

**SAN LUIS OBISPO COUNTY  
HEALTH COMMISSION**

Minutes of Meeting

Monday, September 10, 2012 (County Board of Supervisors Chambers)

Members Present: Ed Guerena (Chair), Susan Warren (Vice-Chair), Lynn Enns (Secretary), Gill Blonsley, David Clous, Tracy Del Rio, James Pope, Anne Quinn, Jean Raymond, Mary Jean Sage, Scott Smith-Cooke

Members Absent: None

Staff Present: Jeff Hamm, Health Agency Director, Jean White

Speakers: Lisa Fraser (SLO County Child Abuse Prevention Council), Kathleen Karle (Health Promotion Division), Ann McDowell (County Epidemiologist)

Agenda Item	Discussion	Action	Who/When
<b>1. Call to Order</b>	Meeting called to order by Chair Guerena at 6:02 p.m.	<i>Call to order</i>	<i>Chair Guerena</i>
<b>2. Approval of Minutes</b>	Minutes of August 13, 2012 were approved as written.	<i>Minutes approved</i>	<i>Clous/Pope/All</i>
<b>3. Public Comment</b>	Chair Guerena opened the floor to public comment with no response.		
<b>4. National Fetal Alcohol Syndrome Day</b>	<p><b>Lisa Fraser, Executive Director, SLO County Child Abuse Prevention Council</b>, spoke tonight representing “Beginnings of SLO County,” a collaborative of health professionals and community members organized to promote a vision “that SLO County is a community where every child is born free of prenatal exposure to alcohol, tobacco, and other harmful substances.” In recognition of National Fetal Alcohol Syndrome Day on Sept 9, 2012, 4,000 flags were posted in front of the SLO County Courthouse and at Cuesta College Campus Library to raise awareness of the significant number of babies that have been exposed to alcohol during pregnancy since tracking began in 2004. Over 30% of pregnant women screened in SLO County reported using alcohol during pregnancy. According to the Centers for Disease Control, there is no known safe amount of alcohol to drink during pregnancy; small amounts of alcohol can affect fetal brain development and result in Fetal Alcohol Spectrum Disorder (FASD).</p> <p>Ms. Fraser asked the Commission to join their efforts to raise awareness of the consequences of drinking alcohol during pregnancy by referring the public to their website at <a href="http://www.beginningsofslo.org">www.beginningsofslo.org</a> and by sharing the promotional materials that were distributed tonight.</p> <p><b><u>Commissioner Questions/Discussion:</u></b></p> <p><b>Commissioner Guerena</b> asked about other outreach programs they are involved in throughout the year to raise community awareness. <i>(Ms. Fraser talked about some of their ongoing efforts to educate the community, through programs in health classes at the high schools &amp; colleges, educational venues through their partnership with County Drug &amp; Alcohol and Public Health, and a recent roundtable with hospital workers to better understand referrals into child welfare services and drug &amp; alcohol services. They also provide outreach through the media and their website.)</i></p> <p><b>Commissioner Clous</b> asked how the 30% (of pregnant women screened in SLO County who reported using alcohol) compares to other counties. <i>(Ms. Fraser talked a bit about the screening tool that is used and done in cooperation with County Public Health and the OB providers and noted that 16% of women in California who are screened are saying that they used alcohol.)</i></p> <p><b>Commissioner Warren</b> asked about correlation between FASD and children in our schools with learning disabilities. <i>(Ms. Fraser talked about Martha’s Place, the children’s assessment center in San</i></p>		

