The National Alliance on Mental Illness is a grassroots, self-help, support, education and advocacy organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI was founded in 1979 by 254 people and now has more than 210,000 members in over 500 affiliate groups in all 50 states. An estimated 1 in 5 adults and 1 in 12 children are living with mental illness.

Individuals and their families are personally touched by brain disorders from major depression, bipolar disorder, schizophrenia and severe anxiety disorders such as panic disorder and obsessive compulsive disorder.

All proceeds from the Beautiful Minds Walk will be used to fund local programs of support, education, and advocacy.

NAMI SLOCO is a charitable, public benefit, 501(c)(3) organization.

Visit NAMI SLOCO’s website at www.namislo.org

Or Email namisanluisobispo@gmail.com
REGISTRATION FORM
BEAUTIFUL MINDS RALLY AND WALKATHON 2019
ONE FORM PER WALKER

Name: (Print) ______________________________________________________________________

Address: ______________________________________ City: __________________ Zip:_________

Telephone: ___________________________________ E-Mail: ______________________________

Team Name: __________________________________ Team Leader: _________________________

T-SHIRTS AVAILABLE WHILE SUPPLIES LAST!

☐ I will walk

☐ Enclosed is my donation of $ ___________. All of my donation will be used to support NAMI
   SLOCO programs in our community.

Make checks PAYABLE TO: NAMI SLOCO. Place donations in envelope along with registration form
and mail to: NAMI SLOCO, Attn: Beautiful Minds Walk, P.O. Box 3158, San Luis Obispo, CA 93403. All
donations are tax deductible.

Waiver of Responsibility: In consideration of this entry, I hereby waive and release any rights and
claims for damages I may have against NAMI SLOCO, the city of San Luis Obispo, or any event sponsors
or hosts for any injury I may incur. I understand that weather conditions may be a factor in any event
and I accept personal responsibility for properly preparing myself. Further I understand that traffic control
will be limited and I accept that as a condition of the event and will protect myself accordingly.
I also give permission to the National Alliance on Mental Illness, San Luis Obispo County Chapter,
to use my name and any photography taken of me during the event in any promotional materials.

Important: Participants under age 18 must have this form signed by a parent or guardian.

Signature:_____________________________________________ Date:_______________________

STEP 1: REGISTER
Gather friends and family to create your team. Have each member mail a registration form and indicate team
name and leader. Forms may be reproduced.

STEP 2: FUNDRAISING
Set a goal for your team, find donors to sponsor your walk, and start collection donations. All donations will be used to
support NAMI SLOCO programs in our county. Mail the funds you raise by May 1 or bring them to the registration table at
the event.

STEP 3: WALK DAY
On event day, check in at the registration table. Enjoy the festivities and walk a mile with your team, along with hundreds of
individuals, families, and friends whose lives have been touch by mental illness.

MOVE FOR MENTAL HEALTH!