				Notice Date Case Name Case Numbe Worker Name Worker ID Worker Phon	e :	
You form	can get this f at of your ch	ibility Status Report form in another language or accessoice. To ask for help in your language(TTY:)	age,		SCAN ME to complete your SAR 7 online.	To keep your benefits coming on time please submit this form by: 5th.
Hei	re is wha	t you need to know:				
1		e information to fill out this form included with this form. If you n				
2		es' or 'No' for each question. If y , fill out the form with the estion, you can move on to the	e change	s about your	id any chanç household.	ges in If you check 'No'
		ORKs or other cash aid (such as symbol.	s ECA, R	CA or TCVAF	P) questions	have a dollar sign
	• CalFre	esh questions have a spoon and	d fork 🕡	symbol.		
3		d more space for your answers aper with your SAR 7 form.	s, write on	a separate s	sheet of pap	er. Send the extra
4		date the form on the last page tact or visit your county.	Attach ar	y required p	roof. If you n	need help getting
Eas	sy ways t	o submit your form and	d proof			
Ţ	Online:	visit <u>www.BenefitsCal.com</u> or scan the QR code above.	i⊷i In	person: to _		at
₽	By Mail:	in the envelope that came with this form.		•	he agency's	drop box or mail
8		at	slo Th	ey are open	Monday thro	ough Friday,
C	By phone:	at		a.m. to		<i>y,</i>

Po you need help or have questions? Call us at _

Stop My Benefits	
You do not need to answer this question.	
	e box for the program that you want to stop. Then sign be to STOP your benefits, you will get a notice telling you that apply:
☐ STOP my CalWORKs or other cash aid	
☐ STOP my CalFresh	
□ STOP my Medi-Cal	
Disability	
You do not have to answer these questions,	but they may help you get other services or help.
ls anyone in your household disabled? (⁻ recovering from a disability or major illness,	This includes anyone who is disabled, becoming disabled, or is no longer disabled.)
☐ Yes, fill in below ☐ No	
Household member name (first, middle, last)	Explain
Does anyone in your household need hel activities such as filling out forms, getting be	Ip due to a disability? (This can include help with enefits, or doing work activities.)
☐ Yes, fill in below ☐ No	
Household member name (first, middle, last)	Explain

Contact Information

Review what we have for your contact information below. Tell us if anything changed. You need to answer this section to keep your benefits.

Current Home Address:	Update Home Address			
	Street		Apartment #	
	City	State	Zip	
	☐ I am homeless			
Current Mailing Address:	Update New Mailing Add home address)	ress - Physical or PO Box	(if different from	
	Street		Apartment #	
	City	State	Zip	
	☐ I would like to keep my c	urrent mailing address the sam	ne	
	If you are homeless, che	ck one of the following:		
	☐ I have a mailing address	and have added it above		
		ounty Welfare Department's ma	elfare Department's mailing address county office to set this up.)	
	☐ I would like to use Gener	•		
	Write the ZIP Code of post office here: (Note: Make sure the post office in your ZIP Code accepts General Delivery. You will need to contact the post office to set this up.)			
Current Phone Number:	Update Phone Number(s	·	. ,	
	Home:			
		sages from the county about yo		
Current Email Address:	Update Email Address:			
	Email:			
		tices from the county about you		

Household Members (1 of 2)	\$ (9	
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Tell us about you and every member of your household. You need to answer this section to keep your benefits.

Here is what we know:

Review what we have for your household.

Household member name	Date of birth Relation to		Regularly buy and make food together?
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No
			☐ Yes ☐ No

Household Members	(2 of 2)	\$
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Update or add new household members:

Has your household size changed since you last reported, or will it change within the next six
months? (For example: newborn children, someone moved into or out of your home, you adopted a
child, someone started or stopped buying and making food with you, etc.)

