

**SAN LUIS OBISPO COUNTY
HEALTH COMMISSION**

Minutes of Meeting

Monday, January 9, 2017 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage (Chair), Robert Campbell, Claire Grantham, Jean Raymond, Tamar Sekayan, Scott Smith-Cooke, Susan Warren, Candace Winstead

Members Absent: Kris Kington-Barker, David Clous

Staff Present: Dr. Penny Borenstein, Jean White

Speakers: Julianne Schmidt, LMFT; Kathleen Gremel, RN; Katie Dolezal, NP; Candace Winstead, Associate Professor, Cal Poly

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order at 6:00 PM by Chair Sage.	<i>Call to Order</i>	<i>Chair Sage</i>
2. Approval of Minutes	Minutes of November 14, 2016 and December 12, 2016 were approved as drafted.	<i>Nov. & Dec 2016 minutes approved</i>	<i>All</i>
3. Public Comment	Chair Sage opened the floor to public comment with no response.		
4. Presentation: Part Two: SLO County Opioid Safety Coalition	<p>Commissioner Winstead introduced tonight’s program and speakers. Tonight’s program is Part Two of a two-part presentation from the Opioid Safety Coalition. The Coalition was formed with five action teams as part of the structure to address the opioid epidemic in SLO County. Part One of the presentation included an overview of the Coalition and reports from the Data Outcomes & Measures Action Team and the Community Prevention Action Team. Part Two is an overview of the Safe Prescribing & Health Care Action Team, Medication Assisted Treatment Action Team and Naloxone Overdose Antidote Action Team.</p> <p>SAFE PRESCRIBING & HEALTH CARE ACTION TEAM <i>Kathleen Gremel, RN, County of SLO Public Health and member of the Opioid Safety Coalition,</i> provided an overview of the goals of the Safe Prescribing Team: 1) Distribute “<i>Safe Pain Medicine Prescribing</i>” ED flyer to physicians and identify 5 physicians that have incorporated the use of safe prescribing practices into their practice; 2) Increase participation of medical professionals in the Safe Prescribing Action Team; 3) Develop a resource list for providers with alternative pain management treatment options to opioid use; 4) Advocate for an increase in social workers, therapists, care coordinators, and drug & alcohol counselors to assist hospitals and ERs to provide assessment; and 5) Develop a resource guide for physicians to be included with discharge paperwork. Completed: <i>Safe Pain Medicine Prescribing</i> flyer is being used in 4 EDs. Team is currently working on a letter campaign for CURES Law & CDC Safe Prescribing guidelines. Persons can help them by talking with medical professionals about safe prescribing practices and volunteering on the prescriber letter campaign.</p> <p>MEDICATION ASSISTED TREATMENT (MAT) ACTION TEAM <i>Katie Dolezal, NP, County of SLO Behavioral Health and member of the Opioid Safety Coalition</i> provided definitions and talked about FDA approved treatments for opioid addiction. The goals of the MAT team are 1) to increase the number of prescribers for Suboxone in the county and 2) increase patient/client access to MAT in the county by developing policy and procedure for Suboxone inductions to occur in County Jail. To date the team has completed staffing & financial study of MAT inductions in the Jail and in progress is the letter campaign to increase Suboxone Waivered physicians in the county. Also in process is development of a resource card for all county prescribers. Health Commissions members can help by sharing their knowledge about the value of Bup/Suboxone therapy</p>	<i>A copy of the SLO Opioid Safety Coalition’s Power Point presentation is filed with the official record of the meeting.</i>	

