



## Public Health Department

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**Public Health**  
Prevent. Promote. Protect.

### **MEDIA RELEASE**

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**FOR IMMEDIATE RELEASE**

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### **SLO County Responders Hit the Streets to Teach “Hands Only” CPR**

In honor of National CPR Day, Emergency Medical Services agencies from around the county aim to teach hundreds of county residents “hands only” CPR during the lunch hour on **Tuesday, June 4, 2013 from 11:00am to 1:00pm.**

“Hands only CPR can literally be taught in five minutes, yet this simple skill could save a person’s life should they suffer a heart attack,” says Steve Lieberman, EMS Division Director for the San Luis Obispo County Public Health Department. “It’s so easy, and early bystander CPR is a critical component of the chain of survival.”

Heart disease is the leading cause of death nationally, with an estimated 630,000 deaths per year in the United States. Studies show that prompt, effective delivery of cardiopulmonary resuscitation (CPR) can nearly triple a victim’s chance of survival by helping maintain vital blood flow to the heart and brain. Further, for every minute without bystander CPR, survival from cardiac arrest decreases 7-10 percent. “I thank all the agencies participating in this event. We are thrilled to have the support of our EMS partners including fire departments, ambulance providers, and hospitals,” says Lieberman. “We hope hundreds will take a few minutes out of their lunch hour to learn hands-only CPR.” Stop by one of the below locations on June 4. It may save a life in the future!

The following agencies will feature training sites from 11am-1pm. Don’t miss it!

<b>Agency</b>	<b>Locations</b>
Paso Robles Department of Emergency Services and San Luis Ambulance Service	Albertson’s – 189 Niblick Road, Paso Robles
	Vons – 1191 E. Creston Road, Paso Robles
San Luis Ambulance Service	Target – 11990 Los Osos Valley Road, San Luis Obispo
City of Atascadero Fire Department	Vons – 7135 El Camino Real, Atascadero
	Galaxy Movie Theater – 6917 El Camino Real, Atascadero
City of Morro Bay Fire Department	Albertson’s – 730 Quintana Road, Morro Bay
	Dolphin Shirt Company – 715 Embarcadero, Morro Bay
Five Cities Fire Authority	Miner’s Hardware – 1056 W Grand Avenue, Grover Beach
	Miner’s Hardware – 186 Station Way, Arroyo Grande
Cambria Community Healthcare District	Cookie Crock Market – 1241 Knollwood Drive, Cambria

Sierra Vista Regional Medical Center	Cal Poly University Union
French Hospital Medical Center	1911 Johnson Avenue, San Luis Obispo (front entrance breezeway of French Hospital Medical Center)
Twin Cities Community Hospital with CAL FIRE Station 30	Target – 2305 Theater Drive, Paso Robles
San Luis Obispo County Public Health Department – Emergency Medical Services Division	County Government Center – 1055 Monterey Street, San Luis Obispo
CAL FIRE / San Luis Obispo County Fire Department	Oak Hill Market, Lake Nacimiento Vons – 520 West Teft, Nipomo Vons – 1130 Los Osos Valley Road, Los Osos Base of the Avila Pier, Avila Beach Base of the Pismo Pier, Pismo Beach JJ's Market – 2792 S. Halcyon Rd, Arroyo Grande

If you happen to miss these great learning opportunities, the San Luis Obispo County Public Health Department Emergency Medical Services Division and the County’s Medical Reserve Corp will also host a booth at the San Luis Obispo Farmer’s Market from 6:00 to 9:00pm on Thursday, June 6, 2013.

More information about “Hands-Only CPR” can be found at <http://handsonlycpr.org/>. For further information about National CPR Day and the county’s efforts on June 7, please go to [www.slopublichealth.org](http://www.slopublichealth.org) and [www.sloemsa.org](http://www.sloemsa.org).

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