☐ Yes, fill in below	□ No			
Household member name (first, middle, last)	Date of birth (month, day, year)	Relation to	What is the change?	Regularly buy and make food together?
			☐ Moved In ☐ Birth ☐ Moved Out ☐ Death ☐ Temporary absence ☐ Other: Explain: Date of change (month, day, year):	□ Yes □ No
			☐ Moved In ☐ Birth ☐ Moved Out ☐ Death ☐ Temporary absence ☐ Other: Explain: Date of change (month, day, year):	□ Yes □ No
			☐ Moved In ☐ Birth ☐ Moved Out ☐ Death ☐ Temporary absence ☐ Other: Explain: Date of change (month, day, year):	□ Yes □ No

Income	(1	of	3)	\$
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Tell us about all income that was paid to every member in your household in	All
income includes earned (money from a job) and unearned (money you get that does not	come from
a job). Examples of unearned income can be unemployment benefits, Social Security, di	sability
benefits, SSI/SSP, gifts, child support, or worker's compensation. See the SAR 7 Eligibil	ity Status
Report Instructions (SAR 7A) for more examples of earned and unearned income. You r	eed to
answer this section to keep your benefits.	

Here is what we know:

Review what we have for your household.



If you need to add more people or information in any of the sections, please write it on a separate sheet of paper. Send the extra page with your SAR 7 form.

Household member name (first, middle, last)	Source of income/ employer name	How often paid?	Total gross income received	Hours worked per month

Income	(2 of 3)
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<u>Update or add new income</u>:

las your earned or unearned income changed since you last reported, or will it change within the next six months? (For example: someone started, stopped, or changed jobs; had a change in ocial security or unemployment benefits; lottery winning installments; and/or the household started or stopped getting housing or utilities for free or in exchange for work).					
☐ Yes, fill in below	w 🗆 No				
<u> </u>	ck 'No' you still need t proof, let the county k	•	your income.	If you don't hav	e proof or
NOTE: If you ched	ck no, you do not nee	d to submit proof.			
Did your total un \$	earned income for a within	all household men ?	nbers combi	ned increase by	y more than
☐ Yes, fill in below	w 🗆 No				
•	cuates (changes) every ation on how to report i		AR 7 Eligibility	Status Report Ins	tructions (SAR
Household member name (first, middle, last)	What is the change?	Source of income/ employer name	How often paid?	Total gross income received in	If employed, hours worked per month
	☐ Income started☐ Income stopped☐ Income changed☐ Explain:	From a job Employer name:	☐ Weekly ☐ Every 2 weeks	Amount received:	
			☐ Monthly	Date(s) received (month, day,	
	Date of change (month, day, year):	Not from a job Type of income:	☐ Twice a month	year):	
	☐ Income started ☐ Income stopped	☐ From a job	☐ Weekly	Amount received:	
	Income changed Explain:	Employer name:	☐ Every 2 weeks	\$	
			☐ Monthly	Date(s) received	
	Date of change (month, day, year):	☐ Not from a job Type of income:	☐ Twice a month	(month, day, year):	
	1 , , , , ,		Other		I

Income (3 of 3) **(3)**



Household member name (first, middle, last)	What is the change?	Source of income/ employer name	How often paid?	Total gross income received in	If employed, hours worked per month
	☐ Income started☐ Income stopped☐ Income changed☐ Explain:	☐ From a job Employer name:	☐ Weekly ☐ Every 2 weeks	Amount received:	
			☐ Monthly ☐ Twice a	Date(s) received (month, day,	
	Date of change (month, day, year):	☐ Not from a job Type of income:	month Other	year):	
	☐ Income started☐ Income stopped☐ Income changed☐ Explain:	☐ From a job Employer name:	☐ Weekly ☐ Every 2 weeks	Amount received:	
Date of change		□ Not from a job	☐ Monthly ☐ Twice a month	Date(s) received (month, day, year):	
	(month, day, year):	Type of income:	☐ Other		
□ I have attached	ousehold members	ot have proof/I ne	ed help getting	•	
Hous	sehold member na (first, middle, last)	me	Gross incor	ne before goir	ng on strike
		(Gross Income:	\$	

Resources	(1	of 2	2)
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Tell us about the resources for you and every member of your household. Resources include cash on hand, money in checking or savings accounts, stocks or bonds, land, or personal resources. See the SAR 7 Eligibility Status Report Instructions (SAR 7A) for more information on what you have to tell us.