	<p>to others in the community, support efforts to bring Bup/Suboxone therapy to custody setting, and talking to prescribers about how they handle opiate prescribing, addiction, and treatment referrals.</p> <p>NALOXONE: OVERDOSE ANTIDOTE ACTION TEAM <i>Candace Winstead, Associate Professor, Cal Poly and member of the Opioid Safety Coalition</i> provided an overview of the goals of the Naloxone Overdose Antidote Action Team: to increase the number of trained overdose prevention educators by 10 persons, establish at least 3 pharmacists in SLO County trained in naloxone education and willing to distribute, create an educational brochure about naloxone use and overdose prevention for wide distribution to agencies/schools/healthcare settings, and create a press release for the general public to provide education about naloxone. Update: The team has 8 new trained overdose prevention educators, 2 pharmacists have completed naloxone training, nasal atomizer for naloxone now covered by MediCal, and the letter campaign to increase physicians prescription of naloxone to high risk is in progress. The naloxone brochure for physicians/pharmacists is almost completed and they continue to support pharmacies in their trainings.</p> <p>Ms. Winstead also provided an overview of the SLO Syringe Exchange and Overdose Prevention (SEP) Program, using a harm reduction philosophy, one for one syringe exchange since 2007. Ms. Winstead provided data on SEP participants and naloxone usage. The majority of SEP participants are injecting heroin or other opioids. The program offers HIV/HCV testing, linkage to treatment and care, and injectable naloxone. Since 2015, the program has distributed 167 naloxone kits. Drug & Alcohol Services also offers naloxone overdose training and an overdose prevention “red bag” to their clients with a history of opiate addiction. They have the nasal naloxone available and have written approx. 350 prescriptions. Persons can help the naloxone team by sharing naloxone brochures with agencies, talking w/medical professionals about naloxone and donating to the SLO-SEP/ODP.</p> <p>Julianne Schmidt referred to last month’s meeting where there were many questions about sustainability of the Coalition. She updated that they are currently working on applying for a CDPH grant, have submitted a Budget Augmentation Request to employ a .50 FTE to continue to coordinate the coalition, and Behavioral Health has submitted a letter of intent to a foundation to work with UCSF to pilot a MAT induction program in the Jail.</p> <p>Julianne Schmidt invited commissioners to attend the next SLO Opioid Safety Coalition Summit on January 19, 2017, 8:00-10:30 am, at Sierra Vista Regional Medical Center. Registration is required.</p> <p>Commissioner Campbell asked what percentage of total injection drug users in the county were being reached through their program. (<i>Commissioner Winstead noted that those numbers are hard to come by. Dr. Borenstein added that the only survey she is aware of that asks about drugs and not necessarily injection, is the Healthy Kids Survey.</i>)</p> <p>Commissioner Campbell asked what kind of “inroads” fentanyl has made in the county. (<i>Dr. Borenstein advised that the ERs have not reported any cases of identified fentanyl use. Commissioner Winstead added that it is high in the east coast population and they are starting to see it in SF.</i>)</p> <p>Commissioner Campbell commented that per the Opioid Use Report Card, there have been 100 prescription opioid related deaths in the county in the last four years. Physicians who prescribe these medications are very happy to see guidelines. It would be very helpful for physicians to have useful indicators on how the drugs prescribed have contributed to these deaths.</p>		
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	<p>Commissioner Sekayan suggested that the local National Association of Social Workers Chapter would be a potential resource in terms of a train-the-trainer program to help spread the word.</p> <p>Commissioner Sekayan encouraged the coalition to reach out to the patient advocacy departments at pharmaceutical companies to hear more about the program and for possible funding support.</p> <p>Commissioner Smith-Cooke confirmed that pharmacists are allowed to prescribe naloxone directly to their customer and asked about the number of pharmacies who have joined the program. <i>(Ms. Schmidt advised that there is one pharmacist in SLO who has completed the training and one other who was going to complete the training, but uncertain of status. In September they held a train-the-trainer pharmaceutical dinner event with a lot of interest.)</i></p> <p>Commissioner Smith-Cooke asked if attending the Summit would be beneficial for a consumer of health care. <i>(Ms. Schmidt advised that it is a very educational opportunity for all community members. Data presented affects everyone and they would like to involve more community members who have a personal story.)</i></p> <p>Commissioner Grantham asked if they are working with the sheriff's department and police departments to carry naloxone. <i>(Ms. Schmidt advised that paramedics carry naloxone and the director of EMSA is on one of their action teams. There are a couple of law enforcement agencies that are interested in carrying naloxone, but protocols have to be put in place and they would have to complete the medical training plus an additional course on naloxone.)</i></p> <p>Commissioner Grantham suggested that they involve the surgeons who are prescribing.</p> <p>Commissioner Campbell asked about CURES Program usage. <i>(Ms. Gremel advised that it is mandatory to use CURES if you are prescribing any of the controlled substances. Dr. Borenstein added that the legislature in 2015 required physicians to register as a provider who had access to the information in the database. As of January 1, 2017, physicians must show evidence that they are doing a lookup on a patient and using the system before the prescription becomes validated. Ms. Dolezal added that the system is very easy to use.</i></p> <p>Chair Sage commented that it is encouraging to hear that the CURES program is easy to use because when it first came out, it was very cumbersome. Important to get that word out to providers.</p>		
<p>5. Request for Letter of Support from the SLO Opioid Safety Coalition - Action</p>	<p>Julianne Schmidt, LMFT, County of SLO Behavioral Health and Coordinator for the Opioid Safety Coalition, presented a draft Letter of Support for Health Commission review and consideration for inclusion with the Coalition's application for a California Department of Public Health (CDPH) Grant. The amount of the grant is \$51,000 for a 21 month period of funding.</p> <p>A motion was made by Commissioner Warren, seconded by Commissioner Campbell to submit the letter of support from the Health Commission as drafted to be included with the Coalition's grant application. No further discussion. Motion passed on the following roll call vote: (AYES – Campbell, Grantham, Raymond, Sekayan, Smith-Cooke, Warren, Winstead, Sage; NOYES -- None; ABSENT-- Clous, Kington-Barker).</p>	<p><i>Motion passed.to submit letter of support to be included with the SLO Opioid Safety Coalition's grant application.</i></p>	
<p>6. Health Agency/Public Health Report</p>	<p>Dr. Penny Borenstein, Health Officer, reported on the following:</p> <ul style="list-style-type: none"> • Announced that they have ongoing vacancies for Public Health nurses. Recruitment has been difficult, but the salary has gone up 10% in the current fiscal year. • A provision of the Affordable Care Act by which inmates can have MediCal coverage if they are hospitalized is going into effect in April. It provides a mechanism by which the hospitals will bill MediCal directly and then bill the County for their share of the match. • This Thursday, members of the emergency medical community and emergency response teams will 		

