

Navigator's Resource Guide

The logo features a stylized, curved shape on the right side, composed of a blue outer layer and a green inner layer, resembling a bridge or a swoosh. To the left of this shape, the text "SLO Communities" is in a smaller, black, sans-serif font, and "Bridging Poverty" is in a larger, bold, black, serif font.

SLO Communities
Bridging Poverty

**Opportunity
Conference 2011**

February 26, 2011

Navigator's Resource Guide

Non Profit and Public Agencies

Navigator's Resource Guide

Non Profit and Public Agencies

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Aged/Disabled/Senior Services

Central/Coastal/County Wide	North County	South County
<p>Adult Day Services Program Sliding scale for limited income seniors (805) 544-4355</p>	<p>Senior Nutrition Program of SLO County San Miguel (805) 467-3445 Santa Margarita (805) 438-5854 Shandon (805) 238-4664</p>	
<p>Alzheimer's Association (805) 547-3830</p>		
<p>Area Agency on Aging (805) 541-0384</p>		
<p>HICAP – Health Insurance Counseling and Advocacy Program Medicare and health insurance issues; medical billing problems (805) 928-5663</p>		
<p>In-Home Support Services (805) 781-1790</p>		
<p>Long-Term Care Ombudsman (800) 231-4024 (24-hour line)</p>		
<p>Meals-on-Wheels (805) 541-1336 - SLO</p>		<p>Meals-on-Wheels Five Cities (805) 773-2053</p>
<p>Senior Brown Bag A Food Bank program in various cities throughout the county (805) 238-4664 www.slofoodbank.org</p>		

Central/Coastal/County Wide	North County	South County
<p>Senior Center 1445 Santa Rosa, SLO (805) 781-7306</p>		
<p>Senior Health Screening (805) 549-9219</p>		
<p>Senior Home Repair Program (805) 541-4122 Senior home repair; utility assistance</p>		
<p>Senior Legal Hotline (916) 551-2145</p>		
<p>Senior Legal Services Free to those 60 and over (805) 543-5140</p>		
<p>Senior Nutrition Program of SLO County Cambria (805) 927-1268 Los Osos (805) 528-6923 Morro Bay (805) 772-4422 SLO (805) 543-0469</p>		
<p>Social Security Administration 3430 S. Higuera, SLO (805) 544-5251 1-800-772-1213</p>		
<p>State Disability Business & Career One-Stop (forms available) 3430 E. Grand Avenue, Suite H, Grover Beach (805) 270-3100</p>		

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Aged/Disabled/Senior Services

Central/Coastal/County Wide	North County	South County
<p>Tenant - Foreclosure (415) 495-8012</p>		
<p>Weatherization/Low-income/Seniors Community Action Partnership of San Luis Obispo County 1030 Southwood Drive, SLO (805) 544-4355</p>		
<p>Wisdom Center/Adult Day Care (805) 349-9810</p>		

Children/Child Care/Youth Services

Central/Coastal/County Wide	North County	South County
<u>Finding Child Care</u>		
<p>Child Care Resource Connection Community Action Partnership of SLO (CAPSLO) 805 Fiero Lane, SLO (805) 541-2272</p>		
<p>DSS Community Care Licensing Division (805) 562-0400</p>		

Central/Coastal/County Wide	North County	South County
<u>Funded Programs for Eligible Families</u>		
<p>ASI Children's Center Cal Poly campus building 133 (805)756-1267</p>	<p>Atascadero Community Services – After-School Programs (805) 461-5000</p>	<p>Bright Futures After School Programs – Lucia Mar School District (805)474-3000</p>
<p>CAPSLO Child Care Resource Connection Centralized Eligibility List (waiting list) 805A Fiero Lane, SLO (805)541-2272</p>		
<p>CAPSLO Head Start and Early Head Start 1030 Southwood Dr., SLO (805) 544-4355</p>	<p>CAPSLO Head Start and Early Head Start 1030 Southwood Dr., SLO (805) 544-4355</p>	<p>CAPSLO Head Start and Early Head Start 1030 Southwood Dr., SLO (805) 544-4355</p>
<p>CAPSLO Migrant Head Start 1030 Southwood Dr., SLO (805) 544-4355</p>		
<p>CAPSLO State Child Development Programs 1030 Southwood Dr., SLO (805) 544-4355</p>	<p>P.R.Y.D.E Programs – Paso Robles Youth Development and Enrichment Programs (805) 769-1100 ext 33001 or 33003</p>	
<p>Child Development Center SLO (CDC) 1720 Bishop St., SLO (805) 544-0801</p>		
<p>San Luis Obispo County Office of Education Child Development Programs – Calif. State Preschool 3350 Education Drive, SLO (805) 782-7275</p>	<p>San Luis Obispo County Office of Education Child Development Programs – Calif. State Preschool 3350 Education Drive, SLO (805) 782-7275</p>	<p>San Luis Obispo County Office of Education Child Development Programs – Calif. State Preschool 3350 Education Drive, SLO (805) 782-7275</p>

