

MHSA Advisory Committee (MAC)

Thursday, August 17, 2017

Veterans Hall, San Luis Obispo

4:00pm – 5:30pm



**SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT**



WELLNESS • RECOVERY • RESILIENCE

Agenda

Welcome, Introductions, and Goals for meeting

**Frank Warren, SLOBHD (Division Manager and County
MHSA Coordinator)**

CSS Work Plan Review & Updates

**COD for Adolescents – Holl-lee Lawrence, LMFT
SEP at Martha’s Place – Melida Sokoloski, CAPSLO**

PEI Work Plan Review & Updates

Nestor Veloz-Passalacqua, SLOBHD (ASO II)

INN Work Plan Review & Updates

New round: Planning 17-18

Fiscal Update

Briana Hansen, SLOBHD (Accountant III)

Old Business

**Expansion of medication services for Adult FSP (approved
by electronic consensus)**

No Place Like Home: Technical Assistance Grant

CSU: RFP for Services

New Business for 2017-18

WET expenses for 18-19 planning discussion

Support for Community Action Team

Future Support for 40 Prado

LGBTQ Needs Assessment

Next Meetings:

Thursday, September 21, 4pm, Vet’s Hall

Conclusion

**SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT**



WELLNESS • RECOVERY • RESILIENCE

The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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MHSA Advisory Committee

- ▶ MHSA Advisory Committee Introductions
- ▶ Staff Introductions



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

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Community Services and Supports (CSS)

1. Child & Youth Full Service Partnership(SLOBHD & FCN)
2. Transitional Age Youth FSP (SLOBHD & FCN)
3. Adult FSP (TMHA & SLOBHD)
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)
 1. COD for Adolescents – Holl-lee Lawrence, LMFT
 2. SEP at Martha’s Place – Melinda Sokoloski, CAPSLO
6. Latino Outreach Program (SLOBHD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)



SERVICE ENHANCEMENT PROGRAM

MARTHA'S PLACE CHILDREN'S ASSESSMENT CENTER

PROGRAM GOALS

- **Reduce stress associated with navigating the health care system**
 - Assists with complex enrollment paperwork, Medical eligibility, forms, appointment setting
- **Increase access and engagement of clients and families**
 - Provides home visitation, appointment reminders, transportation assistance, clothing, diapers, food, car seats, rental assistance, and linking families to child care and health care services for children 0-5 years old

STAFFING AND SERVICES

- **1 full time Family Advocate**
 - **Bilingual / bicultural**
 - **BS degree and certified in Active Parenting curriculum**
 - **Housed at Martha's Place center since May 2017**
 - **Works directly with Martha's Place therapists, nurses, Pediatrician, and administrative staff**
 - **Networked with multiple Family Resource Centers county wide**
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OUTCOMES MAY 2017 TO JUNE 2017

- 37 referrals
 - 19 accepted services
 - 10 received consultation only
 - 8 non-responsive
 - Families are contacted with 48 hours of referral
 - 276 client contacts made
 - 103 contacts including in person / phone / text / email
 - 173 contacts included supportive service contacts: paperwork, referrals, linking to other services, translation
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Prevention & Early Intervention (PEI)

1. Mental Health Awareness and Stigma Reduction (TMHA & SLOBHD)
 2. School-based Wellness (CAPSLO, SLOBHD, & The LINK))
 3. Family Education and Support (Center for Family Strengthening (CFS), CAPSLO)
 4. Early Care and Support for Underserved Populations (Cuesta College, Public Health & Wilshire CS)
 5. Integrated Community Wellness (Community Counseling Center, TMHA & SLOBHD)
- Planning group looking at small expansions in FY17-18
 - Potential of \$170k in new expenses

