

ADULT SERVICES POLICY COUNCIL

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School
San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health/Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Linda Loebis (805) 369-6212
Immediate Past Chair: Laura DeLoye (805) 342-0956
First Vice Chair: Riley Smith (805) 541-1234
Second Vice Chair: Savannah Gil (805) 597-5083

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AGENDA

**Friday, January 6th, 2023
9:00 a.m. - 11:00 a.m.**

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency, or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (10 Minutes or less)

GUEST SPEAKERS: (45 Minutes)

- **Paige Masson: Independent Living Resource Center (ILRC) Services**

CORRECTIONS / ADDITIONS TO THE Synopsis

ACTION ITEMS: (10 Mins)

- **Approve December 2022 Synopsis**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Health Decision Making & Care.**
- **Vaccine Update**

MEETING LOCATION:

This month's meeting will be available via Zoom

Zoom link: <https://us06web.zoom.us/j/85837371105>

**Dial In: 669-900-6833
Meeting ID: 858 3737 1105**

NEXT MEETING:

February 3rd, 2023

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Linda Loeb
 Facilitator: Savannah Gil
 Recorder: Gabriela Garcia

Meeting Called By: Linda Loeb
 Time: From: 9:00 AM To: 11:00 AM
 Date: Friday, January 6th, 2023

Location: Via Zoom

Members Present:

- | | |
|--|---|
| 1. Linda Loeb - Senior Volunteer Services | 20. Alexandra Morris - Geriatric Care Management and Dementia Consulting |
| 2. Jerry Mihaic - Independent Living Resource Center (ILRC) | 21. Paige Masson - Independent Living Resource Center (ILRC) |
| 3. Savannah Gil – SLOCOG | 22. Betty Purify – People Self-Help Housing |
| 4. Mark Shaffer - UCP/Ride-On Transportation | 23. Paulina Flores Jimenez - County of SLO Public Health Department |
| 5. Laura DeLoye - Alzheimer’s Association | 24. Allison Brandum - County of SLO Public Health Department |
| 6. Aaron Pankratz - AAA-CCCSC Central Coast Commission for Senior Citizens | 25. Robert Diaz – Department of Social Services Adult Protective Services (APS) |
| 7. Linda Beck – Participant of Older Adult Advocate | 26. Carmen Garcia - California Phones |
| 8. Tauria Linala - GPDC Senior Advocacy and SLO Village | 27. Kevin Green - SLOLAF |
| 9. Paul Garth - HUD-VASH, VA | 28. Andres Pille – CenCal Health |
| 10. Jessica Deveraux – Wilshire Community Services | 29. Gabriela Garcia - Department of Social Services |
| 12. Kim Chartrand – Hospice SLO | |
| 13. Karen Jones - Long Term Care Ombudsman Services | |
| 14. Anne Wyatt – SmartShare Housing Solution | |
| 15. Ilene Brill - Jewish Family Services | |
| 16. Michelle Zulim-Clark - County of SLO Public Health Department | |
| 17. Sue Gibson – SLG Senior Care | |
| 18. Mara Whitten – CAPSLO Adult Day Center | |
| 19. Sergio Cendejas – Alzheimer’s Association /CA Central Coast Chapter | |