Central/Coastal/County Wide	North County	South County
<u>Health and Special Needs</u>		
California Children's Services (CCS) 2156 Sierra Way, SLO (805) 781-5527		
County Office of Education – Special Education (SELPA) (805) 782-7301 (805) 466-8181		
Child Health and Disability Prevention (CHDP) 2156 Sierra Way, SLO (800) 660-9919		
Children's Health Initiative (805) 540-5177		
Early Learning for All (ELFA) (ages 0-5) (805) 782-7272		
First 5 (ages 0-5) Check website or contact Susan Hughes shughes@first5slo.org www.first5slo.org		
Martha's Place Children's Assessment Center 2925 McMillan Ave., Suite 108, SLO (805) 781-4948		
SLO County Public Health Family Services (ages 0 -3 years Evaluations) 1-800-660-3313		
Tri-Counties Regional Center 3450 Broad Street, SLO (805) 543-2833	Tri-Counties Regional Center 7305 Morro Road, Suite 101, Atascadero (805) 461-7402	

Central/Coastal/County Wide	North County	South County
<u>Intervention, Prevention and Emergency Programs</u>		
Anger Management/Violence Prevention Class (For Youth) (805) 238-2290 (805) 286-6331		
California Youth Crisis Line 1-800-843-5200		
Juvenile Hall (805) 781-5389 (24 hour receptionist)		
National Runaway Switchboard 1-800-621-4000		
Probation/Parole/Juvenile Services Center Highway One at Kansas Avenue, SLO (County Operations Center) (805) 781-5347 (24 hour Receptionist)	Probation/Parole/Juvenile Services Center (805) 462-4200 Atascadero (805) 434-5800 Templeton (805) 238-2222 Paso Robles	
San Luis Obispo Child Abuse Prevention Program (805)543-6216		
Suspected Abuse Response Team (805) 781-4878 (805) 781-4550 after hours		
Youth Crisis Hotline 1-800-448-4663		
Youth Services 1-800-838-1381 Toll Free		
Youth Services Outpatient/Day Treatment 1989 San Vicente, Bldg. A, SLO (805) 781-4179		

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Children/Child Care/Youth Services

Central/Coastal/County Wide	North County	South County
<u>Miscellaneous</u>		
BackPack Program – Food Bank (805) 238-4664		
Parent Connection (805)543-3400		
Teen Parenting/Cal Learn/TAPP (805) 544-5033		Teen Parenting/Cal Learn/TAPP (805) 474-2107
Toy and Resource Lending Library Child Care Resource Connection (CAPSLO) (805)541-2272		

Central/Coastal/County Wide	North County	South County
<u>Youth Development Programs</u>		
4-H Youth Development Program (805) 781-5943		
Asset Development Network (805) 782-7272		
	Atascadero Youth Task Force – The Link (805) 466-5465	CAPSLO Lifebound Leadership – Youth Development Program 151 W. Dana, Suite 204, Nipomo (805) 929-6054
	Paso Robles Youth Task Force 840 10 th Street, Paso Robles (805) 237-4086	Exploration Station – South County Family Educational and Cultural Center 867 Ramona Avenue, Grover Beach (805) 473-1421
	YMCA Teen Program 600 Nickerson Drive, Paso Robles (805) 239-3047	

