

# MHSA Advisory Committee Stakeholder Meeting Notes

September 18, 2015

## Notes

3-4pm: Reception, meet Juan M. Muñoz-Morris, ASO II

4-5pm: MAC Meeting

### I. Intro and Component Update- Frank Warren, MHSA Coordinator

- a) **MHET:** The crisis services center is up and running since around July 1<sup>st</sup>. It was renamed the Mental Health Evaluation Team (MHET) from mobile crisis unit. The name better identifies the work being done. Organizations that make referrals can get training on how to use those services.
- b) **FSP Programs:** RFP for FSP programs. Not much changed with youth and TAY. Adult services moved from County/TMHA to TMHA only. Older adult FSP moved from County/TMHA to Wilshire. Still some work being done around psychiatry and other services, but clients have transitioned well and things are going smoothly. Good collaboration between TMHA and Wilshire during the transition helped speed the process.  
  
Still to be decided is when the next round of RFP for CSS will happen. There is no timeline as of now. Innovation is the main focus for now since we need to get the projects moving.  
  
Before we had not RFP'd CSS but now we are moving in that direction.
- c) **PEI Programs:** PEI: the plan is operating the same as before; no major changes. We added Veterans Outreach (Formerly Coastal Care) from INN. Great program and good cross section of veterans attending.
- d) **CSS Programs:** CSS: added half time therapist to the team. There is a new nurse as well but on TMHA's side, Carla Escobel.
- e) **Innovation:** There will be another stakeholder meeting around INN coming up. It will take place sometime around November.
- f) **EHR:** Brian Davison, Project Manager for the EHR is going to be retiring on October 1<sup>st</sup>. The ongoing support costs will be split between the divisions in Behavioral Health.

## **II. Fiscal Update – Raven Lopez**

Nothing too big to report since last time. There is additional unspent CSS money for new programs. Any New Business items should not affect current program level funding.

## **III. New Business**

### **a) Approval of additional funds for PEI Providers:**

2.2% increase for contracts, those who have not received a raise already. This will be rolled out and communicated by County.

### **b) Approval of additional funding for Crisis Stabilization Unit (CSU)(pending grant award):**

Grant was sent in on Tuesday. The original funds were used to acquire two cars and some computers in the first round, and that program is working well with the different centers in the community. This time around the grant proposal called for a four-bed CSU where people can stay up to 23 hours. Hoping to not have it turn into a cop drop-off place. We are looking at it as a sort of a soft 5150 place. The unit will have four beds due to staffing requirements. Costs around \$800K for staff alone. The overall operating budget is \$1.4 million annually. CHFFA (California Health Facilities Financing Authority) will pay for the building and three months of startup costs. With stakeholder approval, MHSA revenue would fund \$700K of the total ongoing expense for the Crisis Stabilization Unit. We are projecting approximately \$500K in Medi-Cal revenue to help offset the costs. The balance of \$200K has been requested in County General Fund to the Board of Supervisors. A final decision will be made if we are awarded the grant.

*How will it affect recidivism and help the PHF?* The PHF costs stay the same since we still need that service. But for those who turn around fast they can stay at the CSU and alleviate the PUF capacity. \$200 variable cost per person at PUF. Savings would come from there, as operational and staff costs are the same regardless of the number of intakes.

*Will it accept dual diagnosis patients?* Anyone under the influence cannot start their stay until they sober up. They would have to go to emergency department (ED) first. There is no limitation around dual diagnosis patients but the warranting reason for the stay must be primarily for Mental Health symptoms.

*Is it only for adults?* Yes, many more costs and red tape associated to minors. There are other talks about adding more children's beds. Ventura is increasing capacity.

Down the road we will look at hospital alternatives for kids. Maybe copy a similar model that is being used in other counties.

**c) Approval of drawing CalHFA (housing fund) balance to account for TMHA Bishop St project.** The County's MHSA Housing funds, which were given to CalHFA to administer years ago, are available to draw down for the County to administer. In order to draw down the funds, it is required that stakeholders approve with a vote. There is \$133K available, which would be allocated for Bishop St. Studios (formerly Sunny Acres) if approved.

There was a vote in the room. MAC approves this process.

#### **IV. Community Updates- Shannon McOuat, T-MHA**

Fall has a lot of events. Shannon asks that anyone interested in getting information reach out to her to get on the distribution list. ([Shannon@t-mha.org](mailto:Shannon@t-mha.org))

She is a good resource when planning an event so you can check if there is another one happening on that date.

NAMI beautiful minds walk on 10/03 at Laguna Park.

On 10/10 there is the American Foundation for Suicide prevention walk.

Trunks for Treasures event at Luna Red on 10/18

Suicide Prevention Council was established recently. Many community representatives from many areas. They hold quarterly meetings. The focus is on prevention and outreach. They developed a mission statement and goals.

Stories of Survival event at LDS church on 10/08. Stories from survivors and information on resources related to suicide prevention.

Journey of Hope. January 13. CHP speaker to give keynote address. The event is focused on law enforcement this year.

September is suicide prevention month. The suicide forum is done in October to let Cal Poly students get settled in.

May is MH awareness month, among others. Bike month.

Shannon developed a list of all the awareness month campaign as a resource to see if there are opportunities for using that platform rather than creating a new one.

Plant sale at Growing Grounds Santa Maria 10/24-25.

Frank: FEP Funding for Cal Poly. This program will roll out with a small budget.

Worked on this with Cal Poly SLO and other organizations. There will be 2 counselors on CP campus to offer services beyond health center hours. Work with health center and housing to identify and refer potential service recipients.

Matthew Green (Cuesta College) made several announcements about upcoming events and opportunities with the college. He is looking for interested candidates to offer continuing education classes in AG, launching a new center in Los Osos, offering courses at CMC, as well as other exciting opportunities. He invites all service providers and persons interested in partnering with Cuesta to reach out to him directly ([MGreen@Cuesta.edu](mailto:MGreen@Cuesta.edu))