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>ANNE WYATT</p> <ul style="list-style-type: none"> REQUEST TO CREATE AND BECOME MEMBERS OF AN AD HOC SUBCOMMITTEE. THEY WOULD MEET ONCE A MONTH FOR UP TO SIX MONTHS TO A YEAR. A STRATEGIC PLAN COULD BE ENVISIONED OR SOMETHING ELSE. THIS GROUP WOULD IDENTIFY CURRENT RESOURCES, HOW TO UTILIZE BETTER THESE RESOURCES AND IDENTIFY GAPS. PUT INFORMATION ON THE CHAT IF INTERESTED OR CONTACT ANNE WYATT DIRECTLY <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> NEW BENEFITS PERSON AT INDEPENDENT LIVING RESOURCE CENTER (ILRC) WILL INTRODUCE AT A FUTURE MEETING. <p>MARK SHAFFER</p> <ul style="list-style-type: none"> RIDE-ON TRANSPORTATION HAD MAJOR CHANGES BACK IN SEPTEMBER 2022 UNDER REQUIREMENTS FOR DRIVER'S TRAINING. IF A DRIVING HAS A LARGER VEHICLE, THEY NOW HAVE TO GO THROUGH AN EXTENSIVE CLASS/TRAINING. RIDE-ON IS AVAILABLE TO PROVIDE THIS TRAINING TO DRIVERS OF OUTSIDE AGENCIES. <p>LAURA DELOYE</p> <ul style="list-style-type: none"> STARTING A MONTHLY DEMENTIA CAREGIVER EDUCATION SERIES IN ARROYO GRANDE EVERY 3RD WEDNESDAY MORNING AT SAINT BARNABAS CHURCH. WORKING AND COLLABORATING WITH MORRO BAY AND CAYUCOS LIBRARIES TO OFFER SOME EDUCATION OUT IN THE COMMUNITY. SAVVY CAREGIVER WORKSHOP SERIES VIA ZOOM ON THURSDAY'S STARTING IN MARCH. IT'S A 5 WEEK/2 HOURS EACH WEEK ZOOM CLASS ABOUT CAREGIVING, DEMENTIA AND SELF-CARE FOR CAREGIVERS. WORKSHOP WILL ALSO BE OFFERED IN SPANISH, CONTACT SERGIO CENDEJAS. HEALTHY AGING SOCIAL CLUB THAT OPENED UP WITH A MIXER LAST MONTH. TWICE A MONTH FOR THOSE THAT ARE IN THE EARLY STAGES OF DEMENTIA WILL GATHER AS A SUPPORT GROUP AS WELL AS MAINTAIN SOME INTERACTIONS WITH EACH OTHER. MUSIC, ART, EXERCISE WILL BE PART OF THESE INTERACTIONS. HELD EVERY 2ND AND 4TH THURSDAY MORNINGS IN SAN LUIS OBISPO. INTRODUCED CO-WORKER SERGIO CENDEJAS WHO IS BASED OUT IN THE VENTURA OFFICE. <p>AARON PANKRATZ</p> <ul style="list-style-type: none"> TIME OF THE YEAR WHERE THEY WILL BE REVIEWING THE AREA PLAN FOR THE YEAR. THEY WILL BE HAVING LISTENING SESSIONS VIA ZOOM. AT THAT SAME TIME, WILL ALSO RELEASE A NEEDS ASSESSMENTS SURVEY, WILL BE SHARING THAT INFORMATION AT THOSE LISTENING SESSIONS. WILL BE RELEASING IN FEBRUARY RFPs FOR NEXT FISCAL YEAR. THIS YEAR THE ONLY ONE OF INTEREST FOR SLO IS THE "HEALTH PROMOTIONS" GRANT. THIS IS AN OPPORTUNITY TO APPLY FOR HEALTH GRANTS. <p>SAVANNAH GIL</p> <ul style="list-style-type: none"> TRANSIT PAMPHLETS AND A FREE TRANSPORTATION GUIDE "KNOW HOW TO GO GUIDE" RECENTLY HAVE BEEN DISTRIBUTED TO LOCAL LIBRARY BRANCHES. PLANNING TO DISTRIBUTE THIS GUIDE TO ALL AGENCIES IN THIS COMMITTEE IN JANUARY. SLOCOG IS CURRENTLY COLLECTING REQUESTS FOR UNMET TRANSIT, BICYCLE AND PEDESTRIAN NEEDS. ACCEPTING REQUEST UNTIL FEBRUARY 10TH 2023.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>ALEXANDRA MORRIS</p> <ul style="list-style-type: none"> • SHOUT OUT TO ALZHEIMER’S ASSOCIATION TO THE SAVVY CAREGIVER WORKSHOP SERIES. HIGHLY RECOMMEND THIS WORKSHOP FOR CAREGIVERS OF DEMENTIA. • ALEXANDRA, SUE GIBSON AND COLLEAGUE PAUL SMITH HAVE BEEN WORKING ON A SHORT PRESENTATION THAT HAS BEEN DELIVERED TO DIGNITY HEALTH ABOUT EACH ONES PROFESSION. <p>MARA WHITTEN</p> <ul style="list-style-type: none"> • ADULT DAY CENTER SOCIAL DISTANCING WAS LIFTED BACK IN AUGUST AND THIS HAS RESULTED IN OPENINGS. THOSE WHO HAVE CLIENTS THAT CAN USE THEIR SERVICES CAN CALL THE CENTER. • THANKS TO THE AREA AGENCY ON AGING THE CENTER HAS SOME FUNDING AND IS ABLE TO PROVIDE THE FOLLOWING: ONE SATURDAY A MONTH 9-3PM RESPITE CARE (PLEASE RSVP), AND ALSO A CAREGIVERS RETREAT WILL BE PROVIDED QUARTERLY, A DAY OF REST AND EDUCATION FOR CAREGIVERS AT NO COST.
Public Comment	NONE
Member Comment/Spotlight	NONE
<p>Guest Speakers</p> <p>Jerry Mihaic (ILRC)</p> <p>Paige Masson (ILRC)</p>	<p>INFORMATION AND REFERRALS</p> <ul style="list-style-type: none"> • INITIAL POINT OF CONTACT WITH CONSUMERS AND THEIR FAMILIES • CONNECTS PEOPLE WITH APPROPRIATE ILRC STAFF AND COMMUNITY OPTIONS WITH A “WARM HANDOFF” • STAFF PERSONNEL IS BILINGUAL <p>BECOMING A CONSUMER</p> <ol style="list-style-type: none"> 1. INTAKE 2. PAPERWORK 3. ILP’S 4. SERVICES 5. INDEPENDENCE <p>SERVICES</p> <ul style="list-style-type: none"> • PEER SUPPORT <ul style="list-style-type: none"> ○ ILRC IS A PEER-RUN ORGANIZATION: OVER 50% OF STAFF AND BOARD IDENTIFY AS HAVING A SIGNIFICANT DISABILITY ○ CONSUMERS MEET WITH STAFF THAT HAVE PERSONAL EXPERIENCE WITH DISABILITIES ○ PEOPLE WITH DISABILITIES EDUCATE AND GUIDE EACH OTHER, DRAWING ON SHARED LIVED EXPERIENCE ○ VIRTUAL PEER SUPPORT GROUP (CURRENTLY RUNS EVERY FRIDAY) • ADVOCACY <ul style="list-style-type: none"> ○ ADVOCATING FOR EQUAL ACCESS FOR PEOPLE WITH DISABILITIES IN AREAS SUCH AS HOUSING, IHSS, EMPLOYMENT, AND BENEFITS

