# SAN LUIS OBISPO COUNTY BEHAVIORAL HEALTH DEPARTMENT



### MHSA Stakeholder Meeting/Town Hall

Wednesday, August 28, 2019

5:00pm-6:30pm

Los Osos Schoolhouse

#### **Meeting Minutes**

#### 1. Welcome and Introductions

- a. Frank Warren, Prevention and Outreach division manager/MHSA Coordinator welcomed and asked for introductions from everyone
- b. Anne Robin, Behavioral Health Director, addressed the town hall and welcomed everyone and thanked everyone for coming
- 2. Greetings from District 2 Supervisor Bruce Gibson
  - a. Supervisor Gibson welcomed the town hall attendees and thanked everyone for attending
  - b. Stated that we don't have enough resources and we are fighting a battle against stigma, but the Mental Health Services Act has been a real "bright spot" and money and inspiration has come from this. PEI is important to get to the issues before they are issues and get to people before they have mental health issues.
  - c. Supervisor Gibson provided a brief overview of services that he values within the Mental Health Services Act

#### 3. Overview of MHSA

- a. Frank Warren provided an overview of what MHSA is and how MHSA is funded and what MHSA provides (see slideshow)
- b. Discussed the MHSA Mission and Vision and provided an overview of the community stakeholder input
- c. Indicated where the annual update can be found and that this past fiscal year's is in progress
- d. Discussed the components within MHSA and gave a brief overview of each

#### 4. PEI Work Plan

- a. Nestor Veloz-Passalacqua, PEI and INN Coordinator, provided an overview of what PEI is and presented all of the PEI workplans and the programs that are within each work plan (see Prevention and early Intervention (PEI) slide)
- b. Middle School Comprehensive Program (MSCP) Mandee Culbert
  - Provided an overview of the MSCP, what it is, what it provides, who it consists
    of, and the components within the MSCP and what each person is responsible
    for
  - ii. Presented and explained data and what students said regarding the family advocate, counseling, and Friday night live for the FY 18-19 school year

#### 5. INN Work Plan

 a. Nestor Veloz-Passalacqua, PEI and INN Coordinator, provided an overview of what INN is and presented all of the INN programs and an overview of each program within the different INN rounds

#### 6. CSS Work Plan

- a. Kristin Ventresca, CSS Coordinator, provided an overview of what CSS is and presented all of the CSS workplans and the programs that are within each work plan
- b. A question was asked regarding CAT being within Sheriff and not just SLOPD
  - Frank Warren explained that a grant is now funding CAT being in both SLO Sheriff as well as an expansion North in Atascadero

#### 7. Fiscal Update

- a. Jalpa Shinglot, MHSA Accountant, provided an overview of MHSA dollars, how they work, and the projections for future fiscal years
- b. Addressed the percentages within each component and how the State mandates these funding percentages
- c. Discussed the current FY19-20 adopted budget and the breakdown within the 20.3Million (See PowerPoint slide)
- d. Frank Warren discussed further the 51% requirement for FSP within CSS
- 8. Old Business: Request for approval for new or additional funding (Handouts were provided on all of the below proposals providing the changes, cost, and justification for each request)
  - a. Prudent Reserve transfer
    - Frank Warren addressed the prudent reserve calculation, the balance, how it is calculated, State changes to prudent reserve balance, and the amount that we need to transfer to get prudent reserve to the 33% required maximum
    - ii. 2 things: 1) approve taking out fund balance of \$2,994,144 of CSS and start the 3 year clock and 2) \$67,608 of PEI and transferring it to pay back the state CalMHSA annual fee
    - iii. Transfer \$2,994,144 out of prudent reserve and into the CSS operating fund: Stakeholder consensus approval was given
    - iv. Transfer \$67,608 out of prudent reserve PEI to pay fund Cal MHSA annual fee: Stakeholder consensus approval was given

#### b. Forensics Division Manager

- Frank Warren explained the grant and how it is funding .50 FTE and asking MHSA for the other .50 FTE. Provided an overview of what the Forensics Division Manager would do and the programs it would oversee
- ii. A question was asked about numbers and how many we think we will serve in 5 years: Anne Robin addressed this question and stated that it is growing
- iii. Further questions were asked about PHF admission: Anne Robin provided clarification
- iv. Stakeholder proposed a program for more housing
- v. Stakeholder proposed purchasing more doctor time for the PHF
- vi. Stakeholder proposed a program for those that are on probation and to follow them and to ensure they are following up on their probation

## Stakeholder consensus approval was given for the Forensics Division Manager

- c. Case Manager at Bishop Street
  - Frank Warren explained Bishop Street, what it is, where it is located, how many units, and explained that Transitions Mental Health Association (TMHA) has put forth this proposal
  - ii. Question from Stakeholder: Will this position be located at Bishop Street? Joe Madsen, TMHA Housing Division Director, stated they would not be housed at Bishop Street but the case manager would bring the services to the residents at Bishop Street

