

**County of San Luis Obispo
HEALTH COMMISSION**

Minutes of Meeting

Monday, September 12, 2005 (Old Board of Supervisors Chambers)

Members Present: Lynn Enns (Chair), Penny Chamousis, Deborah Donnelly, Pam Heatherington, Tom Hale, M.D., Sara Horne, James Mase, M.D., Donald Pinkel, M.D., Susan Warren
 Members Absent: Jan Hicks, David Odell
 Staff Present: Greg Thomas, M.D., Jean White (recorder)
 Speakers: Amy Gilman, Beth Suman, Dayna Ravalin, Julie Andrews Scott, Judy Stevens, Linda Hogoboom, Mary Oates, Yukie Nishinaga

Agenda Item	Discussion	Action	Who/When
1. CALL TO ORDER	Meeting called to order by Chair Enns at 6:05 p.m.		
2. INTRODUCTION OF NEW HEALTH COMMISSIONERS	Chair Enns introduced the two new Health Commissioners, Deborah Donnelly and James Mase, M.D.		
3. APPROVAL OF MINUTES: JUNE 13, 2005 & AUGUST 11, 2005	Minutes of June 13, 2005 were approved as written. Minutes of the August 11, 2005 were approved with one correction. Commissioner Pinkel corrected the future agenda items to add Tri-Care, the Department of Defense health care plan for families of US military on active duty and for retired US military and dependents.		1 st – Hale 2 nd – Horne Approved – All
4. PUBLIC COMMENT	<p>Joel Diringer, member First Five Commission and Children’s Health Initiative of SLO, announced that the Children’s Health Initiative has begun enrollment and coverage of uninsured children in the County. 120 children have been enrolled into the new Healthy Kids Program as of the beginning of Sept. He also asked the Health Commission to support AB 772, Universal Coverage for Children.</p> <p>Mark Phillips, spoke regarding the GE Task Force and asked that the Legislative Committee meet to discuss legislation regarding labeling. He would also like to talk to the Commissioners involved in the selection process about the rationale for rules that preclude forming opinions and the selection process used.</p> <p>Elizabeth Johnson, spoke regarding the GE Task Force and made recommendations on what action should be taken in regards to the task force. She asked to disband the task force and create a more representative group.</p> <p>Teresa Campbell, talked about the AP Biology lab experiments that are being held at a local high school. She expressed concern about the materials to which the children are being exposed.</p>	<p>Handout: AB 772</p> <p><i>Copy of Public Comment</i></p> <p><i>Copy of Public Comment</i></p> <p><i>Copy of Public Comment</i></p>	

<p>5. CHILDHOOD OBESITY PRESENTATION</p>	<p>Amy Gilman, Gold Coast Collaborative, gave an overview of the childhood obesity and prevention program in San Luis Obispo County. She discussed the causes and consequences of the epidemic of overweight and obese children. She presented data regarding the health and habits of children in the County.</p> <p>Beth Suman, Gold Coast Collaborative, talked about the role of the government and how other counties have responded to childhood obesity. She gave examples of their recommended actions on how to address community environments to promote healthy living. SLO County Gold Coast Collaborative is a local group with 20 members who meet regularly to discuss what is being done in our County.</p> <p>Dayna Ravalin, R.D., Maternal and Child Health, talked about the activities she is involved in with the MCH Program and the Health Department’s direct services for overweight children. MCH 5 Year Plan Objective is “By June 30, 2009 decrease the percentage of children over 85th percentile BMI for age by 5%.”</p> <p>Julie Andrews Scott, EOC Headstart & Childcare Resource Center, spoke about the EOC Child Care Food Program, a program that helps ensure that children in child care programs (both home based and center based) receive healthy and nutritious meals. They also support the efforts of the Garden Program and have a Nutrition and Fitness Policy at EOC to help improve the health and well-being of their employees.</p> <p>Judy Stephens, Lucia Mar School District, spoke about the nutrition standards for the National School Lunch Program, menus for their Reimbursable Meal Program at the Elementary, Middle and High School levels, and what they have done to increase nutritional food/drink choices at all campuses. She talked about some of their financial challenges. Federal law mandates all school districts to adopt and implement a district-wide wellness policy by July 2006.</p> <p>Linda Hogoboom, Lucia Mar School District, talked about K-12 health and nutrition education standards and physical fitness standards, both required and elective, and some of their extra-curricular activities. Their Wellness Committee has been meeting since Feb 04, with their first objective to write a grant. They have applied for a Gold Coast Collaborative Grant, and hope to see some \$\$s in the fall.</p> <p>Mary Oats, M.D., Lucia Mar School District, talked about the need for a cooperative effort between the school district, County, healthcare providers, hospitals, large employers, agricultural partners and community groups to educate the adult family members about nutrition and healthy activities.</p> <p>Yukie Nishinaga, Creative Nutrition Concepts, handed out a “lunch gift bag” from</p>	<p>Handouts: <i>PowerPoint Presentation Slides 1-31</i></p> <p><i>Slides 32-39</i></p> <p><i>Slides 40-41</i></p> <p><i>Slides 42-52</i></p> <p><i>Slides 53-62</i></p> <p><i>Slides 63-66</i></p> <p><i>Slides 67-69</i></p>	
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	<p>Gold Coast Collaborative to each of the Commission members. Their mission is to combat childhood obesity. They partner with local universities and businesses to provide nutritional education to children and the Hispanic population.</p> <p>Gregory Thomas, M.D. talked about “Smart Growth” and read the recommendations from the San Luis Obispo Gold Coast Collaborative:</p> <ol style="list-style-type: none"> 1. That the Health Commission recommend the Board of Supervisors appoint a multidisciplinary obesity epidemic response task force. 2. That a staff person be funded to assist county-wide implementation of obesity prevention and response. 3. That the County establish an active wellness program for all County employees. 4. That the Health Commission co-sponsor an obesity summit with SLO Gold Coast Collaborative in late Spring 2006. 5. That the Health Commission encourage the Planning Commission and BOS to use Smart Growth Principles – especially those encouraging physical activity in planning. 6. Encourage PH staff to use budget process and grant opportunities to confront the obesity epidemic on all appropriate fronts. <p><i>Commission discussion: Commissioner Heatherington asked about the makeup of a Task Force (Dr. Thomas explained the need for a wider group, community participation, and for decision makers to be involved.) Commissioner Warren and Chamousis asked about need for staff person (there is no direct funding for working on obesity and coordination of anti-obesity action). Commissioner Warren asked if statistics from the Kaiser Permanente Study were included in report (they were not).</i></p>	<p><i>Motion was made that a letter be written to the Board of Supervisors supporting the recommendations from the Gold Coast Collaborative.</i></p> <p><i>(Commissioners Chamousis and Heatherington will track efforts being made until a task force is formed.)</i></p>	<p>1st – Pinkel 2nd – Hale Approved - All</p>
<p>6. MANAGED CARE INTERIM REPORT</p>	<p>Greg Thomas, M.D. reported that the Medi-Cal Managed Care Advisory Task Force has been meeting since April 2005 to look at managed care options for San Luis Obispo County. (One of the major proposals in the Governor’s budget this year was to expand Managed Care for Medi-Cal patients in California and SLO County was identified as one of the counties to begin the planning process for future enrollment.) After reviewing the options that each managed care plan offered, the committee believes a regional County Organized Health System (COHS) would make more sense for SLO County than either the Two-Plan or Geographic Managed Care models. A recommendation will be going forward to the Board of Supervisors on October 4, 2005 that the Board approve the COHS in concept and that the committee continue to review the Monterey/Santa Cruz Health Alliance Plan and the Santa Barbara Health Initiative and come back to the Board with a final report and recommendation in December 2005.</p> <p><i>Commissioner Heatherington asked about the medical community’s attitude. (Dr. Hale believes the medical community is unsure exactly what to anticipate and exactly where the money is going to be saved. Dr. Thomas added that several representatives from the Medical Society have been involved on the Task Force and</i></p>	<p>Handout: <i>Power Point Presentation</i></p> <p><i>A motion was made to support the concept of COHS in a letter to the Board of Supervisors.</i></p>	<p>1st – Heatherington 2nd – Horne Motion passed with one abstention by Commissioner Hale.</p>

