## County of San Luis Obispo Behavioral Health Department Mental Health Services Act

Mental Health Advisory Committee (MAC) Stakeholder Group Meeting:

This document is proof of stakeholder involvement in decision making priorities and practices for the County of San Luis Obispo Mental Health Services Act programs.

The MAC Stakeholder Group asserts that they have fully understood and made a decision regarding the changes for the following program/service:

| Perinatal Mood Anxiety Disorder Program (PMAD) |  |  |  |  |
|--|--|--|--|--|
| <b>Current Program/Service</b>                 | New Changes/Updates to Program/Services    |  |  |  |
| PMAD   | Sustain PMAD Program for one (1) year      |  |  |  |
| Current Total Amount: \$50,000 PEI             | New Total Amount: \$50,000 (one-time, from |  |  |  |
|  | released prudent reserve)                  |  |  |  |

## Justification:

- Need to reduce PEI expenses in FY 21-22; this cut will not impact any personnel.
- Sustain PMAD Program for an additional one (1) year using prudent reserve funds.
- Sustaining PMAD Program for one (1) year will enable the Public Health Department to provide PMAD/Post-Partum Training sessions to local therapists, local hotline staff, hospital staff, and community-based organization front-line staff and outreach materials while future funding can be procured.

## Outcomes:

- Four (4) PMAD/Post-Partum Trainings per year
- 25 clinical professionals receive a Maternal Mental Health Certificate for PPSI per year
- 45 therapists, hotline staff, hospital staff, and CBO front-line staff receive PMAD training
- 30% of program partners will report a formalized PMAD referral process and linkage to community resources
- 30% of program partners will report an increase in knowledge of PMAD
- 30% of program partners will report use of validated PMAD screening tools

On <u>Wednesday, May 26, 2021:</u> Funding the PMAD program in FY 21-22 using released PR (please check a box below):

[ X ] SLOBHD Staff recommends approval by the MAC Stakeholder Group as specified above.

| Γ. | SLOBHD Staff does not | t recommend approval b | y the MAC Stakeholder Group | p as specified above |
|----|-----------------------|------------------------|-----------------------------|----------------------|
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| Notes: |  |  |  |
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