

Health Campus

Start Walking Now!

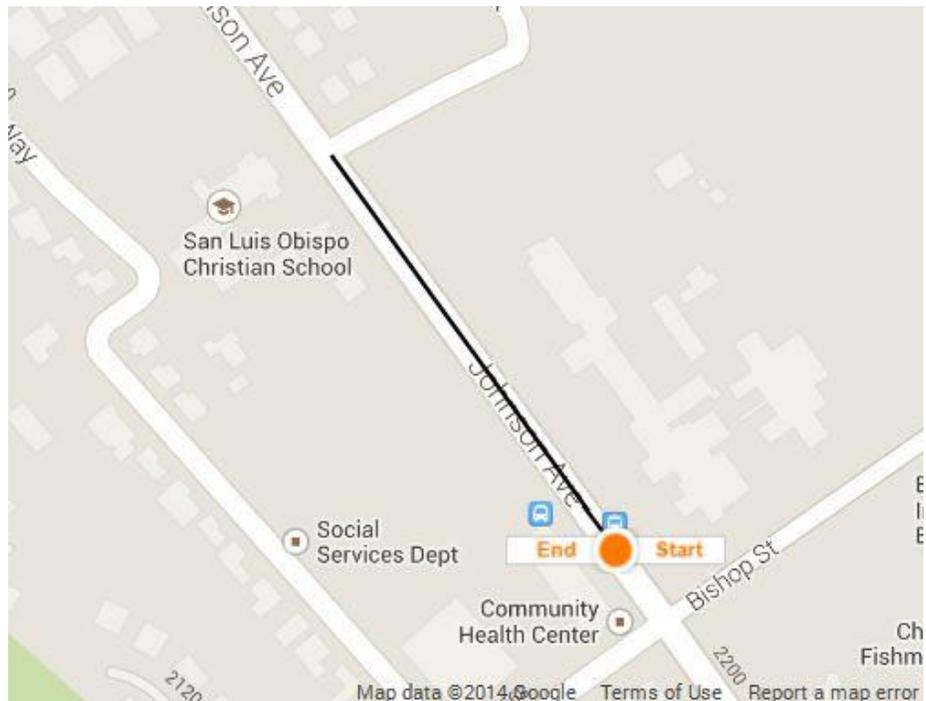
- Strengthen your bones
- Reduce stress
- Get more energy
- Tone your muscles
- Reduce your risk of developing dangerous health problems
- Feel good!

WALK YOUR WAY TOWARDS WELLNESS

Beginner Loop
Distance: 0.28miles
Estimated Time: 10-15

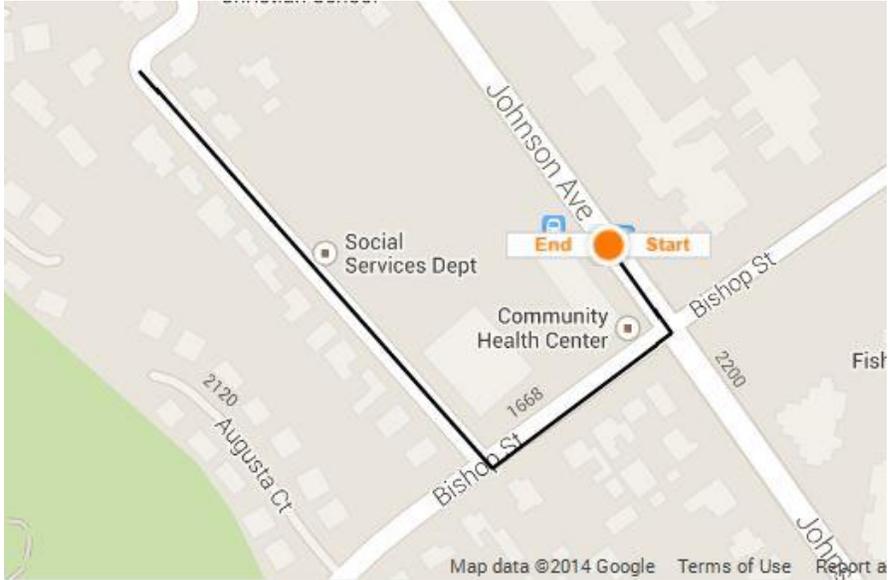


HR BENEFITS PRESENTS
Health Campus
2180 Johnson Ave,
San Luis Obispo, Ca



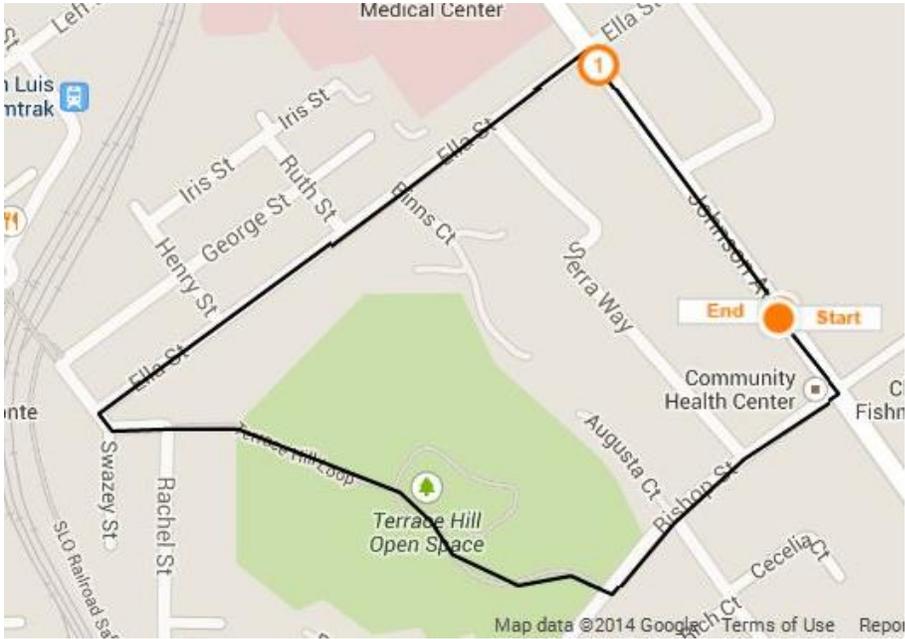
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Moderate
Distance: .54 miles
Estimated Time: 20 minutes



WALK YOUR WAY TOWARDS WELLNESS

Difficult (Incline)
Distance: 1.19 miles
Estimated Time: 40-60 minutes



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