

**MARTHA'S PLACE CHILDREN'S CENTER REFERRAL FORM**

COUNTY OF SAN LUIS OBISPO HEALTH AGENCY  
BEHAVIORAL HEALTH DEPARTMENT



Date: \_\_\_\_\_  English Speaking  Spanish Speaking  Other Language

Child's Name \_\_\_\_\_ Child's SS# or Medi-Cal # \_\_\_\_\_

Male  Female Preterm:  Yes  No If yes, how many weeks: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Bio Mother's Information: Does Bio mother have any involvement with this child?  Yes  No

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Bio Father's Information: Does Bio father have any involvement with this child?  Yes  No

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Email \_\_\_\_\_

**Foster Parent/Legal Guardian** \_\_\_\_\_ Relationship to child  
(If different from above)

Child's Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Cell Phone Carrier \_\_\_\_\_

**Is child a ward of the court?**  Yes  No CWS Social Worker \_\_\_\_\_ Phone \_\_\_\_\_

**Who is legal guardian and/or what is the custody arrangement? *\*Please include court documents if applicable.***

**If child is in foster care, please indicate reason:**

**Prenatal Exposure, if applicable (specify substances if known):**

**Required Information:** *(Please include City & State)*

**Hospital of Birth:** \_\_\_\_\_ **City, State:** \_\_\_\_\_

**OB MD/Clinic for Mother's Prenatal Care:** \_\_\_\_\_ **Bio Mother's DOB:** \_\_\_\_\_

**Pediatrician Name/Clinic:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Previous Pediatrician Name/Clinic (if any):** \_\_\_\_\_ **City, State:** \_\_\_\_\_

**Hospitals for ER Visits/Hospitalizations:** \_\_\_\_\_

**Medical Specialists:** \_\_\_\_\_

MARTHA'S PLACE CHILDREN'S CENTER REFERRAL FORM (Cont'd)

Referring Person: \_\_\_\_\_ Agency or Relationship to child: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Please mark or list any agencies with which the child you are referring is involved:

- Child Welfare Services     Drug and Alcohol Services/POEG     Public Health Nurse- Name: \_\_\_\_\_
- School/Preschool (i.e. Head Start, CDRC, Elementary): \_\_\_\_\_
- Tri-Counties Regional Center/ Early Start Services    Holder of ED Rights (Name): \_\_\_\_\_
- Other: \_\_\_\_\_

Please Mark any of the following concerns you have about the child:

For Infants (under 1 year):

**Feeding/Sleep Difficulties**

- Difficulty with eating/being fed
- Difficulty with sleep initiation
- Difficulty with sleep maintenance
- Frequent spitting up

**Emotional/Sensitivity**

- Easily startled
- Anxious
- Sensitive to touch/sound
- Limited facial expression
- Difficulty being soothed
- Frequent or intense crying

**Caregiver Relationship**

- Resists comfort from caregiver
- Arches back when held
- Turns head away from caregiver/  
difficulty making eye contact

Traumatic experiences:

Please list any other concerns:

For children 1-5 years old:

**Social**

- Little interest in playing with peers
- Lack of eye contact with others
- Few or no friends
- Overly friendly with strangers
- Clingy/doesn't separate

**Emotional**

- Cries often
- Not easily consoled
- Anger/Irritability
- Withdrawn
- Anxious
- Depressed
- Fearful

**Behavioral**

- Many Tantrums
- Difficulty with transitions
- Aggression
- Hyperactivity
- Impulsivity
- Bedwetting
- Difficulty with sleep
- Developmental Delays

Traumatic experiences:

Please list any other concerns:

Please Fax to Martha's Place at (805) 781-4962  
For questions please contact: **Katie Cohen, LMFT, Psy.D. 805-781-4960**