Here is what we know:

Review what we have for your household.

Type of resource	Value
	Type of resource

Total amount of resources applied to your case: \$_____

Resources	(2	of	2)	
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Update or add new resources:

Resources include cash on hand, money in checking or savings accounts, stocks or bonds, land, or personal resources. Vehicles are not counted for CalFresh. You do not need to report a change in vehicle or a new vehicle.

Have your resources changed since you last reported, or do you have new resources?

☐ Yes, fill in below ☐	l No			
Household member r (first, middle, last)	name	Type of resource	Value	Date(s) received (month, day, year)
			\$	
			\$	
			\$	
			\$	
			\$	
			\$	
			\$	
			\$	
			\$	
What happened to your re	source?			
☐ Bought	☐ Tra	aded		
☐ Sold	□ Wo	on		
☐ Gave away	□Ор	en/close (example: bank a	account)	
☐ Got as a gift	☐ Otl	ner (Explain):		
Did you attach proof for tl	ne resou	rce change(s) listed abo	ve?	
☐ I have attached proof	□Id	o not have proof/l need he	lp getting proof	

Expenses (1	Of 3)	
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Telling us if you have any of the expenses below may increase your benefits.

Here is what we know:

Review what we have for your household.

Household member name (first, middle, last)	Type of expense	Amount of expense	How often is expense paid?

Expenses (2 of 3) 😱	
Update or add new expense	<u>es</u> :
Have your expenses changed answer this question.)	!? (This is an optional question; your benefits will not stop if you don't
☐ Yes, tell us your expenses b	elow. No
Rent and Utilities	
Has your address changed?	
☐ Yes. You must report your ne	ew housing and utility expenses below. No
What is your monthly rent or	mortgage payment? \$
-	t home address, do you spend money on temporary housing sites, lodging, or shared housing?
☐ Yes ☐ No	
	ng costs? Check all that apply. Property tax: \$ Home/Renter's insurance: \$ Homeowner's Association (HOA) fees: \$ Other (please specify):
Dependent/Child Care	
Who paid for dependent/child c	are?
Amount paid for dependent/chil	d care in: \$
Names of dependents/ children	:
Child Support	
This question is asking if anyon support.	e in your household paid someone else not in your household for child
Who paid for child support?	
Amount of child support you or	a household member paid in: \$:
Please provide proof if you ha	ave it.
☐ I have attached proof ☐	☐ I do not have proof/I need help getting proof

Expenses	(3 of 3)
Medical Cost	ts (This an

Medical Costs (This applies to an has new medical costs, a change before.)	-		
Who paid for medical costs? Amount paid for medical costs in _	: \$		
Please provide proof if you have	e it.		
☐ I have attached proof ☐	l do not have proof/l r	need help getting proof	
Gambling or Winning the You need to answer this question Did anyone in your household within the last six months? Yes, fill in below No	to keep your CalFres		
			I
Household membe (first, middle, la		Date of winning (month, day, year)	Amount won
			\$
			\$
Did you attach proof for the cha	inges listed above?		

 \square I have attached proof \square I do not have proof/I need help getting proof

CalFresh Work Requirement for Able-Bodied Adults Without Dependents



The names below are considered Able-Bodied Adult(s) Without Dependents (ABAWDs). This is an optional question. You do not need to answer this question, but it can help you keep getting benefits.

