



# SAN LUIS OBISPO COUNTY Public Health Laboratory

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## SPECIMEN COLLECTION & TRANSPORT INSTRUCTIONS

### Pinworm Detection

The kit contains three tubes. Inside each tube there is a plastic paddle which has a sticky adhesive on one side. See Figure 1.

#### COLLECTION

Specimens are best collected the first thing in the morning before bathing or before a bowel movement. One specimen is taken per day for three different days.

DO NOT wash the anal area before collecting the specimens. Collect one specimen on three different mornings.

Expose the anal area by gently separating the cheeks and pressing the adhesive side of the paddle against several sides of the perianal region. DO NOT INSERT PADDLE INTO RECTUM. See Figure 2.

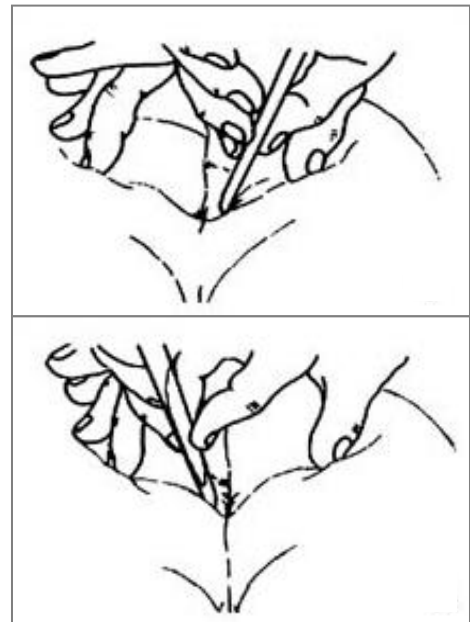
When the specimen has been collected replace paddle into the tube and push firmly.

#### TRANSPORT

After all three tubes have been collected place the tubes into the plastic bag. Specimens can remain at room temperature until delivered to the Public Health Laboratory. Be certain to complete laboratory requisition and place in the outside pocket reserved for paperwork only. Deliver to the Public Health Laboratory at 2191 Johnson Avenue, San Luis Obispo.



**Figure 1**  
Tube with specimen collection paddle



**Figure 2**  
Separate Cheeks