



SAN LUIS OBISPO COUNTY Public Health Laboratory

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SPECIMEN COLLECTION & TRANSPORT INSTRUCTIONS

Stool Culture

PATIENT INSTRUCTIONS

IMPORTANT: Read and follow instructions carefully. Proper use of this kit will assist the laboratory in obtaining accurate results.

Do NOT use a laxative before collecting the sample. Collect the stool specimen in a clean, dry wide mouthed container, such as a bedpan or a toilet seat covered with a plastic bag. A clean, dry piece of newspaper or wax paper may also be used. Do not pass the specimen into the toilet, or urinate on the specimen. Do not attempt to pass the specimen directly into the tube.

- A. This kit contain a swab and a tube in sterile packet . The Tube contains a clear gel (AMIES transport medium).
- B. Open the sterile packet and remove and discard the white cap of the AMIES transport medium
- C. Remove the swab from the sterile packet; insert the swab tip into the collected stool and place the swab in the tube of AMIES transport medium, The swab should be inserted completely into the tube of AMIES transport so the blue-color swab holder recaps the tube.
- D. Write the name of the patient on the label of the AMIES transport medium tube.
- E. Wash hands thoroughly after use.
- F. Complete the San Luis Obispo County Public Health Laboratory requisition form. Check "Stool Culture" as the test request
- G. Transport the preserved specimen refrigerated or at room temperature to the laboratory within 4 days **Note: If *Campylobacter* is suspected DO NOT REFRIGERATE specimen .**