

# RESOURCES

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## CRISIS RESOURCES

SLO Hotline: 800-783-0607

SLO County Mental Health, Managed Care & Mental Health  
Evaluation Team (MHET): 800-838-1381

Crisis Text Line: Text 'Hello' to 741-741



## CRISIS RESOURCES

Hospice: 805-544-2266

Transitions Mental Health Association (TMHA): 805-540-6500

Community Counseling Center: 805-543-7969

Gay and Lesbian Alliance, serving all the LGBTQ+ Community:  
805-541-4252