Clothing

Central/Coastal/County Wide	North County	South County
	<p>North County Christian Thrift Store</p> <p>6420 El Camino Real, Atascadero</p> <p>(805) 466-1679</p>	
<p>Catholic Charities</p> <p>751 Palm Street, SLO</p> <p>(805) 541-9110</p> <p>Open M-F 9 am – 5 pm</p>	<p>Loaves and Fishes</p> <p>5411 El Camino Real, Atascadero</p> <p>(805) 461-1504</p> <p>2650 Spring Street, Paso Robles</p> <p>(805) 238-4742</p>	<p>The Revolving Door</p> <p>375 Helroy Road, Arroyo Grande</p> <p>(805) 489-5933</p>
<p>Goodwill Industries</p> <p>15 Higuera, SLO</p> <p>(805) 544-4965</p> <p>880 Industrial Way, SLO</p> <p>(805) 544-0542 or 1-800-549-</p>	<p>Goodwill Industries</p> <p>8310 El Camino Real, Atascadero</p> <p>(805) 462-9010</p> <p>1020 Park Street, Paso Robles</p> <p>(805) 239-8499</p>	<p>Goodwill Industries</p> <p>1628 W. Grand Avenue, Grover Beach</p> <p>(805) 481-8500</p>
<p>Grass Roots II</p> <p>11545 Los Osos Valley Road, Suite A-1, SLO</p> <p>(805) 544-2333</p>	<p>Tree of Life</p> <p>7730 Morro Road, Suite 106, Atascadero</p> <p>(805) 461-3405</p> <p>(805) 238-9550</p>	
<p>Lisa Ray's Donation Group – Clothing for children</p> <p>(805) 709-8673</p> <p>lisaraysdg@gmail.com</p>		
<p>Operation School</p>		

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Clothing

Central/Coastal/County Wide	North County	South County
<p>Bell/Assistance League of SLO County</p> <p>(805) 462-4254</p> <p>(805) 782-0824</p> <p>Clothing for children ages K-6</p>		
<p>Salvation Army</p> <p>(805) 544-2401 San Luis Obispo</p> <p>(805) 772-7062 Morro Bay</p>	<p>Salvation Army</p> <p>(805) 466-7201 Atascadero</p> <p>(805) 238-9591 Paso Robles</p>	

Dental

Central/Coastal/County Wide	North County	South County
<p>ARO Family Dental Practice 1100 Grove St., SLO (805) 541-4290</p>	<p>CHC – Templeton Dental 1050 Las Tablas Rd. Suite 7, Templeton (805) 434-2020 (ages 6 and over)</p>	<p>Nipomo Dental Clinic 150 Tejas Place, Nipomo (805) 929-3254 (5 years and over)</p>
<p>Children's Health Initiative (805) 540-5177</p>	<p>Clinica de Tolosa 717 Walnut St., Paso Robles (805) 238-5334 (ages 1 – 13 years)</p>	
<p>Dentist Provider List 1-800-322-6384</p>		
<p>Dental Society (805) 544-1113</p>		

Domestic Violence

Central/Coastal/County Wide	North County	South County
<p>Centers for Alternatives to Domestic Violence (805) 781-6406 (805) 473-6507</p>	<p>Calm, Clear & Connected P.O. Box 711, Atascadero (805) 466-4681 Treatment for past and current trauma; family violence; children, teens, adults</p>	
<p>Community Counseling Center 1129 Marsh Street, SLO (805) 543-7969</p>	<p>Women's Shelter & Resource Center North County 7360 El Camino Real #3, Atascadero (805) 461-1338</p>	
<p>Men Helping Men (805) 543-7100</p>		
<p>Victim/Witness Assistance (Office of the District Attorney) Fourth Floor Government Center Annex County Government Center, Room 121, SLO (805) 781-5821</p>		
<p>Sexual Assault Recovery & Prevention Center (SARP) (805) 545-8888</p>		
<p>Women's Shelter Program - SLO (805) 544-2321 (805) 781-6400 - If you need help. If an emergency, call 911.</p>		

Education

Central/Coastal/County Wide	North County	South County
Adult Education San Luis Coastal Unified School District (805) 549-1222		Allan Hancock Community College 800 S. College Drive, Santa Maria (805) 922-6966
County Office of Education – Special Education (805) 466-8181 (805) 543-7732 ext. 300		Santa Barbara Business College 303 E. Plaza Drive, Santa Maria (805) 541-0446
Cuesta Community College (805) 546-3100 (General) (805) 546-3138 (San Luis Obispo)	Cuesta Community College (805) 591-6241 (North County Counseling Office)	
English as Second Language Cuesta Community College (805) 591-9209 or (805) 591-6270		
General Education Diploma (GED) San Luis Coastal Unified School District – Adult School 1500 Lizzie Street, SLO (805) 549-1222	General Education Diploma (GED) Atascadero Adult Education (805) 462-4386	General Education Diploma (GED) Lucia Mar Unified School District – Adult Education (805) 474-3900
Literacy Council of SLO County (805) 541-4219	Paso Robles Public Schools Adult Education North County Learning Center (805) 237-3370	
		Migrant Education (805) 922-0788
Translation Assistance AT&T 1-800-523-1786		

