



Meeting Minutes

1. Nestor Veloz-Passalacqua welcomed the stakeholder group at 3:00 pm. All participants introduced themselves and Nestor presented the goals for the meeting. Nestor also reviewed the Stakeholder Process, format, and rules for the meeting (e.g. consensus voting, no rules of order, etc.)

2. Innovation Budget:

The estimated budget for all four years (2020-2024) of Innovation is about \$1 million, with \$250,000 per year (for all approved projects).

3. Innovations Proposals:

A. SoulWomb overview:

Problem:

Increasing cases of mental illness with co-occurring disorders year over year among SLOBHD county jail/forensic population.

Idea:

Study the impact of "intent based" sound therapy and meditation with the SoulWomb on SLOBHD forensic population.

Learning Goals:

Impact on SLOBHD forensic population well-being, coping with physical pain, anxiety, depression dual Diagnosis and prescription medication.

Sustainability:

SLOBHD would potentially identify and determine other funding sources to continue the intervention or some of the components.

B. Mental Health Integration for Older Adults in Residential Facilities overview:

The project would use a hybrid model employing elements of the successful: "School and Family Empowerment" model and Implementing them in Residential Care Facilities for the Elderly (RCFE).

A major component of the program would be to provide: Appropriate education and consultation to

Facility Staff so that they feel more empowered and comfortable with; Identifying red flags and triggers, Deescalating situations, Recognizing and addressing crisis, recognizing symptoms and reducing their presentation, and Promoting an environment of wellness and recovery.

C. Behavioral Health Education and Engagement Team (BHEET) overview:

The project tests the development of an outreach and engagement model and its effective impact by combining peer case managers and a licensed clinician to offer community education and outreach, assessment, mentorship, therapeutic engagement, case management, and system navigation for individuals who are outside the service range of behavioral health services. Project activities include: Outreach and presentations to community organizations and businesses, educational presentations for engaged clients, wellness Center based activities, screening events, short term therapy, short term case management.

D. Community Customer Awareness Response Effort (C-CARE) overview:

Lack of proper understanding and engagement with trauma is a persistent problem in the community beyond public social service agencies.

Understanding individuals' personal struggles low community engagement, low return of investment, Health, and job satisfaction.

No specific or current information/data on trauma reported within private, community based, and faith Based organizations.

Recurrent tailored trainings to participating private, community based, and faith-based settings.

TIC Workbook and Implementation Plan.

TIC includes cultural competence, NAMI session, suicide intervention, and navigation in the mental Health system.

4. Next Step:

There will be a three-week time period that will allow revision of the proposals, January 30th – February 24th. During this time Stakeholders and community members will have the opportunity to read and Review each proposal, send comment, questions, or concerns directly to Nestor Veloz-Passalacqua Regarding the proposals. nvelozpassalacqua@co.slo.ca.us / 805-781-4064. Innovators continue Revising proposals. There will be technical assistance to address any questions or concerns brought up By the stakeholders or community members. We will then conduct one last final presentation in February

5. Meeting adjourned at 4:00pm

6. Next meeting:

This will be a follow-up meeting on February 27th 3:00 - 4:00pm.

7. Attendees:

Traci Autry, Barry Johnson, Joseph Kurtzman, Raven Lopez, Mahesh Natrajan, Trista Ochoa, Rebecca Redman, David Riester, Bonita Thomas, Nestor Veloz-Passalacqua, Kristin Ventresca, Frank Warren, Wendy Wendt, Jessica Yates, Nicole Bennett, Joyce Heddleson, Carty Holland, John Armstrong, Larissa Heeren, Sara Reinhart, Elissa Feld, Christy Mulkerin.