be a meeting tonight from 5:45pm-6:45p at the Atascadero Lake Pavilion on the homeless.
  - Martin Meltz requested if the Mental Health Board could provide an inventory of full and/or part time mental health professionals in SLO County in order to update them on health care reform. The Department does not collect this information. It was suggested that the information would be on the BBSE website.
  - Darryl Elliott from NAMI said he will be filling in for Lisa Kelley as she is stepping down from NAMI due to an illness. We wish you a fast recovery Lisa!
  - Darryl also thanked everyone who volunteered and/or participated in the Beautiful Minds Walk. It was another fun and successful event.
  - Jill Heuer, SELPA Director, said that the schools in this County will lose \$17M if Prop. 30 doesn't pass. She said that California ranks 48<sup>th</sup> in the nation regarding the amount of money spent per student and yet has over 60% of all students in the nation.
3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. None at this time.

4. **Action Item Re:** September 19, 2012, meeting minutes were reviewed and followed by motion of approval by Jim Salio and seconded by David Odell and unanimously approved by the Board. (MSC: Salvio/Odell)
5. **Action Item:** Motion was made by Jim Salio to combine the Mental Health Board and the Drug, Alcohol Advisory Board to create the new Behavioral Health Board, seconded by Jill Heuer and unanimously approved by the Board. Transition to be complete by January, 2013. (MSC: Salio/Heuer)
6. **Action Item:** Motion to officially change the By-laws for the new Behavioral Health Board was made by Jim Salio and seconded by Tyler Brown and unanimously approved by the Board. (MSC: Salio /Brown).
7. **Action Item:** Recommend necessary changes to the By-laws from C through R, (except I) to make other necessary changes was made by David Odell, seconded by Jim Salio and unanimously approved by the Board. (MSC: Odell/ Salio)
8. **Action Item: Membership: Item I:** Jill Heuer motion to modify membership to 10 to 20 members (50% of sitting members will be consumers or family members of consumers.) Seconded by Joyce Heddleson and unanimously approved by the Board. (MSC: Heuer/Heddleson)
9. **Discussion:** Committees and Planning for February/March meetings: Tyler Brown discussed the focus of the February and March meetings to be a strategic planning session for the newly formed Behavioral Health Board. The goal would be as follows: to educate the Board on legal mandates, and to help the members understand the needs of the community regarding behavioral health issues. We will take a look at the strategic plan to determine if sub-committees should be formed again to accomplish our goals and objectives with our new Behavioral Health Board. The meetings will take place for an hour of our 2-hour regular Behavioral Board meeting in February and March. Karen Baylor suggested that staff could update the Mental Health 101 Binders and to invite the Program Supervisors to the January meeting.
10. **Director's Report – Karen Baylor**
  - Karen provided an update on the county's budget forecast that was presented to the Board of Supervisors last week.
  - Strategic Initiatives: These have been finalized by the Department and will be mailed out to the board members. One item of interest is the Department will conduct a communication survey and look for ways to improve communication.
  - Karen announced that effective October 1<sup>st</sup> after hour calls will be forwarded to the Suicide Hotline run by TMHA, 800- 549-4499.
  - **Outcome Measures:** Reorganizing the Quality Improvement Department – Karen would like further discussion from the board regarding what outcome measures they would like to see.
11. **Committee Reports:**
  - Forensic Services – no report.
  - Adult Services – no report.
  - Children Services - Adult Services Policy Council – no report.
  - Executive Committee will discuss the Behavioral Health 101 meeting in January, and strategic planning for February and March.

*There will be no meeting in November. The next Mental Health Board meeting will be Wednesday, December 19, 2012, 3:00pm – 5:00pm on the 2<sup>nd</sup> floor of the Health Campus.  
Jane Ahlquist*