Emergency /Utility Assistance

Central/Coastal/County Wide	North County	South County
Catholic Charities (Also Security Deposit Assistance) (805) 541-9110		
The Gas Company – CARE Program 1-800-427-2200		St. Patrick's Church Outreach (805) 489-2680
Home Energy Assistance Program (CAPSLO) 3970 Short Street, Suite 110, SLO (805) 541-4122		
LIHEAP (Low Income Home Energy Assistance) 1-866-675-6623		
PG&E CARE Program 1-800-743-5000		
Salvation Army (Also Security Deposit Assistance) 815 Islay Street, SLO (805) 544-2401	Salvation Army (Also Security Deposit Assistance) (805) 461-7201 Atascadero (805) 238-9591 Paso Robles	Salvation Army – 5 Cities 1866 Beach St., Oceano (805) 481-0278
Weatherization – CAPSLO 1030 Southwood Drive, SLO (805) 544-4355		

Employment/Career Development

Central/Coastal/County Wide	North County	South County
<p>Business and Career One-Stop 880 Industrial Way, SLO (805) 903-1400</p>	<p>Estrella Career Center 2800 Buena Vista Drive, Bldg. 4000, Paso Robles (805) 237-3014</p>	<p>Business and Career One-Stop 1800 E. Grand Avenue, Suite H, Grover Beach (805) 270-3100</p>
<p>CalWORKS (805) 781-1600 SLO</p>	<p>CalWORKS (805) 461-6000 Atascadero (805) 237-3110 Paso Robles</p>	<p>CalWORKS (805) 474-2000 Arroyo Grande (805) 931-1800 Nipomo</p>
<p>Department of Rehabilitation – State of California 3220 S. Higuera Street, SLO (805) 549-3361</p>		
<p>Employment Development Department Unemployment Insurance; State Disability Insurance 1-800-300-5616 1-800-980-3287</p>		
<p>Senior Community Services Employment Program Work Training Programs 880 Industrial Way, SLO (805) 903-1483</p>		
<p>Shoreline Occupational Services – Goodwill 880 Industrial Way, SLO (805) 544-0542</p>		

Central/Coastal/County Wide	North County	South County
<p>Social Security Administration (Disability/Survivor's/Retirement Benefits/SSI)</p> <p>3240 S. Higuera, SLO (805) 544-5251 1-800-772-1213</p>		

Financial/Management Resources

Central/Coastal/County Wide	North County	South County
		Credit Counseling/Money Management 1547 W. Grand Avenue, Grover Beach 1-800-540-2227

Food/Groceries/Meals

Central/Coastal/County Wide	North County	South County
<p>Anonymous Neighbors (805) 927-5673 Cambria</p>	<p>Casa San Miguel (805) 467-2606</p>	
<p>Maxine Lewis Memorial Homeless Shelter 750 Orcutt Road, SLO (805) 781-3993 (Open at 6 p.m., check-in by 7 p.m., closes at 7 a.m.)</p>	<p>Christ's Kitchen 2nd Baptist Church 1937 Riverside, Paso Robles (805) 238-2011</p>	<p>Food Pantry Nipomo Community Baptist Church 545 Orchard Avenue, Nipomo (805) 305-1465</p>
<p>Church of Christ 2201 Lawton, SLO (805) 543-1219</p>	<p>Paso Robles United Methodist Church (805) 238-2006</p>	<p>Nipomo Food Basket (805) 929-1380/929-8382</p>
<p>Church of the Nazarene 1480 Santa Ysabel – Los Osos (805) 528-0391 ext. 35 Bag of groceries - \$2.00 donation accepted Also gas voucher program</p>	<p>Loaves and Fishes Atascadero (805)461-1504 Paso Robles (805) 238-4742</p>	
<p>Food Bank Coalition of SLO County/Harvest Bag (805) 238-4664</p>	<p>Food Bank Coalition of SLO County/Harvest Bag (805) 238-4664</p>	<p>Food Bank Coalition of SLO County/Harvest Bag (805) 238-4664</p>
<p>Full Life Outreach (805) 434-5650</p>		
<p>God's Storehouse – SLO (805) 782-0235</p>		