	<p>be participating in a CHEMPACK Tabletop drill.</p> <ul style="list-style-type: none"> • It has been a busy communicable disease month with 21 cases of hospitalized/nursing home reports of flu today, a salmonella outbreak, a chickenpox notification and a first measles case in the county (in quite a while). It is not too late to get a flu shot. Dr. Borenstein advised that you can still become ill with the flu even though you have been vaccinated, but it is a much less severe version of the flu. • Progress is being made in legislation for a change from universal TB testing of our population toward testing only those that present with higher risk. Two years ago, law was changed to make a risk assessment rather than a TB test for school faculty/volunteers. This year, CCLHO is taking on legislation for healthcare workers. This is heading in the right direction of truly identifying cases of latent TB and in so doing, preventing active disease and further spread. 		
7. Health Commissioner Updates	<p>Chair Sage reported that the Healthy Communities workgroup continues to meet monthly. Since 2014, the workgroup has reviewed approximately 75 plans. The workgroup is now being approached by some of the cities to review plans. Chair Sage will be making comment at Arroyo Grande City Council tomorrow night on behalf of the workgroup to show their support for a project. They have also been asked by the SLO City to review a couple of plans.</p> <p>Chair Sage also reported that the Preventive Health Grant Committee will begin meeting in February to review grant applications from community based organizations. The deadline for submitting applications is at the end of January.</p> <p>Commissioner Grantham reported that PHEPAC met last week where OES talked about grants they are applying for: electronic patient care system between the agencies – fire, EMSA, and new lab equipment for the PH Laboratory. Dr. Beebe presented on PH Laboratory services and testing. Christine Gaiger presented on isolation and quarantine. Commissioner Grantham recommended that Dr. Beebe be invited to provide an overview of laboratory services to the Health Commission.</p> <p>Commissioner Campbell reported that he is hoping to have a draft letter regarding the Health Commission’s recommendation for the Oceano/Nipomo Mesa dust issue at the March meeting. They are waiting on the results of the dust modelling project.</p> <p>Commissioner Warren reported that an overnight shelter was recently opened in North County at St. Williams Church in Atascadero. This is along with ECHO and for when temperatures are below 35 degrees or when it is raining. Persons should call 2-1-1 to ask if the shelter will be open for the night. The shelter is also in need of volunteers.</p> <p>Commissioner Warren also reported that the 2017 Point In Time Homeless Count will be held on January 30th. They are need of volunteers. On January 18th at 1:00 PM at the SLO Vets Hall there will be a Homeless Services Oversight Council (HSOC) meeting where they will be talking about training, etc. that needs to occur prior to Point In Time Count. Persons can also contact Laurel Weir at DSS.</p>		
8. Committee Reports	<p>Chair Grantham reported that the Nominating Committee will be meeting on Monday, January 23rd, to interview candidates for the Direct Provider vacancy on the Commission and will bring forward a recommendation at the March meeting.</p>		
9. Prospective Future Items	<p>No Meeting February 2017.</p> <p><u>March 13, 2017</u> Environmental Health Services Beach Water Quality Program Update</p>		
10. Adjournment	Meeting adjourned at 7:45 PM.	<i>Adjournment</i>	<i>All</i>