MHSA Advisory Committee (MAC)
Monday, April 25, 2016
Veterans Hall, San Luis Obispo
4:00pm – 5:30pm
1) Welcome, Introductions, and Goals for meeting
   - Frank Warren, SLOBHD (Division Manager and County MHSA Coordinator)
     a) Stakeholder Process Review
2) CSS (and other components) Work Plan Review & Updates
   - INN Updates – Juan Munoz-Morris
3) Fiscal Update
   - Raven Lopez, SLOBHD (Accountant III)
4) Co-Occurring Services for Youth
   - Proposal
     o Josh Peters, SLOBHD (Program Supervisor)
5) Service Enhancement for Martha’s Place
   - Proposal
     o Cortney Wagner, SLOBHD (Program Supervisor)
6) New Business for 2016-17
   a) Review, Discussion, and Approval of Plan Additions
   b) Review, Discussion, and Approval of Plan Changes
7) Decision on Next Meetings
8) Conclusion
The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement
This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.

MHSA planning requires stakeholder involvement to guide and advise plans.

Today’s meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.

We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.

We will use consensus-based decision making.
**MHSA Advisory Committee**

- MHSA Advisory Committee Introductions
- Staff Introductions
- Demographic Survey (if you were not here in February, or March, please complete and hand to Emma De La Rosa before leaving)
1. Child & Youth Full Service Partnership (SLOBHD & FCN)
2. Transitional Age Youth FSP (SLOBHD & FCN)
3. Adult FSP (TMHA & SLOBHD)
   - Reassignment of Homeless FSP Therapist and Medication Manager; request to move to TMHA
   - Addition of AOT to TMHA’s FSP plan
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA & SLOBHD)
6. Latino Outreach Program (SLOBHD & Silvia Ortiz, PhD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
   - Move CRT functions to Sierra, add Administrative support
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)
   - New Veterans Outreach Therapist
1. COLEGA
2. Late Life Empowerment & Affirmation Project
3. Transition Assistance & Relapse Prevention
4. Not for Ourselves Alone: Trauma Informed County

- Status Report - Juan
1. Mental Health Awareness and Stigma Reduction (TMHA & SLOBHD)
2. School-based Wellness (CAPSLO, SLOBHD, & The LINK))
3. Family Education and Support (Center for Family Strengthening (CFS))
4. Early Care and Support for Underserved Populations (Cuesta College & Wilshire CS)
5. Integrated Community Wellness (Community Counseling Center, TMHA & SLOBHD)

- Planning group looking at small expansions in FY16-17
- Potential of $150k in new expenses
FY 2016-17 Recommended Budget is $14.3M (MHSA $11.3M/Other Revenue $3M) and includes AOT and Innovation budget augmentation requests:

- CSS – $10.7M
- PEI – $2.2M
- INN – $591K
- WET – $185K
- CFTN (Electronic Health Record Support) - $614K

Board approved the Crisis Stabilization Unit, as well as contributing $207K in General Fund for operating expenses beginning in FY 2017-18
MHSA Revenue forecast is positive for the next few years; however, the proposed No Place Like Home initiative could potentially reduce future year’s available revenue by 7%

Potential revenue available for new or expanded programs beginning in FY 16/17:
- CSS: Potential to add $300K in expenses (less AOT cost)
- PEI: Potential to add $150K in expenses

Governor's May Budget Revise update by next meeting
Co-Occurring Services for Youth

- Current CSS Plan includes a COD-specific Mental Health Therapist and Drug & Alcohol Specialist for adult services
  - Current adult program consumers benefit from having services in one location
- In the past year, 22 youth in Substance Use Treatment also had an open MH case.
  - These youth and their families struggled in multiple areas of their lives and as a result had multiple appointments with different providers weekly.
  - This has caused youth and their families to feel overwhelmed by the schedule they were asked to keep and they did not benefit as fully from the services provided.
  - “Many families do not have the resources/willingness needed to consistently get their teen to multiple different treatment providers”
Currently when a youth is a client at Drug and Alcohol and Mental Health they receive some services that are different

What DAS offers that MH does not
- Substance abuse focused group sessions
- Random drug testing
- Parent groups

What MH offers that DAS does not
- Individual therapy
- Medication services

A Therapist specializing in Youth Co-Occurring will be able to provide or facilitate interventions across the two systems

This Therapist would also be able to offer critical information to both systems in a more timely manner

1.0 FTE MH Therapist would be integrated into both agencies and maintain a caseload of 20 youth
Service Enhancement – Martha’s Place

- Long gaps between referral and contact
- Delays caused by difficult paperwork
- Lack of follow through leaves some families without Medi-Cal
- Difficulty navigating the children’s system of care
- Some families decline services
- MP has no way of knowing if families have followed up with referred services
Service Enhancement – Martha’s Place

- Using successful MHSA model in O/P clinics
- 1.0 FTE Navigator/Advocate
- Home visits and phone calls for warm welcome, resource binders, follow up calls
- 170 referrals engaged annually

- Help families understand MP services and answer questions about services
- Assist with paperwork, resource access, Medi-Cal, transportation, etc.
Proposed Plan Additions

- Expansion of Homeless Outreach Team
  - TMHA to absorb Medication Manager and Therapist positions. Cost $249K (minimal change by transfer from County)
  - Increase Outreach Worker staff by .50 FTE (requested amount - $38,200)
  - Increase Outreach Worker capacity from 150 annual contacts to 200 total contacts.
  - Provide funding to develop Homeless Outreach FSP Housing (requested amount - $31,500)
    - Funds would be used to operate a 4 bed housing program in San Luis Obispo city for clients on the team; providing more permanent supportive housing for our clients.

- Addition of Service Enhancement project at Martha’s Place
  - Contract for 1.0 FTE Family Advocate (or like position), materials, and some space alterations, to serve 170. Cost: $70K

- Addition of Co-Occurring Youth Treatment within Client & Family Wellness Supports Work Plan
  - Add 1.0 FTE MH Therapist and curricula costs to serve 20. Cost: $112,000

- Total annual increase to CSS budget: $252K

San Luis Obispo County Behavioral Health Dept.
Proposed Plan Changes

- Increase contractor funding to reflect 2.2% COLA
  - Applies to contracts that are fully expended
  - COLAs to be considered in annual budget process based on Consumer Price Index for Los Angeles
- Impact to FY 2016-17 budget for increases:
  - CSS: Increase of $47K
  - PEI: Increase of $16K
• **Monday, June 20, 2016**
  • 4:00pm – 5:30pm
  • TBA
  • *Would you like to keep meeting in summer?*
  • *We will meet in Fall*

*Prevention & Early Intervention Stakeholders Meeting*
*May 9, 2016 4:00 – 5:30pm*
  *P&O, 277 South St., Suite T, SLO*
Thank You

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