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Food/Groceries/Meals

Central/Coastal/County Wide	North County	South County
<p>Grace Church 1350 Osos Street, SLO (805) 543-2358 Call for appointment</p>		
<p>Grass Roots II 11545 Los Osos Valley Road, Suite A-1, SLO (805) 544-2333 Open M, W, F 9-12 or by appointment Food, clothing, furniture/household items, housing information, legal referrals, crisis counseling available.</p>		
<p>Green Pastures First Presbyterian Church 981 Marsh Street, SLO (805) 543-5451 Open Wed., 1-3:45 pm</p>	<p>San Miguel Old Mission (805) 467-3256</p>	
<p>Maxine Lewis Homeless Shelter 750 Orcutt Way, SLO (805) 781-3993 Dinner served</p>		
<p>Meal-On-Wheels – SLO (805) 541-1336</p>		<p>St. Patrick's Catholic Church (805) 489-2680 ext. 31</p>
<p>Salvation Army (805) 927-4044 – Cambria residents only (805) 772-7062 – Morro Bay (805) 544-2401 – SLO</p>	<p>Salvation Army (805) 466-7201 Atascadero Tues – Thurs 6 am – 11 am (805) 238-9591 Paso Robles Tues – Fri 10 am – 1:30 pm</p>	<p>Salvation Army (805) 481-0278 Grover Beach</p>

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Food/Groceries/Meals

Central/Coastal/County Wide	North County	South County
	<p>Twin Cities Vineyard Christian Fellowship (805) 237-7777</p>	
<p>St. Vincent De Paul Society 751 Palm Street, SLO (805) 544-7041 Tuesdays and Thursdays 2-3:30 p.m.</p>		
<p>Vineyard Christian Fellowship (805) 927-5550 – Cambria</p>		
<p>Women Infants and Children (WIC) (805) 781-5570</p>		

Housing/Emergency Housing/Shelter

Central/Coastal/County Wide	North County	South County
CAPSLO Homeless Services and Eviction Prevention Program (805) 541-4122	CAPSLO Homeless Services and Eviction Prevention Program (805) 466-5795	CAPSLO Homeless Services and Eviction Prevention Program (805) 473-8210
Catholic Charities 751 Palm Street, SLO (805) 541-9110	ECHO El Camino Homeless Organization (805) 462-3663	
ECHO El Camino Homeless Organization Emergency Shelter (805) 781-6400 (24 hour line)	Homeless Housing Project (HHP) (805) 238-7056	
Habitat for Humanity 2164 Parker Street, Ste A-2, SLO (805) 782-0687	North County Women's Shelter & Resource Center (805) 461-1338	
Housing Authority – City of SLO Section 8 for entire County 487 Leff Street, SLO (805) 543-4478	Paso Robles Housing Authority 3201 Pine Street, Paso Robles (805) 238-4015	
Maxine Lewis Memorial Shelter 750 Orcutt Street, SLO (805) 781-3993 Admittance between 6-7 p.m.; No one admitted after 7 pm; breakfast and dinner provided; showers available		
People's Self Help Housing 3533 Empleo Street, SLO (805) 781-3088		
Prado Day Center 43 Prado Road, SLO (805) 786-0617		
Tenant Foreclosure Hotline (415) 495-8012		

Legal Services/Government Benefits

Central/Coastal/County Wide	North County	South County
<p>California Rural League Assistance (CRLA) 1011 Pacific Street, SLO (805) 544-7994 Priority areas – housing, labor, public benefits, education; civil law cases excluding family law</p>	<p>California Rural League Assistance (CRLA) 1732 Spring Street, Paso Robles (805) 239-3708 Priority areas – housing, labor, public benefits, education; civil law cases excluding family law</p>	
<p>Creative Mediation Services (Conflict Resolution) (805) 549-0442</p>		
<p>Department of Child Support Services (Family Support) 1200 Monterey Street, SLO (805) 781-5734</p>		
<p>District Attorney SLO County Courthouse Annex, Fourth Floor, SLO (805) 781-5800</p>		
<p>Divorce Clinic for Women (805) 544-9313</p>		
<p>Family Court Mediation Services – Superior Court 778 Osos Street, Suite A-1, SLO (805) 781-5423</p>		
<p>Family Law Facilitator – Superior Court 1035 Palm Street, SLO (805) 546-3769 (805) 788-3418 (805) 788-2491 to schedule appointments</p>	<p>Family Law Facilitator Paso Robles Court House 901 Park Street, Room 117, Paso Robles</p>	
<p>Gryphon Society (ex-inmates) (805) 550-8140</p>		

