

**SAN LUIS OBISPO COUNTY
HEALTH COMMISSION**

Minutes of Meeting

Monday, April 14, 2014 (County Board of Supervisors Chambers)

Members Present: Lynn Enns (Chair), David Clous, Tracy Del Rio, James Pope, Jean Raymond, Mary Jean Sage, Susan Warren

Members Absent: Ed Guerena, Anne Quinn, Scott Smith-Cooke

Staff Present: Jeff Hamm, Jean White

Speakers: Anne Robin & Frank Warren (County of SLO Behavioral Health)

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order by Chair Enns at 6:00 pm.	<i>Call to Order</i>	<i>Chair Enns</i>
2. Approval of Minutes	Minutes of March 10, 2014 were approved as drafted.	<i>March 2014 minutes approved.</i>	<i>All</i>
3. Public Comment	Chair Enns opened the floor to public comment with no response.		
4. Affordable Care Act: Behavioral Health Outreach & Enrollment	<p>Frank Warren, Behavioral Health Prevention & Outreach Division Manager talked about a recent grant they received through the California Endowment to increase Medi-Cal outreach & enrollment for Behavioral Health populations. They applied for 3.5 years of funding in the amount of \$500,000, but were awarded \$100,000, and will focus on FY 2014-15, beginning July 1, and do a one-year model. They will have one lead worker from Behavioral Health or Public Health with experience in outreach and enrollment and will work with a community based organization that can provide peers to do outreach and be trained to do enrollments. Their specified target populations are persons with mental health disorder needs, persons with substance use disorder needs, homeless persons and persons in post release programs. Their target goal is to provide outreach to 2600 individuals in one year, with an overall goal of 75% enrollment. The other objective is that this be done in a culturally competent language appropriate way that assures those with limited English proficiency have the opportunity to enroll. They are currently putting together the final paperwork for the State and then will go through the Board of Supervisor approval process to get the allocation agreement signed. They will be providing regular reports to the Affordable Care Act Planning Committee that meets monthly at the City/County Library.</p> <p>Anne Robin, Behavioral Health Administrator talked about the ACA and its impact on Behavioral Health. She explained that language has now been changed to more appropriately define their services - "mild, moderate and severe." Traditionally, Medi-Cal has covered only the seriously mentally ill and carved out specialties that the counties have been obligated to provide for. 1991 realignment dedicated some funds to mental health services and 2011 realignment brought a few more services directly under county obligation with a sales tax match. Through the ACA, single adults who meet 138% of poverty level are now eligible for Medi-Cal. Behavioral Health will get 100% of federal dollars for services initially and 90% in two years. On the mental health side, the services they provide aren't changing, but are refocusing on the seriously mentally ill. CenCal Health has contracted with a group to be the broker of mild to moderate services. There are about 40 providers in our county who folks have signed up with to provide that level of care.</p> <p>The new benefit for substance use disorder includes intensive outpatient services, residential treatment and</p>		

