

VETERAN HEALTH EDUCATION & BENEFITS WORKSHOPS “Lunch and Learn”



Friday, April 5
Lunch at 12:00 – Learn at 12:30
at the SLO Vet Center
1070 Southwood Drive
“Talk Saves Lives”

**Food and Beverage
Provided
Side Dishes
Welcomed**

This presentation will cover what we know about suicide as a leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide. Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones, and those in our community safe.

More Workshops Coming in 2019!

CALL THE SAN LUIS OBISPO VET CENTER FOR MORE INFO
805-782-9101