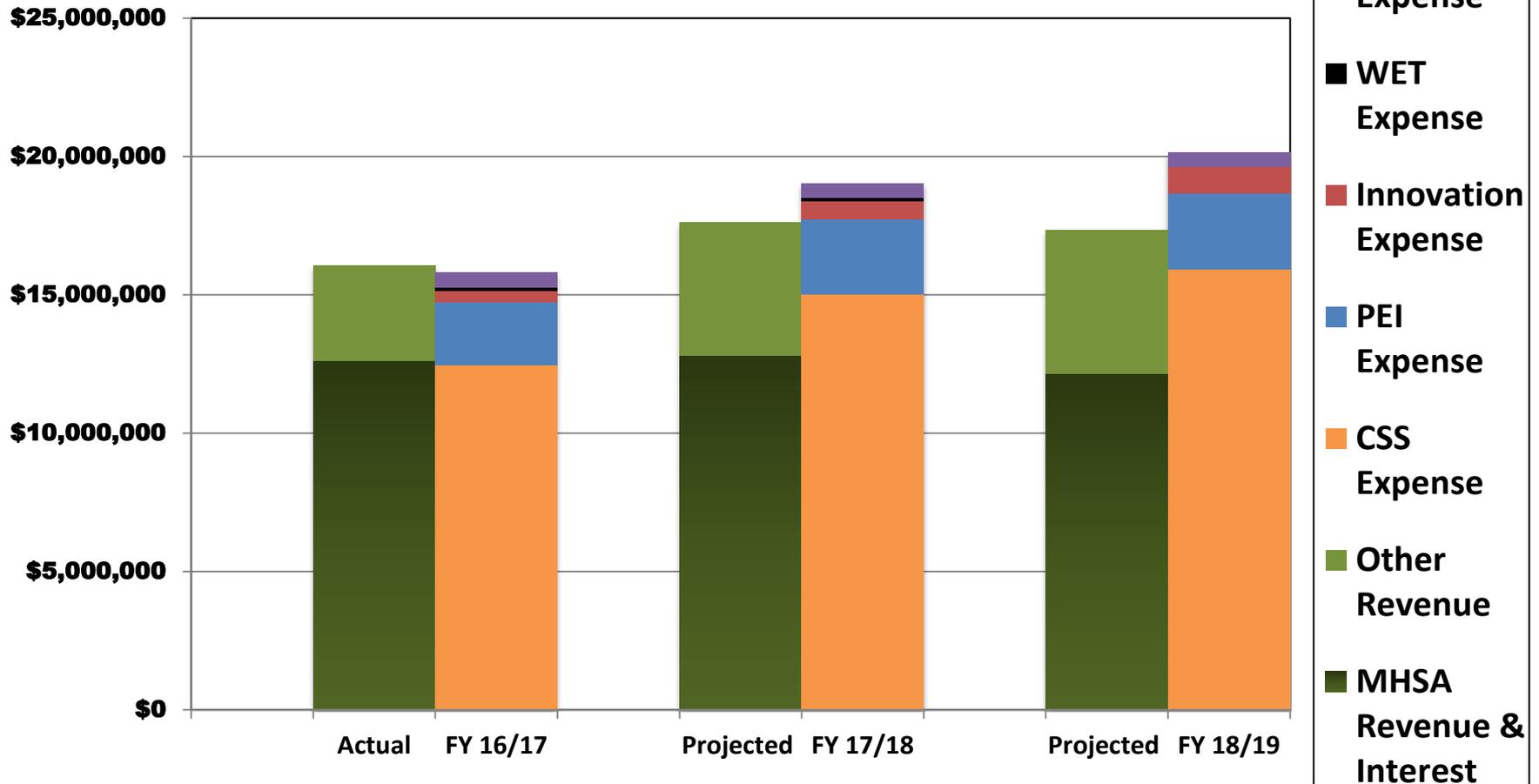


1. COLEGA
2. Late Life Empowerment & Affirmation Project
3. Transition Assistance & Relapse Prevention
4. Not for Ourselves Alone: Trauma Informed County