Central/Coastal/County Wide	North County	South County
<p>Lawline SLO (805) 788-2099 No charge legal assistance</p>		
<p>Lawyer Referral and Information Service (805) 541-5502 \$25 referral fee; attorney charges regular fee</p>		
<p>Small Claims Advisory (805) 781-5856</p>		
<p>Social Security Administration 3436 S. Higuera Street, SLO (805) 544-5251 1-800-772-1213</p>		
<p>Tenant Foreclosure Hotline 1-888-495-8020</p>		
<p>Veterans' Services 801 Grand Avenue, SLO (805) 781-5766</p>		
<p>Victim/Witness Assistance Center – Office of the District Attorney County Government Center, Room 121, SLO (805) 781-5821 or 1-866-781-5821</p>		
<p>Women's Community Center (805) 544-9319 Legal clinic for self-representing family law litigants and divorce guidance class</p>		

Medical/Health Support

Central/Coastal/County Wide	North County	South County
<p>Community Health Centers 1551 Bishop, Bldg. A-110, SLO (805) 781-4230 660 Harbor Blvd., Morro Bay (805) 771-8489 Medical Mobil Unit, Cambria (805) 929-3211</p>	<p>Community Health Centers 5575 Capistrano Avenue, Atascadero (805) 461-6090 345 Spring Street, Paso Robles (805) 238-7250 500 1st Street, Paso Robles (Pediatrics) (805) 286-3100 1050 Las Tablas Road, Templeton (805) 434-1038 1385 Mission Street, San Miguel (805) 467-2275</p>	<p>Community Health Centers 1981 Cienega, Oceano (805) 270-0025 336 S. Halcyon, Arroyo Grande (805) 481-3652 150 Tejas Place, Nipomo (805) 929-3211</p>
<p>Children's Health Initiative (805) 540-5177</p>	<p>Pharmacy (Community Health Center Pharmacy Refill Line) (805) 269-1321</p>	<p>Health Care for the Homeless Project – CHC 710 S. 13th Street, Grover Beach (805) 473-7970</p>
<p>AIDS Support Network and Hep C Project (805) 781-3660</p>	<p>Tree of Life (Pregnancy Support Center) 7730 Morro Road, Suite 106, Atascadero (805) 461-3405 (805) 238-9550</p>	<p>Health Services Community Action Partnership of SLO County (CAPSLO) 1152 E. Grand Avenue, Arroyo Grande (805) 489-4026</p>
<p>County Medical Services Program (CMSP) 2180 Johnson Avenue, Trailer C, SLO (805) 781-4838 Payment for medical care for ages 21 to 64 who are not recipients of disability benefits</p>		<p>Fair Oaks Community Health Centers Primary and Urgent Care – CHC 1057 Grand Avenue, Arroyo Grande (805) 481-7220</p>
<p>Medical Society of SLO County (805) 544-3020</p>		

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Medical/Health Support

Central/Coastal/County Wide	North County	South County
Planned Parenthood of SLO 743 Pismo Street, SLO (805) 549-9459 1-800-230-PLAN		
Public Health Department 2191 Johnson Avenue, SLO (805) 781-5500 760 Morro Bay Blvd., Morro Bay	Public Health Department 723 Walnut Drive, Paso Robles (805) 237-3050	Public Health Department 286 S. 16 th Street, Grover Beach (805) 473-7050
Teen Health Education Center – CAPSLO (805) 549-9579		Teen Health Education Center – CAPSLO (805) 489-4026

