

**SAN LUIS OBISPO COUNTY
HEALTH COMMISSION**

Minutes of Meeting

Monday, November 17, 2014, 2014 (County Board of Supervisors Chambers)

Members Present: Lynn Enns (Chair), Corliss Campbell, Robert Campbell, Claire Grantham, James Pope, Jean Raymond, Mary Jean Sage, Scott Smith-Cooke, Susan Warren

Members Absent: David Clous, Kris Kington-Barker

Staff Present: Penny Borenstein, Jean White

Speakers: Jean Raymond, RN, MSN, CHF Program Coordinator, Dignity Health

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order by Chair Enns at 6:00 pm.	<i>Call to Order</i>	<i>Chair Enns</i>
2. Approval of Minutes	Minutes of October 20, 2014 were approved as drafted.	<i>October 2014 minutes approved.</i>	<i>All</i>
3. Public Comment	Chair Enns opened the floor to public comment with no response.		
4. Presentation: <ul style="list-style-type: none"> • POLST • Advanced Healthcare Directives 	<p>Jean Raymond, RN, MSN, CHF Program Coordinator, Dignity Health, distributed copies of the POLST form (Physician Orders for Life-Sustaining Treatment) and the Advanced Health Care Directive and presented a Power Point overview that explained the differences between the two. She also distributed a handout “Advance Care Planning Continuum,” showing at age 18, a person should begin the “conversation” by completing an Advance Healthcare Directive, updating the Advance Directive periodically, and then if diagnosed with a serious or chronic, progressive illness (at any age), talk to their physician about completing a POLST form. Ms. Raymond emphasized the importance of an ongoing “conversation” over the years with one’s healthcare decision maker, family, and healthcare provider.</p> <p>The POLST document (printed on bright pink cardboard stock paper) is meant to serve as a physician order that enables chronically ill or terminally ill to specify the treatments (CPR, medical interventions, and nutrition) that they do or do not want to receive toward end of life. Completing a POLST form is voluntary; however, California law requires that once the form is completed, it must be followed by all health care providers. The POLST document is recognized throughout California and is meant to accompany you from home to any health care setting where care is provided. Effective, October 1, 2014, the POLST was updated and now is part of the minimum benefit assessment tool that is used in skilled nursing facilities at intake.</p> <p>The POLST does not replace the Advance Health Care Directive, but compliments it. They are both legal documents. POLST is for the seriously ill/frail at any age; Advanced Health Care Directive is for anyone 18 years and older. POLST is physician orders for medical treatment; Advanced Health Care Directives are general instructions for treatment. POLST must be signed by you (or your agent) and your physician; the Advanced Health Care Directive appoints the decision maker.</p> <p>To complete a POLST: talk to your doctor about what kind of medical treatment you would want if you became seriously ill and talk to your family about your decisions. The original pink POLST stays with you. At home, it should be posted in an easy to find location (with Advanced Care Health Directive) for emergency medical services. At hospital or skilled nursing home, it will be filed in medical chart (with</p>		

	<p>Advanced Care Health Directive) and will go with you if you are transferred. A POLST can be changed at any time. If you cannot speak for yourself, your healthcare decision maker may request a change based on a change in your condition or new information about your wishes.</p> <p>The Coalition for Compassionate Care of California (CCCC) is the lead agency for POLST in California. The next meeting of the local POLST Coalition is January 13, 2015, 3:00-4:30 at Hospice SLO. Both Commissioner Raymond and Commissioner Kington-Barker are trained trainers. There are a lot of great resources available at www.caPOLST.org.</p> <p>Commissioner Sage referred to the new assessment benefit for skilled nursing facilities and asked about hospitals. <i>(Ms. Raymond advised that many hospitals have palliative care programs/nurses and through those programs are having the conversation with patients.)</i></p> <p>Commissioner Sage asked if the Coalition will be providing education to physicians and providers. <i>(Ms. Raymond advised that the first presentation to healthcare providers was in 2009 and there were about 10 physicians in attendance. The last educational update included CMEs for physicians and was very well attended. The State Coalition is looking into putting together an online training.)</i></p> <p>Commissioner Sage asked where persons could obtain the Vial of Life. <i>(Hospital ERs, most senior centers, www.centralcoast seniors.org or by calling HICAP at 800-434-0222.)</i></p> <p>Commissioner Smith-Cooke asked if any advantage to using an attorney to complete these forms. <i>(Ms. Raymond advised that it is not necessary to use an attorney; anyone can go online and download an Advanced Healthcare Directive. It does not need to be notarized if you have two witnesses. If in a skilled nursing facility, the Ombudsman Office will be called to witness.)</i></p> <p>Commissioner Smith-Cooke asked about the new standalone procedure code for Medicare. <i>(Commissioner Sage advised that the code is brand new for 2015 and shouldn't be used yet. She will be attending a seminar regarding the new coding changes this week. The end of life planning element was taken out of the annual wellness visit and is now being seen as a standalone service.)</i></p>		
<p>5. Health Agency / Public Health Report</p>	<p>Penny Borenstein, MD, Health Officer, reported on the following:</p> <ul style="list-style-type: none"> • The Emergency Medical Services Agency (EMSA) falls within the Public Health Department's jurisdiction and there has been a lot of talk amongst stakeholders about how best to get information out and make POLSTs available. • Public Health has been working with EMS field providers, hospital providers and the outpatient arena to provide guidance on Ebola. This includes Public Health being in the assessment role before any clinical care is delivered, unless a patient were to be in urgent need of acute care. Public Health has the ability to know ahead of time if anyone is at risk from having travelled and would be monitoring such individuals on a daily basis. Providers are asked to call the Public Health Department so appropriate arrangements can be made in such circumstances. • EMSA Director, Steve Lieberman, left employment with the County effective last Friday and is now working as Fire Chief with Five Cities Fire Authority. Public Health is in the process of recruiting for a new EMS Director. • The County just launched a new online job application system, called NeoGov. The new system will allow management to track the entire application process, from submittal of the application to signing the paperwork at the time of employment. Any new jobs posted today forward will be in the new 		

