

**SAN LUIS OBISPO COUNTY
HEALTH COMMISSION**

Minutes of Meeting

Monday, April 11, 2016 (County Board of Supervisors Chambers)

Members Present: Kris Kington-Barker, Robert Campbell, Claire Grantham, Jean Raymond, Mary Jean Sage, Scott Smith-Cooke, Susan Warren, Candace Winstead
 Members Absent: David Clous, Lynn Enns
 Staff Present: Dr. Penny Borenstein, Jean White
 Speakers: Lisa Fraser (Center for Family Strengthening)

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order by 6:00 PM by Commissioner Raymond. Chair Enns is absent tonight.	<i>Call to Order</i>	<i>Commissioner Raymond</i>
2. Approval of Minutes	Minutes of March 14, 2016 were approved as drafted.	<i>March 14, 2016 minutes approved.</i>	<i>All</i>
3. Public Comment	Commissioner Raymond opened the floor to public comment with no response.		
4. Presentation: Trauma Informed Care / San Luis Obispo Conference: Expected Outcomes and Connection to Child Abuse Prevention	<p>Commissioner Warren introduced tonight’s program and speaker.</p> <p><i>Lisa Fraser, Executive Director, Center for Family Strengthening (CFSSLO)</i>, provided background information on the upcoming training: <i>A Trauma Informed SLO</i>, April 15th, 8-4pm, at Cuesta College, featuring Gabriella Grant, Executive Director, California Center of Excellence for Trauma Informed Care. The training will provide education for trauma informed programs, practices and policies and is appropriate for service providers from social service organizations, behavioral & mental health programs, criminal justice agencies, and family strengthening organizations. To date, 300 persons are registered.</p> <p>Ms. Fraser continued her presentation with a Power Point overview that defined trauma and the destructive effects of trauma on the health status of children and adults, including physical, emotional, sexual abuse; neglect; discrimination; and violence. She explained how the landscape of trauma is pervasive and how it has a significant impact on the development, health & well-being of children and adults, and impacts the entire community. Adopting trauma informed care is becoming a standard practice and is based on a medical model that improves patient engagement, enhances outcomes and reduces excessive cost in health care & social service systems. The event on April 15th will build on local knowledge, local expertise, and local leadership to produce strategies that are culturally relevant and appropriate. The training is not about individual one-on-one treatment for an individual, but community approaches and what we are doing in the culture of our organizations and community to build a trauma informed community. Ms. Fraser listed some of CFSSLO’s programs that have been “victories for prevention,” including Parent Connection, Postpartum Depression Support, Kidz Toolbox for Personal Safety, Beginnings of SLO, Promotores Collaborative, Advisory Community Board for Nurse-Family Partnership, & Partnership for Excellence in Family Support.</p> <p>Commissioner Smith-Cooke asked about CFSSLO’s year-to-year operational revenue source. <i>(Ms. Fraser explained they are a non-profit organization, originally formed as the SLO County Child Abuse Prevention Council in 1987. In 2001, they had a budget of \$40,000 and today their budget is approximately \$350,000 from grants, contracts with the State, and community donations.)</i></p> <p>Commissioner Kington-Barker asked about implementation of ideas that come out of the training. <i>(Ms. Fraser explained there is an organizational assessment tool that is included in the training materials and</i></p>	<p><i>A copy of Ms. Fraser’s Power Point presentation is filed with the official record of this meeting.</i></p>	

	<p><i>will be a part of the call to action steps that will take place at the end of the day.)</i></p> <p>Commissioner Kington Barker asked if it is known how many of those registered are line staff, noting the importance of looking at the entire inventory of the organization -- how clients are served from the moment they walk in, to how people answer the phone, to how hours of service are provided. <i>(Ms. Fraser doesn't have info on line staff attendees, but agreed training needs to be inclusive of all persons.)</i></p> <p>Commissioner Raymond asked if there was still space available and the cost. <i>(Ms. Fraser advised there is limited space; cost is \$40.00 w/snack & lunch included; \$50.00 for those who require CEUs.)</i></p> <p>Commissioner Raymond asked if the training would be recorded. <i>(Cuesta College has that capability, but they are waiting to hear back if they will be able to record.)</i></p> <p>Commissioner Sage would be interested in hearing more post conference about the number of registrants from a community approach vs. individual approach. <i>(Ms. Fraser will report back to the Commission.)</i></p> <p>Commissioner Sage asked how many Promotores are a part of their collaborative. <i>(Ms. Fraser advised that they currently have 45 and just did an orientation for another 10. Five Promotores have been invited and trained as certified interpreters in Mental Health Services and will be serving the North County Clinics, Atascadero, SLO Clinic and South County clinic.)</i></p> <p>Commissioner Winstead asked about types of data collection at the training. <i>(Ms. Fraser explained that they will use feedback from the evaluation/satisfaction survey as a baseline and will be mindful of ways to systemize that data.)</i></p> <p>Commissioner Campbell asked how the Health Commission could help advance their cause. <i>(Ms. Fraser suggested they come back to the Commission and report on their findings, talk about next steps and how the Commission could provide support. First, they need to create a platform that will make it easier for communications with the community.)</i></p> <p>Commissioner Warren asked if medical community and policymakers were invited to the training. <i>(Ms. Fraser advised that the invitation was open to policymakers and they will be communicating with them on their findings and progress. Hospitals will be one of the next steps.)</i></p>		
<p>5. Health Agency / Public Health Report</p>	<p>Dr. Penny Borenstein, Health Officer, reported on the following:</p> <ul style="list-style-type: none"> • CURES System: The CURES system (a California system) allows providers to look up the controlled substance prescription history of an individual patient. CURES was to be mandated as of January 1, 2016, but has been pushed back to July 1, 2016. • Opiate Safety Coalition: has been getting the word out to providers about safe prescribing actions. • Community Based Hands-On CPR: Dr. Borenstein followed up on a question asked at a previous meeting about whether there was a master calendar for Community Based Hands-On CPR. The only place this is calendared every week is at the Thursday Night Farmer's Market, but they continue to train thousands of people at other community venues. • National Public Health Week: Last week was National Public Health Week and staff was recognized with a continental breakfast. • OutsideIn SLO: The climate change and health awareness effort that was piloted a couple of years ago recently won an award from the National Association of County and City Health Officials. Kathleen Karle will be receiving the award in Phoenix in July. <p>Commissioner Grantham asked about Zika Virus being in the news that it is "worse than anticipated." <i>(Dr. Borenstein explained that Zika Virus is continuing to spread unabated in Latin American and the Caribbean. She explained that it is fairly non-threatening unless you are pregnant. The other health effect that is now being recognized is an autoimmune syndrome that can have longer term effects. There</i></p>		