	<p><i>Luis Obispo, providing assessment and treatment strategies for children at high risk for health and behavioral health problems. She explained the importance of identifying FASD early and working with the families and clinical staff on creating a plan before the child enters the school system with severe learning disabilities and problems that haven't been identified.)</i></p> <p><b>Commissioner Pope</b> confirmed that the "Beginnings" brochure was also available in Spanish.</p> <p><b>Commissioner Smith-Cooke</b> referred to the brochure and asked whose phone number was listed to call "if you can't stop drinking or using, and need help or support to quit." (<i>The phone number 1-800-660-3313 connects to County Drug &amp; Alcohol Services.</i>)</p>		
<p><b>5. Supplemental Nutrition Assistance Program-Education (SNAP-Ed)</b></p>	<p><b>Kathleen Karle, Manager, Health Promotion Division, SLO County Public Health Department,</b> provided a Power Point overview of a new grant they received for SNAP-Ed (Supplemental Nutrition Assistance Program-Education). This is a federal program funded through the USDA, administered by the California Department of Public Health and provides nutrition, education &amp; obesity prevention to low-income households. The interventions must be targeted to CalFresh (Food Stamp) participants or those who are potentially eligible for CalFresh. She talked about some of the challenges in administering the grant and presented a map demonstrating the problem they had in determining site locations.</p> <p>Ms. Karle walked through the objectives and challenges in 2012 (the first year of the grant) and explained that the new four-year grant will be for more money, but will come with more requirements. They will continue with the County Nutritional Action Plan to provide SNAP-Ed education, ReThink Your Drink, nutrition classes, CX<sup>3</sup>, and media outreach, but this year, will add Promotoras and be hiring a full time Program Manager. In 2014, they will subcontract with community partners to help meet grant objectives.</p> <p>Ms. Karle described CX<sup>3</sup>, a part of the grant requirement to look at low income neighborhoods to measure the nutritional environment and to identify opportunities for improvement. Public Health staff collected and analyzed local data looking at neighborhood food stores, fast food outlets, walkability, and food store quality. Key neighborhood findings were that our low income neighborhoods are out-of-balance from a nutrition and health perspective and that making significant changes will be difficult.</p> <p>Ms. Karle announced that the 2012 HEAL-SLO Summit "Building Healthy Communities" will be held on October 19, 2012, 8:30-4:00 pm at the Mountainbrook Church, San Luis Obispo. She commented on the high caliber of the speakers and referred to <a href="http://www.healslo.com">www.healslo.com</a> to register.</p> <p><b><u>Commissioner Questions/Discussion:</u></b></p> <p><b>Commissioner Clous</b> asked about types of pressure that can be put on fast food organizations to deliver more nutritious food. (<i>Ms. Karle explained that large scale change is difficult and many communities start by passing ordinances. She talked about an ordinance that was passed in Santa Clara County prohibiting toys being handed out with "Happy Meals." She explained how it takes advocacy work and getting people involved, but that change happens at the policy level.</i>)</p> <p><b>Commissioner Blonsley</b> expressed concern about need and possible redundancy of services, as well as the cost of developing a program with a five-year life span. (<i>Ms. Karle explained that there is a lot of need in our County. The map shown was to demonstrate that our low income population is not concentrated in one area, but disbursed throughout the county. She provided examples of how this program works together with WIC and the Food Bank to enhance services, with no duplication of services. This is a billed-specific program, billing only for what has been done.</i>)</p>		