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • VOCATIONAL SERVICES <ul style="list-style-type: none"> ○ ASSISTANCE WITH LOCATING AND APPLYING FOR JOBS (INTERVIEW, PRE-CREATING A RESUME, ETC) ○ REFERRALS FOR THE DEPARTMENT OF REHABILITATION (DOR) • PERSONAL ASSISTANT REGISTRY <ul style="list-style-type: none"> ○ QUICK MATCH REGISTRY: REFERRAL AND SCREENING ○ IT IS IMPORTANT TO NOTE THAT ILRC IS NOT THE EMPLOYER, SIMPLY THE CONNECTION PIECE ○ ASSISTANCE IN NAVIGATING IN-HOME SUPPORT SERVICES (IHSS) AND PROVIDER • HOUSING NAVIGATION <ul style="list-style-type: none"> ○ HOUSING SEARCH SKILLS ○ INFORMATION ON HOUSING SERVICES, HOMELESS SHELTERS, TRANSITIONAL CENTERS ETC. ○ APPLICATION ASSISTANCE • ASSISTIVE TECHNOLOGY <ul style="list-style-type: none"> ○ PROVIDES INFORMATION TO ASSISTIVE TECHNOLOGY DEVICES ○ ASSISTS IN LOCATION FUNDING FOR NEEDED EQUIPMENT • INDEPENDENT LIVING SKILLS TRAINING <ul style="list-style-type: none"> ○ PROVIDES TRAINING SKILLS TO CONSUMERS WHO ARE LEARNING HOW TO LIVE INDEPENDENTLY IN THE COMMUNITY ○ SETTING TANGIBLE GOALS TO ACHIEVE THEM ALONGSIDE ILRC ○ REFERRALS TO OTHER AGENCIES AS NEEDED • BENEFITS COUNSELING <ul style="list-style-type: none"> ○ INFORMATION ABOUT PUBLIC BENEFITS SUCH AS SSI, SSDI, ETC. ○ INFORMATION ABOUT MEDICARE, MEDICAL, AND OTHER TYPES OF HEALTH COVERAGE ○ ADVOCACY IN DISPUTES WITH PUBLIC BENEFITS PROVIDERS • TRANSITION SERVICES <ul style="list-style-type: none"> ○ PROVIDE ASSISTANCE TO CONSUMERS TRANSITIONING OUT OF INSTITUTIONAL SETTINGS (NURSING HOMES, SKILLED NURSING FACILITIES, HOSPITAL ETC.) ○ SERVICES INCLUDE BUT ARE NOT LIMITED TO: <ul style="list-style-type: none"> ➤ SUPPORT LOCATING HOUSING ➤ OBTAINING DURABLE MEDICAL EQUIPMENT ➤ LOCATING PERSONAL ASSISTANT SERVICES ➤ MAKING THE HOME ACCESSIBLE • FOOD ACCESS <ul style="list-style-type: none"> ○ PROVIDE RESOURCES TO CONSUMERS WHO DO NOT HAVE ACCESS TO HEALTHY FOODS ○ REFERRALS TO FOOD PROGRAMS THROUGHOUT THE COMMUNITY