	Household member name (first, middle, last)
rec mo	SAWDs are persons aged 18-54 without dependent children. ABAWDs must meet the work quirement or be excused from meeting the work requirement to get CalFresh for more than 3 onths. For the person(s) listed above, check all the boxes that apply. Checking one or more xes may help you to keep getting CalFresh.
	Has a physical or mental health issue that may stop them from working 20 hours per week for a total of 80 hours per month. Name of ABAWD:
	Is caring for a child under age 6 (The child does not need to live with you). Name of ABAWD:
	Is caring for a person with a disability (The person does not need to live with you). Name of ABAWD:
	Is pregnant (any stage of pregnancy). Name of ABAWD:
	Is going to school or training at least half time. Name of ABAWD:
	Is getting or has applied for unemployment benefits Name of ABAWD:
	Is in a drug or alcohol treatment program, or experiencing a drug or alcohol problem. Name of ABAWD:
	Is participating in an Office of Refugee Resettlement (ORR) training program for at least half time. Name of ABAWD:
	Lives with a child in the home under age 18, even if the child under 18 is not receiving CalFresh benefits. Name of ABAWD:
	Is experiencing homelessness (this means the person lacks a fixed and regular nighttime residence).
	Is a veteran (a person who served in the United States Armed Forces, including reserve, and discharged or released, regardless of the condition of discharge or release).
	Is 24 years of age or younger and was in foster care on the day they turned 18.
Ple	ease provide proof if you have it.
	I have attached proof

Outstanding Warrant/Probation or Parole Violation

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	TD .
•	-

You need to answer this question	to keep your CalWORKs	or other cash aid be	nefits.		
Does anyone in your household found to be in violation of their	-	standing felony war	rant or have been		
☐ Yes, fill in below ☐ No					
Household member name (first, middle, last)	Warrant or violation?	Date of warrant or violation (if you know):	In which state did the warrant or violation occur?		
	☐ Outstanding Warrant☐ Parole/ProbationViolation				
Life Events \$					
Tell us if any of the situations belous proof. You need to answer this	9	•			
☐ No Changes (Check this box	if none of the below happ	ened to your househ	old.)		
☐ Family Changes (This includes getting married, separated, divorced, entering or ending a California Registered Domestic Partnership [RDP], or a non-California Domestic Partnership [DP], ending a DP or RDP, becoming pregnant, or no longer pregnant, adopting a child, and/or fostering a child.)					
☐ Immigration Changes (This interpretation or date change on immigration	•	enship or immigratior	n status, or expiration		
☐ Custody Changes (You need 50 percent of the time, or if you		•	ve custody less than		
☐ In-Home Supportive Service services.)	es (IHSS) Changes (This	includes starting or s	stopping IHSS		
☐ School/College Attendance attending school or college.)	Changes (For students a	ged 18 or older who	started or stopped		
☐ Other Changes (Explain):					
Please provide proof if you hav	e it.				
☐ I have attached proof ☐	I do not have proof/I need	d help getting proof			
Explain the change(s) in the spanswers, write them on a separate form.					

Sign and Date

You need to sign and date this form, or it will be considered incomplete.

CERTIFICATION - FRAUD WARNING:

Who must sign below:

- For CalWORKs or other cash aid: You and your aided spouse, registered domestic partner, or other parent (of cash-aided children) if living in the home. (For two-parent households, a signature and date is required from both parents).
- **For CalFresh:** The head of household, a responsible household member, or the household's authorized representative.

I understand that:

If I don't report all facts or give wrong information on purpose about my income, property, or family status to get or keep getting aid or benefits, I can be legally prosecuted. I may also be charged with committing a felony if more than \$950 in cash aid and/or CalFresh is wrongly paid out because of such an action.

I have received a copy of the SAR 7 Eligibility Status Report Instructions (SAR 7A).

I declare that:

Under penalty of perjury under the laws of the United States and the State of California that the facts contained in this report are true, correct, and complete.

Signature of the head of household, responsible household member, parent, caretaker, or authorized representative of the household	Date	
Signature of spouse, registered domestic partner, or other parent living in the home (if applicable)	Date	
Signature of witness to mark, interpreter, or other person completing form (if applicable)	Date	



Remember to attach all proof if required, and all additional copies or extra pages. Contact your county if you need help, the county may be able to help you get proof if you need it.