	<p><i>are vector mosquitoes that exist in about 12 counties in California and there is ongoing surveillance. San Luis Obispo is not one of the 12 counties. There are educational campaigns at the federal, state and local level about ways you can protect yourself from mosquitoes.)</i></p>		
<p>6. Health Commissioner Updates</p>	<p>Commissioner Raymond attended the Adult Services Policy Council where speaker Grace McIntosh from CAPSLO talked about the Needs Assessment and the importance of the input, and speaker Biz Steinberg talked about the ACTION for Healthy Communities survey. Anyone who knows of community key informants who are knowledgeable about the population of older adults or persons with disabilities should forward contact information to Fred Monroe to be contacted about their needs in the community.</p> <p>Commissioner Kington-Barker reported that the California Coalition for Compassionate Care granted money to the San Luis Obispo Coalition for Compassionate Care to reach out to faith leaders in the community to find ways of communicating with members of their parishes and their community about advance health care directives and end of life discussions. A training will be offered at no cost on April 15th, 9-12 noon, sponsored at Dignity Health at French Hospital’s Education for Learning Center, with a panel of speakers from backgrounds in ministry and health care. Registration is online at PartnersinCaring@eventbrite.com.</p> <p>Commissioner Grantham attended the Public Health Emergency Preparedness Advisory Committee meeting where 1) Dr. Beebe, PH Laboratory Director advised they have expanded testing panels to other areas (RVP-Resp virus and GPP-Gastro pathogen). He also advised that they will be doing some Ebola drills at local hospitals to keep them in a ready state. 2) Public Health Emergency Preparedness group is currently working on their grant funding with the State. 3) Lastly, there was a presentation on Healthcare Service Recovery Assessment.</p> <p>Commissioner Sage attended the Oral Health Coalition meeting and distributed a package from the meeting that included a press release from the Little Hoover Commission re a study they did on the Denti-Cal Program that found it was “troubled.” As a result of the investigation, there is some grant money becoming available by the State and Federal government for some dental pilot programs. The Oral Health Coalition is looking in the area of “innovation” and how they might apply. Commissioner Sage also distributed a brochure on an upcoming fundraiser for the Tolosa Children’s Dental Center in June at the San Luis Country Club. Registration information on the back of the brochure. Lastly, Commissioner Sage reported that the CBO Preventive Health Grant Committee submitted their final recommendations for consideration by the Board of Supervisors at budget hearings on 6/15.</p> <p>Commissioner Campbell reported that he is the liaison with the First 5 Commission. The Commission is getting close to the end of their strategic planning process, with emphasis on early childhood, particularly in terms of screening for developmental, behavioral or social delays, incorporated with family education programs. There is concern about community funding with decreased tobacco settlement funding.</p> <p>Dr. Borenstein added that on Tuesday, April 19th, 5-8 pm, First 5 SLO will be holding its annual <i>Hands on Heroes and Champions on Youth</i> at Mountainbrook Community Church. More information and a list of award recipients are available at First5slo.org.</p> <p>Commissioner Warren reported that she has been attending the Homeless Services Oversight Council (HSOC) Housing Committee meetings and that the County has an opportunity to apply for some federal Emergency Solutions Grant funding passed through the State. An RFP has been put out. They have also had a couple of programs over the last few months on home sharing, with speakers from different areas in</p>		

	the state reporting on the success of their home sharing programs (some operating for over 25 years). Commissioner Warren updated that the Paso Robles City Council voted to form a North County advisory group on homelessness. Also reported that tomorrow there will be a hearing at the Board of Supervisor's meeting on the 2015 Action Plan for Homeless Services.		
7. Committee Report	The Community Education Committee will meet on Tuesday, April 26 th with Jennifer Shay, Sr. Public Health Analyst, to talk about Health Commission "messaging," basically brainstorming on ideas, tools, methodologies for outreach and communications. Commissioner Sage announced that there is an opening on the commission with the recent resignation of Commissioner James Pope. The Nominating Committee recently interviewed candidates and will be bringing a recommendation forward to the commission.		
8. Prospective Future Items	<u>May 9, 2016:</u> Veteran's Services <u>June</u> Cancer Stats / Cancer Resource Centers		
9. Adjournment	Meeting adjourned at 7:15 pm.	<i>Adjournment</i>	<i>All</i>