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • OLDER INDIVIDUALS WHO ARE BLIND (OIB) <ul style="list-style-type: none"> ○ SERVICES AND SUPPORTS FOR PEOPLE OVER THE AGE OF 55 WHO ARE BLIND OR SEVERELY VISUALLY IMPAIRED ○ ORIENTATION AND MOBILITY TRAININGS ○ INDEPENDENT LIVING SKILLS ○ BLIND/LOW VISION TECHNOLOGY ○ PEER MENTORING • EMERGENCY PREPAREDNESS DISASTER RESPONSE PLANNING <ul style="list-style-type: none"> ○ CREATING AN EMERGENCY EVACUATION PLAN ○ OBTAINING BACKUP POWER DEVICES, WHEN APPROPRIATE AND ELIGIBLE ○ ASSISTANCE IN APPLYING FOR THE MEDICAL BASE PROGRAM ○ POWER SAFETY POWER SHUTOFF PREPAREDNESS
	<ul style="list-style-type: none"> • INTERPRETING <ul style="list-style-type: none"> ○ ILRC CAN BE CONTACTED BY CONSUMERS TO REQUEST AN INTERPRETER TO ENSURE INDIVIDUALS WHO ARE DEAF HAVE FULL ACCESS TO COMMUNICATION • OFFICES <ul style="list-style-type: none"> ○ SANTA BARBARA (HEADQUARTERS) ○ SAN LUIS OBISPO ○ VENTURA ○ SANTA MARIA
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH CORRECTIONS NOTATED
Action Items	<p>APPROVE DECEMBER 2022 SYNOPSIS</p> <p>A MOTION WAS MADE BY TAURIA LINALA TO APPROVE THE SYNOPSIS WITH CORRECTIONS MADE, LAURA DELOYE SECONDED THE MOTION</p>
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE</p> <ul style="list-style-type: none"> • HOSPICE SLO HAS AVAILABLE APPOINTMENTS FOR INDIVIDUAL FAMILY ADVANCE PLANNING AND DIRECTIVES. MAKE A CALL TO 805-544-2266 FOR APPOINTMENTS FREE OF CHARGE. <p>VACCINE UPDATE</p> <p>NONE</p>

The next meeting is: Friday, February 3rd, 2023 Time: 9:00 AM
Location: Via Zoom