



SAN LUIS OBISPO COUNTY Public Health Laboratory

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SPECIMEN COLLECTION & TRANSPORT INSTRUCTIONS

Clean Catch Midstream Collection (CCMS) of Urine

Used for urine culture; a clean catch is the recommended collection procedure for all routine urine culture requests.

MATERIALS

1. Towelette for cleansing
2. Sterile Boritex Urine collection container – clearly print your name on container
3. Laboratory Requisition Form – be certain to fill out form completely

PROCEDURE FOR FEMALE PATIENTS

1. Wash hands thoroughly with soap and water.
2. Separate the skin folds around the urinary opening. Wash the area with a towelette using a **front to back** motion. Repeat two additional times.
3. Begin urinating into the toilet with skin folds held apart with the fingers.
4. Insert collection container into urine stream without allowing Boritex container to touch the skin area.
5. Fill at least half of the Boritex urine container (15ml line) and remove from the urine stream.
6. Replace the container lid and screw tightly until it no longer can be tighten.
7. Refrigerate the specimen until ready for transport to the laboratory.
8. Urine must be received in the laboratory within 72 hours of collection.

PROCEDURE FOR MALE PATIENTS

1. Wash hands thoroughly with soap and water.
2. Wash the head of the penis with the towelette.
3. Begin urinating into the toilet.
4. Insert collection container into urine stream without allowing Boritex container to touch the skin area.
5. Fill at least half of the Boritex urine container (15ml line) and remove from the urine stream.
6. Replace the container lid and screw tightly until it no longer can be tighten.
7. Refrigerate the specimen until ready for transport to the laboratory.
8. Urine must be received in the laboratory within 72 hours of collection.