	<p><b>Commissioner Quinn</b> questioned why one of the more popular markets in Paso Robles wasn't included in the Paso Robles data. <i>(Ms. Karle explained that this market couldn't be included as part of the assessment because it was across the street from where the census track stops and the state is very strict about borderlines.)</i></p> <p><b>Commissioner Warren</b> asked if there was still a farmer's market in San Miguel, referring to a grant a few years ago with San Miguel Connection. <i>(Ms. Karle advised that currently there is no farmer's market in San Miguel and talked about some of the challenges in a low population area for farmer's markets and small independent markets.)</i></p> <p><b>Commissioner Pope</b> spoke to some of the structural challenges in Paso Robles (with all of the large markets centered on the east side of the river), noting the difficulties for a small market to compete. <i>(Ms. Karle agreed; emphasizing some of the complexities in making change.)</i></p>		
<p><b>6. 2011 Community Health Status Report</b></p>	<p><b>Ann McDowell, Epidemiologist, SLO County Public Health Department</b>, presented a Power Point overview of the 2011 Community Health Status report, an annual report that provides a snapshot of community health indicators, comparing local health status to that of the state, and when available, to the national Healthy People 2010 and Healthy People 2020 objectives. Ms. McDowell walked through the primary sections of the report: 1) Community Overview (covering community profile, low income, uninsured &amp; disabled, education, housing and health care), 2) Maternal, Child, and Adolescent Health (covering prenatal care, births, breastfeeding, teen births, low birth weight, infant mortality, child immunizations), 3) Communicable and Infectious Diseases (with the most frequently reported disease in 2010 in SLO County being Chlamydia, the second most reported disease Chronic Hepatitis C and the third most commonly reported disease Valley Fever), and 4) Leading Causes of Illnesses, Injury or Death (leading causes of death for SLO County residents are cancer and heart disease.) Annual Community Health Status Reports are available on the Health Agency website, or google "sloepidata."</p> <p>Ms. McDowell also referred to a recent report from the Public Health Department on "Leading Causes of Premature Mortality in San Luis Obispo County," showing that the leading causes of premature death in SLO County are accidents, cancer, heart disease and suicides. The preventable causes of accidents and suicides are the greatest causes of premature death in the youth. This report is also available on the Health Agency website.</p> <p><b><u>Commissioner Questions/Discussion:</u></b></p> <p><b>Commissioner Guerena</b> asked why SLO County had a higher percentage of uninsured children. <i>(Ms. McDowell uncertain, noting it was possible that some people aren't taking advantage of all of the programs available.)</i></p> <p><b>Commissioner Warren</b> asked if they are looking at cause of accidents to see how many occurred due to people being under the influence of drugs or alcohol. <i>(Ms. McDowell will be doing a follow-up report that will break down causes of accidents further.)</i> <b>Commissioner Warren</b> commented that she hopes with the changes forthcoming in 2014, that there will be better tracking of this data through the ERs.</p> <p><b>Commissioner Smith-Cooke</b> asked about the 25% of deaths listed as "other." <i>(Ms. McDowell has a more detailed breakdown that she can forward.)</i></p> <p><b>Commissioner Clous</b> asked if anything was being done to combat West Nile Virus in our County, since the per parcel fee was not passed. <i>(Ms. McDowell answered basically "no," but that only one bird has</i></p>		

	<p><i>been found to be infected with WNV in our county this year; and there have only been 2 human cases in our County in all the years they've seen WNV. If a person finds a dead bird, they can call the State WNV hotline and it will be picked up for testing.)</i></p>		
<p><b>7. Health Agency Report</b></p>	<p><b>Jeff Hamm, Health Agency Director</b>, provided an update on the following:</p> <ul style="list-style-type: none"> <li>▪ Budget: The County is in the 5<sup>th</sup> year of reducing services and is beginning to see a “shift” in emphasis on gaps in services and services that aren’t being provided. Dan Buckshi, Assistant County Administrator, will be providing a financial forecast at the October 9, 2012 Board meeting. Between now and when the budget is due in February, the Health Agency will be working on development of a gap analysis, characterizing what they think are the highest priority unmet needs in the community in terms of services that the Health Agency provides. This analysis will be made available to advisory groups and stakeholders, and will better prepare the department to answer questions about reallocation of resources.</li> <li>▪ Affordable Health Care Act (ACA) / Medi-Cal expansion: The County is planning for the Medi-Cal expansion that should occur in January 2014. With the ACA Medi-Cal expansion, the County’s CMSP program would be discontinued and CMSP’s lowest income population will become eligible for Medi-Cal. Those at 133-400% of the poverty level will receive subsidies from the federal government to help offset the cost of their insurance through the Exchange. Mr. Hamm explained that when the County did an evaluation of the Low Income Health Program last year, it was estimated that they spend about 7 million dollars on the delivery of medical care services to the CMSP medically indigent adult population. With this re-engineering and shift of responsibility, the State will expect to retrieve funds from counties. The County will be working closely with County Supervisors Association of California (CSAC) and their legislative advocate in Sacramento to ensure their interests are recognized and protected as a part of this.</li> </ul> <p><b><u>Commissioner Questions/Discussion:</u></b></p> <p><b>Commissioner Del Rio</b> asked what types of gaps in services they have been receiving complaints about. <i>(Mr. Hamm noted a couple -- homeless program services and detox/residential treatment. They will be working with stakeholders, management &amp; staff on development of a gap analysis.)</i></p> <p><b>Commissioner Warren</b> referred to the ACA starting in 2014 and asked if Drug MediCal will be a part of that and about other funding resources that will be gained. <i>(Mr. Hamm talked about the effect of 2011 realignment on Behavioral Health and the additional responsibilities for counties, including Drug MediCal, explaining that they also realized a new stream of revenue to cover those responsibilities. The Jan 2014 MediCal expansion and shift will make it so the County won’t be responsible for those services any longer because those individuals will be covered by Medi-Cal or insurance through the Exchange.)</i></p> <p><b>Commissioner Quinn</b> asked if the County contract with CHC will still be in place once the ACA is implemented and if not, about CHC’s other revenue sources. <i>(Mr. Hamm explained that the contract would no longer be in place, but that CHC’s principle revenue streams are state and federal. CHC will be compensated for the former CMSP patients who become eligible for MediCal as they are now for other MediCal recipients.)</i></p> <p><b>Commissioner Warren</b> asked about the number of CMSP staff that will be affected when the CMSP program is discontinued. <i>(Mr. Hamm explained that there are approx. 12 employees in the CMSP program, some who are also responsible for tracking budget expenditures for the Jail Medical Program.</i></p>		