# 1. Stakeholder consensus approval was given for the Case Manager at Bishop Street

- d. Crisis Stabilization Unit Support and Psychiatry
  - i. Frank Warren explained the request for additional admin time as well as face to face psychiatry when needed by Sierra Mental Wellness Group (SMWG)
  - ii. Question from stakeholder: Is there a current psychiatrist? Jessica Simpson, CSU Supervisor with SMWG, stated that telepsychiatry is available to all clients; however, they are requesting the capacity for face to face psychiatry when needed. Stated that the psychiatrist does not follow the client after the CSU; however, resources and connections are given to each client that are leaving the CSU to ensure the needed services are offered

# Stakeholder consensus approval was given for the CSU Support and Psychiatry

- e. Promotores Expansion
  - i. Frank Warren provided an overview of the proposal, what it entails, and the
  - ii. Stakeholder question regarding language and training interpretation: Addressed question by stating a robust contract will be made and training is required currently
  - iii. Stakeholder addressed they would like to expand even more, and provide fulltime employment, and not just stipends for these positions. Stakeholder addressed wanting to explore using the prudent reserve to support more classes, training, employment, and compensate Promotores more fairly
    - 1. Develop a workgroup around this idea
    - 2. Stakeholder consensus approval was given for the Promotores expansion
- 9. New Business for 2019-20 (All stakeholders were provided a summary sheet on each of the below programs regarding the change, cost, and summary of each): These programs will be presented at the following meeting for stakeholder consensus.
  - a. Veteran's Outreach Expansion
    - i. Frank Warren explained what the veteran's outreach specialist currently does, what the program is, who it benefits, and using PEI dollars to fund this position. Also addressed what this expansion would provide including more trainings, serving more clients, and providing more services

- b. Med Manager and Peer Mentor Expansion Adult FSP (TMHA)
  - i. Megan Boaz-Alvarez, TMHA FSP Division Director, explained what the staffing pattern that would be and the adult FSP program. Addressed the 45 client caseload; however, they need to add a .50 peer mentor and .40 medication manager in order to serve all 45 clients and maintain the current staffing pattern
- c. Older Adult FSP Psychiatry (Wilshire)
  - i. Traci Soares, Wilshire FSP Administrator, explained the proposal and is looking to provide the psychiatry in house and no longer house it in the County. Traci provided an overview of what the psychiatrist would do, as well as the need for the psychiatrist in house within the FSP team. The psychiatrist would have access to all of Wilshire's other services

#### 10. Updates

- a. Forensics FSP
  - Frank Warren explained the development of the forensics FSP being in the justice division, and how this is the clinically-based approach and be a multidisciplinary team. Frank stated this does not currently exist, but this plan is being discussed
- b. CHFFA Infrastructure Grant
  - i. Frank Warren stated we received the money and we will be renovating some buildings to support this justice division
- c. No Place Like Home (NPLH)
  - i. Frank Warren stated No Place Like Home will be really good for the community and will provide supportive services; however, it is very complex with several rules and regulations and there is not a lot of 'stock' in housing in the County of San Luis Obispo that would meet all of these regulations
    - We are in the process of working with consultants, and housing partners throughout the community to identify stock and to provide ongoing services
  - ii. More to come on NPLH, and a special town hall meeting addressing this is possible in the future
  - iii. Anne Robin discussed having to look in areas where there are grocery stores, public transport, and focus on areas where services are available, which are all requirements of NPLH
- d. Youth Crisis Triage Grant
  - i. Frank Warren stated this is currently funded through a grant, explained this team and what the purpose of this program is
  - ii. Frank also stated that MHSA leadership will probably return to request for MHSA dollars in the future when the grant sunsets
- e. Clinician at 40 Prado Homeless Center
  - i. Frank Warren stated this is currently funded through a grant, and that we have not hired for this position yet; however, hiring is in process
  - ii. Funded for the next year of service but will probably return to request for MHSA dollars in the future

#### 11. Questions

- a. Stakeholder (volunteer director at Los Osos children's community center)
  - i. Addressed the new HOT team and needing it at the new dinners at the community center
    - 1. The County did not allow parking of the van in the parking lot at the community center twice a month
- b. KSBY would like to speak to a community member
- 12. Next Meeting: MAC 10/30/19 at SLO Veteran's Hall
- 13. Meeting Adjourned at 7:00pm and Frank Warren thanked stakeholders and community for attending
- 14. Meeting Attendees:
  - a. Cynthia Barnett, Meghan Boaz-Alvarez, Katie Cruse-Poe, Matthew Green, Joseph Kurtzman, Tonya Leonard, Joe Madsen, Traci Mello, Christine Pirruccello, David Riester, Bonita Thomas, Caroline Johnson, Jill Rietjens, Anne Robin, Jalpa Shinglot, Nestor Veloz-Passalacqua, Kristin Ventresca, Frank Warren, Pam Kretouics, Jack Kretouics, Dawn Anderson, Erica Ruvalcaba, Rolando Rojas, Joni McCoy, Bruce Gibson, MaryLou Zivna, Mandee Culbert, Jessica Simpson, Christina Menghrajani, Lori Blakely, Dee DiGioia, Jeremy Sire, John Bukenberger, Lindsay Kleinman, Amy Kleinman, Debbie Smith, Mark Woelfle, Linda Duesenberry