	<i>there is a general consensus that if SLO County goes into managed care, that COHS is the way to go. Dr. Thomas has not seen the same reaction from medical community that there was 4-5 years ago go. Commissioner Horne stated she is a big proponent of Medi-Cal Managed care and that education is an important piece).</i>		
7. PUBLIC HEALTH DEPARTMENT REPORT	Dr. Thomas handed out a copy of his written report, no oral report was given. A copy is filed with the official record of the meeting.	Handouts: <i>Copy of Director's Report</i>	
8. HEALTH COMMISSION UPDATES	<p>CHAIR UPDATE: Chair Enns: Attended BT Advisory Committee and reported they are continuing upgrades to their communication system through funding from BT and HRSA grants. There is an upcoming drill in September.</p> <p>Chair Enns gave a brief update on GMO Task Force meetings (8/16, 9/6). She reiterated that the Task Force will not be taking positions on issues, but compiling information to provide in a report. Public is invited to attend meetings and information brought forth will be part of the final report. She referred Mr. Phillips to the legislative committee for review of GMO legislation. Next GMO Task Force meeting is on October 3rd at 4:00 p.m., where the action plan will be discussed.</p> <p>Commissioner Pinkel and Commissioner Heatherington voiced some concern about the controversy surrounding the membership and charge of the Task Force. Commissioner Enns read the mission and goals of the Task Force. Commissioner Pinkel is also concerned that there is no one on the Task Force who has experience with medical science research. Commissioner Pinkel will give Chair Enns the names of people with this expertise.</p> <p>COMMISSIONER UPDATES: Commissioner Hale: No report. Commissioner Warren: Drug & Alcohol Advisory Board is working on platform statements and having discussions around binge drinking. Commissioner Chamousis: Attended Adult Services Policy Council meeting on 9/9, where there was a presentation by William Pate, HICAP, regarding Medicare Prescription Drug legislation. She suggested the Commission invite Mr. Pate to speak at the next meeting. Commissioner Horne: Was unable to attend CSN in August. Will attend in Sept. Commissioner Mase: No report. Commissioner Donnelly: Will be the liaison to the HIV Care Consortium. Commissioner Heatherington: Did not attend SLOCAP meeting, but received the minutes, which said they received a grant for \$73,000.</p>		
9. COMMITTEE REPORTS	Nominating: No report. Community Education: No report.		

	<p>Budget: No report.</p> <p>Legislative: In process of setting up a meeting prior to next Health Commission meeting.</p>		
10. PROSPECTIVE FUTURE ITEMS	<p>October: Part 2 Medicare, Dental surgery for children, GMO Interim Report; CHC Annual Report (if time permits)</p> <p>November: Environmental Issues (suggestions: Biosolids Ordinance Update, sewage spill in SLO creek, beach closures (w/ reps from the Regional Water Quality Control Board, and Curt Batson from Environmental Health)).</p> <p>November: CHC Annual Report</p>		
11. ADJOURNMENT	<p>Motion to adjourn at 9:30 p.m.</p> <p>October meeting will be held on Monday, 10/17/05, due to County holiday on the second Monday. Location will be the new Board Chambers.</p>		<p>1st – Chamousis</p> <p>2nd - Horne</p> <p>Approved - All</p>