	<p><i>They have already begun communicating with CMSP staff about transfers to other positions, making sure nobody loses a job.)</i></p> <p><b>Commissioner Warren</b> asked how this would impact the Jail program. <i>(Mr. Hamm explained that the Jail program wouldn't change, but commented that the Jail program is bigger and more complicated now that folks are in County jails for longer periods of time, creating a whole new series of medical care questions to deal with.)</i></p> <p><b>Commissioner Smith-Cooke</b> asked about service complaints regarding Public Health core services. <i>(Mr. Hamm talked about some of the complaints received regarding mosquitoes, restaurant inspections, sanitation issues, but referred to Dr. Borenstein as the Public Health Administrator, who would have a more comprehensive list and be able to better prioritize.)</i></p> <p><b>Commissioner Warren</b> commented that the Health Commission meetings have not been being aired live. <i>(Will look into.)</i></p>		
<b>8. Health Commissioner Updates</b>	<p><b>Chair Guereña</b> reminded anyone interested in attending the Oct 19, 2012 HEAL-SLO Summit "Building Health Communities," to register online at <a href="http://www.healslo.com">www.healslo.com</a>. Space is limited.</p> <p><b>Commissioner Pope:</b> No report.</p> <p><b>Commissioner Smith-Cooke:</b> No report.</p> <p><b>Commissioner Quinn:</b> No report.</p> <p><b>Commissioner Clous:</b> Attended the Tobacco Control Coalition and reported on the great job that the Coalition has done, with three more cities now having smoking ordinances – Morro Bay, San Luis County unincorporated, and Grover Beach. Seven out of eight jurisdictions currently have regulations concerning outdoor smoking. The only city without a current ordinance is Paso Robles. He commended Kathleen Karle and the Tobacco Control Coalition.</p> <p><b>Commissioner Enns:</b> No report.</p> <p><b>Commissioner Warren:</b> No report.</p> <p><b>Commissioner Del Rio:</b> No report.</p> <p><b>Commissioner Sage:</b> Announced an upcoming forum on Domestic Violence to educate service providers. The forum will take place on October 11, 2012 at the SLO Vets Hall . Register online at <a href="http://www.womensshelterslo.org">www.womensshelterslo.org</a>.</p> <p><b>Commissioner Raymond:</b> No report.</p> <p><b>Commissioner Blonsley:</b> No report.</p>		
<b>9. Committee Reports</b>	No committee reports.		
<b>10. Prospective Future Items</b>	<p><b><u>October 15, 2012</u></b> Emergency Preparedness</p> <p><b><u>November 19, 2012</u></b> Commissioner Blonsley reported that he has arranged for the basic program for November.</p>		
<b>11. Adjournment</b>	Motion to adjourn at 8:10 PM	<i>Meeting adjourned.</i>	<i>All</i>