



SAN LUIS OBISPO COUNTY HEALTH COMMISSION

July 18, 2016

Health Commission Retreat / Planning Meeting SLO County Public Health Department

Members Present: Mary Jean Sage (Chair), Robert Campbell, David Clous, Claire Grantham, Kris Kington-Barker, Jean Raymond, Tamar Sekayan, Scott Smith-Cooke, Susan Warren, Candace Winstead
Members Absent: None
Staff Present: Penny Borenstein, Jean White

1. **Call to Order**

Meeting called to order by Chair Sage at 6:00 pm.

2. **Introduction of New Commissioner**

Tamar Sekayan, new consumer representative on the Health Commission, introduced herself.

3. **Public Comment**

Chair Sage opened the floor to public comment with no response.

4. **Dinner Break**

Commissioners adjourned for a 15 minute dinner break at 6:10 pm.

5. **Commissioner Announcements and Updates**

Chair Sage distributed a copy of a Power Point overview of the Brown Act, previously presented to the commission by County Counsel. She reminded commissioners that the Brown Act prohibits a majority of members of a legislative body from using a “*series of communications of any kind, directly or through intermediaries, to discuss, deliberate, or take action on any item of business that is within the subject matter jurisdiction of the legislative body.*” She emphasized to be particularly cautious when replying to all commissioners in an email. County Counsel previously suggested using “bcc” when sending emails to multiple commissioners to not allow for recipients to “reply to all” and start a discussion.

Chair Sage reminded commissioners to give notice via email or phone if they cannot make a meeting.

Commissioner Raymond provided a recap of some of the ideas and issues raised at the Community Education Committee meeting on April 26, 2016:

1. Investigate options to establish communication pathways with Board of Supervisors
2. Improve Health Commission web page
3. Improve public awareness of Health Commission
4. Find out how many view live video of meetings and how many view archived meeting videos
5. Deliver quarterly print Public Health Bulletins to commissioners

Commissioners discussed ideas and the following action items were agreed upon:

1. Chair Sage and Jean White will draft a letter to each of the Board of Supervisors inviting two topics of importance to them.
2. Twice a year, will ask Jennifer to Shay to post a link on the Public Health homepage to boost Health Commission, with a “click here” button that will lead to Health Commission page with agenda topics and email options. Improvements will be made to Health Commission page.
3. Health Commission meetings will be posted in the Quarterly Public Health Bulletin and on Facebook.
4. Commissioner Grantham will follow up with Nancy at AGP Video for data on viewership.

Other ideas offered for consideration:

Chair Sage suggested that the commission might consider doing a project in the community to bring more awareness about the commission to the public. Commissioner Sekayan suggested a type of “road show.”

Commissioner Warren suggested announcing meetings and gaining input on topics of interest at collaborative meetings. Commissioner Clous suggested emailing the Board members a synopsis of the programs presented to the commission. Will discuss further at the December Planning meeting.

6. Discussion of Health Commission Agenda Topics

Agenda topics were discussed and proposed for Aug 2016 - Jan 2017.

Commissioners will take the lead in coordinating programs and speakers for their respective agenda topics of interest.

| Month | Topic(s) | Lead |
|------------|---|----------------|
| 08/08/2016 | <ul style="list-style-type: none"> • Pesticide Use Enforcement Program – AG Dept. • South County Air Quality – APCD • Zika Update – Dr. Borenstein as part of her report | White |
| 09/12/2016 | <ul style="list-style-type: none"> • Reproductive Health -- Planned Parenthood and Public Health Reproductive Health program | Clous |
| 10/17/2016 | <ul style="list-style-type: none"> • Gaps in Medicare – what insurance doesn't pay for • Importance of Advanced Health Directive | Kington-Barker |
| 11/14/2016 | <ul style="list-style-type: none"> • Overuse of Antibiotics – Dr. Ritter or Dr. Holland • Hep C Grant update – David Kilburn | Grantham |
| 12/12/2016 | <ul style="list-style-type: none"> • Planning Meeting | All |
| 01/09/2017 | <ul style="list-style-type: none"> • Community Foundation Update • Presentation on Action for Healthy Communities | Kington-Barker |

The Commission will hold another planning meeting in December to review topics for Feb 2017 - June 2017, with the following topics offered by commissioners for consideration:

- Opioid Overdoses / Opioid Safety Coalition / Suicide Prevention
- End of Life Option Act (Monning)
- Pediatric Dental Care -- (big topic at Oral Health Coalition & First 5)
- Cocci – (Spring)
- Patient Navigation / Coordinated Care
- Oncology
- Family Violence
- Bullying – invite schools (Lead: Sekayan)
- PHEPAC / Chempak / Preparedness – Liz Merson/Ron Alsop (Lead: Grantham)
- Navigating through assisted living
- Misuse of medication for the elderly

7. Appointments to Health Commission Standing Committees

Commissioners selected committees as below:

| Legislative | Budget | Nominating | Community Ed |
|-----------------------------|-----------------------------|------------------------|-----------------------------|
| Jean Raymond (Chair) | Scott Smith-Cooke (Chair) | Claire Grantham Chair) | Kris Kington-Barker |
| Tamar Sekayan | Robert Campbell | David Clous | Robert Campbell |
| Susan Warren | Susan Warren | Jean Raymond | David Clous |
| | | | Scott Smith-Cooke |
| | | | Candace Winstead |
| Mary Jean Sage (ex-officio) | Mary Jean Sage (ex-officio) | | Mary Jean Sage (ex-officio) |

Dr. Borenstein will forward CHEAC legislative updates to Legislative Committee members for review of bills of specific interest.

8. Review & Assignment of Health Commission liaisons to other County advisory bodies

Liaison assignments were reviewed and selections were made. A copy is attached.

9. Adjournment

The meeting was adjourned at 9:40 pm.