AGENDA

1. Welcome, Introductions, and Goals for meeting
   1. Nestor Veloz-Passalacqua, SLOBHD

2. PEI Program Updates
   1. Providers
   2. Presentation: In-Home Parent Educator

3. Budget
   1. Briana Hansen, SLOBHD (Accountant III)
   2. Potential for Expansion

4. Old Business for 2017-18
   1. Student Services Needs Assessment

5. New Business for 2017-18
   1. Suicide Prevention Coordinator

6. Next Meeting
   1. TBD

7. Conclusions
PREVENTION & EARLY INTERVENTION (PEI)

PROGRAM 1:
Mental Awareness & Stigma Reduction

1.1 Transitions-Mental Health Association
   • Social Marketing

1.2 SLOBHD
   • Veteran’s Outreach

PROGRAM 2:
School-Based Wellness

2.1 Community Action Partnership of SLO
   • Positive Development Program

2.2 The LINK
   • PEI Middle School Comprehensive Program & Family Advocate

2.3 SLOBHD
   • College Wellness Program
PREVENTION & EARLY INTERVENTION (PEI)

PROGRAM 3:
Family Education & Support
3.1 Center for Family Strengthening
   • Family Education, Training, & Support
3.2 Community Action Partnership of SLO
   • In-Home Parent Educator

PROGRAM 4:
Early Support for Underserved Populations
4.1 Cuesta College
   • Successful Launch
4.2 Wilshire Community Services
   • Older Adult Mental Health Initiative
4.3 SLOBHD
   • Perinatal Mood Anxiety Disorder

PROGRAM 5:
Integrated Community Wellness
5.1 Community Counseling Center
   • Community Based Therapeutic Services
5.2 Transitions-Mental Health Association
   • Integrated Community Wellness
5.3 SLOBHD
   • Young Adult Counseling
PREVENTION & EARLY INTERVENTION (PEI)

Melinda Sokolowski
Community Action Partnership of San Luis Obispo
Family & Community Support Services Division Director

PROGRAM 3: In-Home Parent Education & Advocacy
PREVENTION & EARLY INTERVENTION (PEI)

Program Goals:
Assist families in:

• Developing parenting skills
• Knowledge of age appropriate expectations
• Age appropriate behaviors
• Increase positive discipline skills
• Increase attached through positive parent/child interactions
PREVENTION & EARLY INTERVENTION (PEI)

Program Staff:

1 Full Time In-Home Parent Educator/Advocate
  • Male, bilingual/bicultural, teaching credential, BS degree, and Navy Veteran
Certified in various evidenced based curriculums such as:
  • Positive development
  • Active parenting (0-18 years old)
  • Abriendo puertas/opening doors
  • Strengthening families/Parent Cafes (families and dads)
PREVENTION & EARLY INTERVENTION (PEI)

Program Outcomes (April 2017 – June 2017)

16 total referrals from South County
• 14 families accepted services
• 2 families declined or were non-responsive to services

7 families received Parent Education Services
• 28 Evidence based curriculum sessions provided

99 Activities were provided to 14 families
• Activities included resource information, referral assistance, application assistance, forms, translation, consultation to build social emotional and behavioral competencies

2 families graduated parent education sessions
• Education sessions include videos, handouts, activities, and homework
PREVENTION & EARLY INTERVENTION (PEI)

Budget:

• FY 16-17 actuals: $2.3M
• FY 17-18 adopted budget: $2.5M
• Planning group looking at a small expansion in FY17-18:
  • Potential of $170K in new expenses. (less $35K CALMHSA)

Old Business:

• Student Services Needs Assessment ($11K)
PREVENTION & EARLY INTERVENTION (PEI)

New Business:

Proposal – fund up to $102,000 for a specialist to provide coordination of the suicide prevention efforts and programs, including:

• Development of countywide suicide prevention initiative and strategic plan,
• Countywide school policy review and training plans,
• Coordination of ongoing meetings of the Suicide Prevention Council,
• Coordination of ongoing trainings, data collection, public communication, etc.

(cost based on County Drug & Alcohol Specialist II, plus $10K of operating expenses)

Position will be explored with County and others to determine best process for rollout (e.g. RFP, scheduling, work location, schools, etc.)
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