	<p>system.</p> <ul style="list-style-type: none"> • The Public Health Department has a new Maternal & Child Health Director, Sandy Miscovich, who started last week. Her first order of business will be to conduct the MCAH 5 Year Needs Assessment. • Public Health has been making big efforts in the social media arena, beginning with a Facebook page in 2010 (with 667 Facebook followers), a Twitter Account (300 followers), an Instagram Account with 80 followers and YouTube. Dr. Borenstein distributed a flyer listing all of the different accounts as well as providing information on Public Health’s mission and scope of responsibilities. 		
<p>6. Health Commissioner Updates</p>	<p>Chair Enns: No update.</p> <p>Commissioner Smith-Cooke: No update.</p> <p>Commissioner Warren: Reported that the Homeless Services Oversight Council will be meeting this Wednesday, 1-3pm, at the Vets Hall in SLO. They are currently planning for the January 2015 homeless count (census & survey project) to gather data regarding homeless individuals/families. Commissioner Warren suggested inviting a representative to provide an update on the housing (successes/needs) for the top 50 homeless persons from the 50Now Campaign.</p> <p>Commissioner Warren also referred to an article in <i>the Tribune</i> about a new Behavioral Health facility that is being proposed across the street from Twin Cities Hospital in Templeton. Currently, there are town hall meetings being conducted, one with the Templeton Advisory Committee scheduled on Thursday, November 20, 7PM at Vineyard Elementary School. She suggested inviting representatives from Vizion Health LLC to speak to the Health Commission about their program. The project is slated to go before the Board of Supervisors in early 2015. Commissioner Warren suggested that the Health Commission may want to offer a letter of support.</p> <p>Commissioner Corliss Campbell: No update.</p> <p>Commissioner Grantham: Attended the PHEPAC (Public Health Emergency Preparedness Advisory Committee) meeting where a lot of the discussion revolved around Ebola. A number of drills have taken place in the county: In October, a Pediatric tabletop drill on Enterovirus. In November, an Ebola tabletop drill. This week, a statewide medical health drill on Infectious Disease and Ebola. And, in December, a Chempack drill is scheduled.</p> <p>Commissioner Sage: Reported that she will be out of town for the next Domestic Violence Task Force meeting and Commissioner Robert Campbell will attend in her place. She attended the quarterly HEAL SLO meeting where Cal Poly Kinesiology students presented the results from the Childhood Obesity survey, with no significant changes from the report four years ago. The full report will be available online. Commissioner Sage also attended the Healthy Communities meeting (a subcommittee of HEAL SLO), and starting in January, they will begin public service announcements on Climate Change to educate the community about the effects of climate change on health. She suggested inviting Kathleen Karle to present on this. At the meeting, there was also a presentation on the results from the studies that were done in Cayucos and Oceano by the two student interns. Two programs are underway as a result: In Cayucos, they are working on a safe route to schools program for children who walk to school; and in Oceano, they started to work on a fitness park program (which has been put on hold, but hopefully will get picked up again).</p> <p>Commissioner Robert Campbell: No update.</p> <p>Commissioner Pope: No update.</p> <p>Commissioner Raymond: Attended the Adult Services Policy Council meeting where there were two</p>		

	<p>guest speakers: 1) Jeff Brubaker, Transportation Planner, San Luis Obispo Council of Governments, who talked about SLOCOG's application for a grant from Caltrans to fund a Regional Plan for Age-Friendly Communities to improve the safety and options for senior travel in SLO County; and 2) Gari Cave, Sr. Assembly Member from the California Senior Legislature, who represents citizens who are 60 years of age or older by developing legislative priorities on issues that impact seniors.</p>		
7. Committee Reports	No committee reports.		
8. Prospective Future Items	<p><u>December 8, 2014</u></p> <ul style="list-style-type: none"> Retreat/Planning Meeting / Location: SLO County Health Department 		
9. Adjournment	Meeting adjourned at 7:05pm.	<i>Adjournment</i>	<i>All</i>