Mental Health/Counseling

Central/Coastal/County Wide	North County	South County
Department of Behavioral Health 2178 Johnson Avenue, SLO 1-800-838-1381	Department of Behavioral Health 5575 Capistrano Avenue, Atascadero 1030 Vine Street, Paso Robles 1-800-838-1381	Department of Behavioral Health 1092 Grand Avenue, Suite C, Arroyo Grande (805) 473-7060 1-800-838-1381
Centers for Alternatives to Domestic Violence (805) 781-6406	Kinship Center Children's Clinic (805) 434-2449 ext. 28	
Community Counseling Center 1129 Marsh Street, SLO (805) 543-7679		
Catholic Charities 751 Palm Street, SLO (805) 541-9110		
E.A.T.S.L.O. Eating Disorder and Treatment 1540 Marsh Street, Suite 309, SLO (805) 547-9233		
Hospice Partners (medical support groups) 277 South Street, SLO (805) 782-8608		
Hospice (grief support) 1304 Pacific, SLO (805) 544-2266		
County Mental Health 24-Hour Crisis Line (805) 781-4700		
National Alliance for the Mentally Ill (805) 546-4040		
National Crisis Line 1-800-SUICIDE (784-2433)		
Peppertree Counseling		

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Mental Health/Counseling

Central/Coastal/County Wide	North County	South County
Services 1322 Morro Street, Suite B, SLO (805) 545-9449		
Transitions Mental Health Association (805) 541-5144		
Youth Crisis Hotline 1-800-448-4663		

Parenting/Family Support

Central/Coastal/County Wide	North County	South County
Parent Education		
Active Parenting – Ages 5-12 San Luis Coastal Unified School District (805) 549-1222	Active Parenting of Teens Kinship Center (805) 434-2449	Active Parenting Ages 0-5/School age/teens SAFE Family Resource Center 1086 Grand Avenue, Arroyo Grande (805) 474-2105
Family Court Services Parenting Classes (805) 781-5423	Coast Unified School District (805) 927-1697 or (805) 927-7148	CAPSLO Parenting Classes 1086 Grand Avenue, Arroyo Grande (805) 474-2029
	Love and Logic (Faith Based) (805) 239-3135	
Managing Family Anger Community Counseling Center 1129 Marsh Street, SLO (805) 543-7969	CAPSLO Parenting Classes (805) 466-3444	Parent Project English and Spanish (805) 473-5560 for upcoming classes
Parent Connection of San Luis Obispo County (805) 543-3700 www.sloparents.org		
Parenting 1,2,3,4 – Coast Unified School District Ages 1-4 (805) 927-5043 (805) 927-1697	Parent Project English and Spanish (805) 462-4350 for upcoming classes	Parent Project Jr. – Loving Solutions English and Spanish 1086 Grand Avenue, Arroyo Grande (805) 458-6388 (805) 474-2105
Youth Group of San Luis Obispo 995 Palm Street, SLO		

Central/Coastal/County Wide	North County	South County
Family Resources Centers		
<p>Parents Helping Parents of SLO – Families with children with a disability 3450 Broad Street, Suite 111, SLO (805) 543-3277</p>	<p>Atascadero Community LINK 6500 Morro Road, Atascadero (805) 466-5404 16th and L Street, San Miguel (805) 712-5327</p>	<p>Nipomo SAFE Family Resource Center (805) 473-5560</p>
	<p>Kinship Center 71 Main Street, Templeton (805) 434-2449</p>	<p>Active Parenting – Ages 0-5/School age/teens SAFE Family Resource Center 1086 Grand Avenue, Arroyo Grande (805) 474-2105 (805) 927-1697 or (805) 927-7148 San Luis Coastal Unified School District</p>
	<p>Paso Cares 1802 Chestnut Street, Paso Robles (805) 237-3421</p>	<p>SAFE Family Resource Center For families within Lucia Mar Unified School District (805) 474-2105</p>

Central/Coastal/County Wide	North County	South County
Pregnancy Counseling and Support		
Cal-Learn/TAPP (805) 544-5033		Cal-Learn/TAPP (805) 474-2107
Pregnancy Counseling and Support (805) 541-3367	Tree of Life (Pregnancy Support Center) 7730 Morro Road, Suite 106, Atascadero (805) 461-3405 (805) 238-9550	

Central/Coastal/County Wide	North County	South County
Resources and Family Support		
Parent Connection of San Luis Obispo County (805) 543-3700		CAPSLO POPS – Positive Opportunities for Parents’ Success Free/designed for couples (805) 474-2018
Parents, Families & Friends of Lesbians and Gays (PFLAG) (805) 438-3889 1-800-708-7675		
Teen Academic Parenting Program 1411 Marsh Street, Suite 201, SLO (805) 544-5033		