	<p>inpatient detox. The current services that the County will continue to provide are “outpatient go free,” school based services, contracts with sober living environments to provide room & board, and a very small detox protocol. State funding for drug & alcohol services over the past 5-8 years has been reduced by 40%, so a new source of income (even though the rates are very low) gives hope that they’ll be able to expand their services. They recently received approval from the County to hire a few extra positions before the new budget year.</p> <p><u>Commissioner Questions/Comments:</u></p> <p>Commissioner Clous asked how staff will provide outreach to these 2600 individuals. <i>(Mr. Warren advised that they will go where these individuals are – to clinic sites & partner agencies, such as Transitions, Prado Day Center).</i></p> <p>Commissioner Enns asked if County Mental Health will see any relief in terms of staff time with the new expanded services in Medi-Cal. <i>(Ms. Robin explained that the newly expanded benefit for mental health related to mild or moderate services may provide some relief to their staff because it will allow them to focus more on the seriously mentally ill.)</i></p> <p>Commissioner Warren asked about their contracts with sober living houses. <i>(Ms. Robin clarified that they only provide clients funds to pay for help in sober living environments and their only source of funding is for those clients that come to them through the courts. There are very few residential treatment facilities in the state because the current rate structure does not pay enough if there are fewer than 16 beds and if the facility has over 16 beds, you can’t bill Medi-Cal.)</i></p> <p>Commissioner Warren asked if being able to bill Medi-Cal will help pay for sober living environments. <i>(Ms. Robin explained that Medi-Cal will only for services. Room & board services are cut out.)</i></p> <p>Commissioner Warren asked how other counties address this. <i>(Ms. Robin explained that they are in the same situation (when you are talking sober living environments, you are talking rent). If they have any unspent dollars, or in some counties that have more expanded services, like larger perinatal services, they may have some capacity. But, overall, the state has lost 40% of funding, and there is no more Prop 36 funding. The state and providers have struggled to maintain services.)</i></p> <p>Commissioner Raymond asked if there has been any talk at the state level about increasing the tax on alcoholic beverages and using that money to fund treatment. <i>(Ms. Robin advised that several bills have been brought forward to increase tax on alcoholic beverages but have been squashed down.)</i></p> <p>Commissioner Raymond asked how referrals are received and prioritized. <i>(Ms. Robin explained that for mental health, clients come from walk in services, 800 number, outreach services, referrals from jail staff, recovery services. For substance use disorder they also have an 800 number, walk ins. Substance use disorder services have been forensically designed or funded in recent past, so they had a number of treatment courts. They also have a full time staff person in the Jail for providing alcohol & drug services. Government will never meet the need for all of the people, however their contract with the State is to provide certain stipulated services for the seriously mentally ill as resources allow. For Drug & Alcohol, the main agreements they have are with the treatment courts. Right now, there is a bit of a wait list for drug & alcohol services.)</i></p> <p>Commissioner Warren asked about services that are currently being providing. <i>(Ms. Robin listed some of the services for Mental Health: outpatient youth services, Martha’s Place, sober schools, early periodic screening treatment & diagnosis, educationally-related services, SAFE program, noting there</i></p>		
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	<p>are a number of case programs. Mr. Warren advised that Drug & Alcohol has two full time staff that run the Youth and Family Treatment. With Medi-Cal expansion, also comes an initiative to get more Drug Medi-Cal certified locations.)</p> <p>Commissioner Enns asked about new programs. (Ms. Robin advised they will be building the alcohol & drug treatment program for youth and that there is a new process by which Behavioral Health is working with DSS to identify kids that are at risk for or in foster care who need integrated family services.)</p>		
<p>5. Health Agency Report</p>	<p>Jeff Hamm, Health Agency Director, reported on the following:</p> <p>ACA Outreach & Enrollment: With the ACA, Jail inmates can be enrolled in Medi-Cal. The County is working with the Department of Social Services on a Jail inmate program specifically for Medi-Cal enrollment, with the principle objective being to ensure they are enrolled when they are released from Jail.</p> <p>Public Health Week (4/7-4/12): The Board of Supervisors adopted a resolution last Tuesday recognizing Public Health week. Public Health staff were out in the community at numerous farmer’s markets and food distribution centers to talk about the work they do and invited community members to post pictures of healthy activities on Facebook and Instagram pages.</p> <p>Public Health Response to Diablo Canyon Study: Dr. Borenstein issued a press release last week announcing the availability of the Public Health Department’s response refuting the claims made in a report issued by World Business Academy of Santa Barbara that living near Diablo Canyon Nuclear Power Plant increases the likelihood of cancer. After a thorough review of the report, the Public Health Department, working with the State Cancer Registry, concluded that the methodologies used in the study were flawed and officially discredited the report.</p> <p>Health Agency Budget FY 2014-15: The County Administrative Office has informed the Health Agency of what will be recommended for FY 2014-15. One of the most significant individual budget augmentation requests that was submitted was to add positions to increase capacity to serve individuals with substance use disorders who are now eligible for Drug Medi-Cal. They have received approval to start recruiting for 5 positions to be ready to go July 1. On the Public Health side, there are two proposals that will be recommended for funding - a ¾ time Physical/Occupational Therapist in the California Children’s Services (CCS) Program and an additional Supervising Correctional Nurse at the Jail.</p> <p>Commissioner Enns asked if the County Behavioral Health provides psychiatric help at the Jail. (Ms. Robin advised that they provide a total of 16 hours per week, split by two contract psychiatrists. Mr. Hamm added that psychiatrist recruitment and retention is a huge problem, and so significant, that they went to the Board of Supervisors last month and recommended that the Board approve a 20% increase in compensation for staff psychiatrists.)</p>		
<p>6. Health Commissioner Updates</p>	<p>Commissioner Sage: The Preventive Health Grant CBO committee completed their recommendations and will forward to the Board of Supervisors for consideration at the budget hearings in June. Approx. one million dollars in funding was recommended (for approx. 50 agencies).</p> <p>Commissioner Clous and Commissioner Pope: Reported on a recent review they completed of the County Agriculture Department’s Pesticide Use Enforcement Program. The review showed that there is a trend towards a lower toxicity volume and usage in pesticide usage and that there has not been an identified pesticide exposure by a regulated applicator documented during for FY 2011-13. Identification of schools and day cares and their adjacent properties will be a focus area in 2014. Also, identification of future opportunities that will encourage growers to read all new (updated) product labels, and emphasis on</p>		

	<p>employer safety training responsibilities will be focus areas in 2014. The review showed that the Ag Department's work is delivering desired results mitigating the potential of toxic exposures. They will be writing a report to Janice Campbell at the County Agriculture Dept. within the next couple of weeks. No further updates.</p>		
7. Committee Reports	<p><u>Nominating Committee:</u> Commissioner Sage announced that the Health Commission is still recruiting for new commissioners. Applications are available by calling 781-5520 or on the Health Commission's website at http://www.slocounty.ca.gov/health/publichealth/healthcommission.htm. No further committee reports.</p>		
8. Prospective Future Items	<p><u>May 2014</u> ACA Update – Joel Diring Medical Marijuana Card Program Syringe Exchange Program (<i>rescheduled to June 2014</i>)</p> <p><u>Future Topics:</u> Health Effects of Fracking (<i>June or August 2014</i>) Presentation from Healthy Communities students (<i>June 2014</i>)</p>		
9. Adjournment	<p>Meeting adjourned at 7:05 pm.</p>	<i>Adjournment</i>	<i>All</i>