MHSA Fiscal Update

MHSA Revenue and Expense Projections FY 16/17 – FY 18/19



MHSA Fiscal Update

- FY 2016/17 Actual was \$14.2M
(MHSA \$10.7M/Other Revenue \$3.5M)
 - \$2.4M under budget
 - FY 2017/18 Adopted Budget is \$16.9M
(MHSA \$12.1M/Other Revenue \$4.8M)
 - CSS: \$13.1M
 - PEI: \$2.5M
 - INN: \$636K
 - WET: \$155K
 - CFTN (Electronic Health Record Support): \$502K
 - Prudent Reserve Balances:
 - CSS: \$4,336,547
 - PEI: \$67,608
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MHSA Fiscal Update

- CSS Update:
 - Beginning in FY 17/18, we can add up to \$500K in services
 - Approved moving a total of \$4M into the Prudent Reserve over the next few years.
 - Per statute, we can transfer a maximum of 20% of the average amount of funds received in the previous five years to Prudent Reserve, WET, or CFTN.
 - Currently transferring approx. \$530K to CFTN for BHEHR
 - Amount transferred FY 16/17 was \$1.5M
 - Amount proposed to transfer FY 17/18 approx. \$1.2M
 - Amount proposed to transfer FY 18/19 approx. \$1.3M

MHSA Fiscal Update

- Prevention & Early Intervention Update:
 - CalMHSA Program funding increase of \$35K
 - Phase III Sustainability Funding \$98K
(4% of projected PEI funds)
 - Fund Development Fee \$4K
 - Potential to add additional \$135K per year in services beginning in FY 17/18

MHSA Fiscal Update

- Innovation Update:
 - Next round of planning to be begin in FY 17/18
 - Can add up to \$300K in FY 18/19
 - Can potentially add up to \$200K in FY 19/20
- Workforce, Education & Training Update:
 - Estimating by FY 18/19 there will be \$0 remaining from the initial allocation
 - Options:
 - Transfer WET programs into CSS
 - Transfer CSS funds to WET

Old Business

- **Expansion of medication services for Adult FSP (approved by electronic consensus)**
- **No Place Like Home: Technical Assistance Grant**
 - **Due September, 2017**
 - **\$100,000 over three years**
- **Crisis Stabilization Unit: RFP for Services**
 - **To be released 8/30/17 until 10/16/17**

New Business

Workforce Education & Training expenses for 18-19 planning discussion

- WET Programs FY 17/18 (MHSA \$120K/Other revenue \$35K)
 - Peer Advisory and Advocacy Team (PAAT) \$25K
 - E-Learning \$18K
 - Crisis Intervention Training \$7K
 - Cultural Competence \$13K
 - Co-occurring Training \$3K
 - Internship Program \$88K
 - Admin \$1K

Recommendations for 9/21/17 MAC

New Business

○ Support for Community Action Team

Proposal:

- **Fund up to \$115,000 for a clinical-intern level therapist/social worker to provide field assistance to SLOPD's Community Action Team**
 - **Cost based on County Mental Health Therapist III, plus \$10k of operating expenses**
- **Position will be explored with County and SLOPD to determine best process for rollout (e.g. RFP, scheduling, work location, clinics, etc.)**
- **Therapist will provide support when possible to Sheriff's CAT, in continual partnership already established with SLOPD**
- **Commit to one-year evaluation to determine if more support is needed for Sheriff and other agency community teams**

New Business

Future Discussions:

- **Support for 40 Prado**
- **LGBTQ Needs Assessment**

Upcoming MAC Meetings

- ***Thursday, September 21, 2017***
 - ***4:00pm – 5:30pm***
 - ***Vet's Hall Lounge***

INNovation Stakeholders Meeting

Sept. 21

3:00 – 4:00pm

Thank You

Frank Warren

MHSA Coordinator

Prevention & Outreach Division Manager

SLO County Behavioral Health Dept.

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