

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

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AGENDA

Meeting Date: Friday, October 17, 2014 **Time:** 10:00 am - Noon

Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair by email or 235-5779, if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll Lists
- Approval of Sept Minutes (Oct Minute Taker, Marianne Zarycka)
- Approval of Agenda
- Public Comment (2 minutes)

Introductions: Guests & Members; Agency introductions & updates

Special Guest Reports: (5 -10 minutes)

- Jeff Brubaker: Transportation Planner, San Luis Obispo Council of Governments (SLOCOG)
ACTION Item: Reference letter for Planning Grant
- Suzan Ehdaie, MBA: County Housing & Economic Development Team
5 year strategic plan for federal funds coming to area
[on line survey emailed to members 8-29-14]
- Buff Lawson, HICAP Registered Counselor: Medicare Open Enrollment: Facts & Changes you NEED to KNOW. (15-20 min)

Presentation: Speakers: All Members: Essence of the Commission: Foundation & Future
Please bring binder & questions. Review bylaws.

Unfinished Business:

- Final draft Advocacy Guidelines (see attachment) **ACTION Item**

New Business:

- Nominating Com Report: Slate of candidates for 2015 Officer positions

Member Reports/Updates

- Outreach Committee
- South County House Tour (Anita)

Member Concerns/Questions

- Q & A re: scams
- other

Other Announcements:

Adjournment:

Next Meeting, November 21, 2014 (last meeting of the year)

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo
Minutes, October 17, 2014

Members Present: Maryanne Zarycka, Anita Shower, Judy Mishoulam, Kathleen Bellefontaine, Marilyn Hamilton, Myra Lathrop, Peta Rimington, Gari Cave, Julie Macedo, Kelley Sexton, Lynne Frank, Brittany Carraway, Tina Solomon (Senior Nutrition)

Absent: Alice York, Marie Pounders, Carol Schmidt, Roger Randall, Leonard Milstein

Guests: Francesca Nemko, Cindy Deibert, Buff Lawson (HICAP), Suzan Ehdaie (County Planning), Bill Knowlton, Marcie Zundel, Jeff Brubaker (SLOCOG), Sierra Cadena (Achadjian ofc)

Quorum established. Call to Order: 10:06 a.m. **Flag Salute.** Circulation of roll lists. **Sept Minutes:** Approved as written. **Agenda:** approved as written. **Public Comment:** none

Introductions of all members & guests: Tina Solomon (Senior Nutrition) announced that Mobile Pet Pantry is now offering pet food service in SLO for housebound seniors. Gari Cave, CA Senior Legislator announced that #402 Tax Return Donation for the funding of for CSL fell short by \$16,000. Requested all who can, please 'check off' the box for donation at next tax time period so program can continue to be funded. Julie Macedo (County Mental Health) announced that Transitions Mental Health Assoc is hosting a Gang Conference – see website or call TMHA for details. Guest, Francesca Nemko, announced that ALZ Association is hosting Walk, Oct 18. Marilyn Hamilton announced the start of Senior Peer counseling training, Oct. 21.

SPECIAL GUEST REPORTS:

Jeff Brubaker: Transportation Planner, SLO Council of Governments (SLOCOG) - ACTION Item:

Vote to approve support for funding Long Range Transportation Plan with Cal Trans (Reference letter for Planning Grant). This application is for an \$88,000 (\$100,000) grant to fund the research, assessments, and documentation for a regional transportation plan which will increase the safety, convenience, and options related to transportation for seniors and aging communities. Motion made, seconded, and approved unanimously.

Suzan Ehdaie, MBA: County Housing & Economic Development Team – Information Item:

There is a 5 year strategic plan being developed for \$2,000,000.00 of federal funds to be spent in SLO County for senior housing and public services. There is a need for input from the seniors in the community, and Suzan is asking that we fill out, and pass on to others, the on-line survey emailed to members 8-29-14. The 5-year plan covers 2015-2019.

Buff Lawson, HICAP Registered Counselor: Medicare Open Enrollment: Facts & Changes you NEED to KNOW. – Information Item:

HICAP is working with AAA office to help seniors through the maze of Medicare 2015. Medicare Part A is solvent, Part B is mandated to be funded. March legislation voted as of 2017 re-designate rural areas to metropolitan which will increase the reimbursement. Part B – 2015 no increase. Part A slight increase of copayment. October 15th was open enrollment and HICAP has detailed presentations countywide to help with this process. Summary: Part D Drug and Advantage Plan must be revisited and customers should check coverages to make sure they still apply accordingly. Medicare.gov is a search engine for drug search and least expensive plan based on individual needs. Paper application search will take longer and must be submitted by Nov 21st for assistance. New Advantage plan HMO-Golden State zero premium or deductible-limited to doctor network (closed) and helpful for North County residents.

PRESENTATION: Speakers, All Members: Essence of the Commission: Foundation & Future.

Foundation of COA existence: Chair emailed commissioners a rating sheet about performance of Commission. It listed the Purpose and Activities designated by the COA Bylaws that are guidelines for the existence of the Commission. Members found this survey difficult to rate. Little discussion on each item but members agreed that we are strong on “dissemination of information.” COA is doing its part when we have speakers. We can do better at writing more advocacy letters and advertising. Also, possibly attending more BOS meetings. Suggestion was made to have Tribune do an article on the Commission.

Foundation of Committees: Nominating Committee: Marilyn described the tasks & purpose. Outreach Committee: Marilyn spoke about history of the Speakers Bureau, usage by the community, listing on COA website and need for new speakers and topics. Marilyn also mentioned Maryanne’s past outreach to Paso Senior Center with COA Corner. Myra spoke about the history of the Hearing Friendly Advocacy committee which was responsible for having a sound system installed in the Vet’s Hall. Anita spoke about the Hearing Friendly Rack Cards that was also created because of this advocacy.

Due to time limitations this discussion was closed and will be completed at Nov meeting.

UNFINISHED BUSINESS:

ACTION ITEM: Final draft Advocacy Guidelines – Approved by unanimous vote

NEW BUSINESS:

Nominating Com Report: Slate of candidates for 2015 Officer positions: Kathleen Bellefontaine–Chair, Alice York – Vice Chair, Anita, Hospitality. Vote will be taken at Nov meeting.

MEMBER REPORTS: None

MEMBER CONCERNS:

Q&A: re scams

Tina Solomon described Grandparent Scam that has recently affected a family member. Kelley Sexton (DA Ofc) verified this is a scam with a long history. Members who have known about this for several years, expressed frustration that people are still not aware of it. Kelley will chk on possible Trib article.

Adjournment: 12:00 pm

Next Meeting, November 21, 2014 (last meeting of the year)

Minutes submitted by Maryanne Zarycka and reviewed by Chair