Substance Abuse/Recovery

Central/Coastal/County Wide	North County	South County
<p>Al-Anon Information Services (805) 543-9204 www.al-anon.org www.al-anon.alateen.org</p>		<p>Al-Anon Information Services (805) 481-7437 www.al-anon.org www.al-anon.alateen.org</p>
<p>Alcohol and Drug Free Living Centers (Life Steps) 3450 Broad Street, Unit 104, SLO (805) 549-0150 12-18 month residential treatment program for mothers with children.</p>		<p>Casa Solana (for Women) 383 S. 13th Street, Grover Beach (805) 481-8555</p>
<p>Drug & Alcohol Services 2945 McMillan Road, Suite 136, SLO (805) 781-4275</p>	<p>Drug & Alcohol Services 3556 El Camino Real, Atascadero (805) 461-6080</p>	<p>Drug & Alcohol Services 1106 Grand Avenue, Arroyo Grande (805) 473-7080 1523 Longbranch Avenue, Grover Beach (805) 473-7080</p>
<p>Cottage Outpatient of SLO 1035 Peach Street, Suite 203, SLO (805) 541-9113</p>	<p>North County Connection 8600 Atascadero Avenue, Atascadero (805) 462-8600</p>	<p>Gryphon Society 1587 El Camino Real, Unit B, Arroyo Grande (805) 460-6710 Helping men and women with drug and/or alcohol problems. Sober living homes</p>
<p>Alcoholics Anonymous (805) 541-3211</p>	<p>Alcoholics Anonymous (805) 238-2290</p>	<p>Together We Can – The Recovery Club 111 S. 9th Street, Grover Beach (805) 481-4069 Community recovery club provides a meeting place for self-help and 12-step groups; educational programs</p>
<p>Gryphon Society (805) 550-8140 (805) 787-0637</p>		
<p>Hotline</p>		

Central/Coastal/County Wide	North County	South County
<p>SLO County 211 (805) 549-8989 24 hours a day; information and referrals; senior information and counseling</p>		
<p>Middlehouse – Sober Living Home 2939 Augusta Street, SLO (805) 544-8328</p>		
<p>Project Amend (Probation) 657 Sweeny Lane, SLO (805) 782-9600 Substance abuse recovery for men; 12-step residential treatment program with attendance at AA/NA</p>		
<p>Transitions Mental Health Crisis Counseling 1-800-529-4499 24-hour</p>		

Transportation

Central/Coastal/County Wide	North County	South County
Central Coast Area Transit (805) 541-2228	Dial-a-Ride (805) 239-8747	
City of San Luis Obispo Transit (805) 541-2877		
Dial-a-Ride (805) 528-7433 – Los Osos (805) 772-2744 – Morro Bay		
Regional Transit Authority (bus passes) (805) 541-2228		
Ride-On (805) 541-8751 1-800-958-7433		
Runabout (805) 541-2544		
SLO Transit (805) 541-2877		

Veterans

Central/Coastal/County Wide	North County	South County
<p>SLO County Veteran's Services 801 Grand Avenue, SLO (805) 781-5766</p>		<p>State Disability Business & Career One-Stop (forms available) 1800 E. Grand Avenue, Suite H, Grover Beach (805) 270-3100</p>
<p>Social Security Administration 3430 South Higuera, SLO (805) 544-5251 1-800-772-1213</p>		

Women

Central/Coastal/County Wide	North County	South County
Cambria Women's Resource Center (805) 927-2576		Five Cities Christian Women (805) 481-2877
Planned Parenthood of SLO 743 Pismo Street, SLO (805) 549-9459 1-800-230-7526		
Sexual Assault Recovery and Prevention Center (805) 544-8888		
The Women's Community Center (805) 544-9313		
Women, Infants, and Children (WIC) (805) 781-5570		

Miscellaneous Resources

Central/Coastal/County Wide	North County	South County
<p>Hotline (805) 549-8989 24 hours a day; information and referrals; crisis counseling; senior information and counseling</p>		
<p>Tattoo Removal CAPSLO – Community Action Partnership of SLO (805) 781-1285</p>		