April 24, 2019
SLO Vet Center

I. Introduction, Laura Dimille, Transformational Abundance
   a. Suicide Loss Support Group
   b. The Action Alliance Responding to Grief, Trauma, and Distress after a Suicide

II. Community Need Discussion
   a. Suicide Ideation Support Group
   b. Youth and/or all ages

III. NAMI Beautiful Minds Rally and Walk
   a. May 4, 9-12 @ Meadow Park

IV. Bike breakfast
   a. Bike to work day May 17th
   b. County Behavioral Health event at 277 South Street
      i. Resource fair, breakfast, activities

V. AFSP Out of the Darkness Walk
   a. Saturday, October 12
   b. Suicide Prevention Council Team?

VI. Strategic Plan
   a. Example plans from other counties:
      i. Solano County:
      ii. Santa Cruz County:
      iii. Fresno County: http://www.fresnocrates.org/suicide-prevention-plan/
b. New data search
   i. Ideation
   ii. Attempt

c. Work Groups
   i. Future meetings, breaking out into work groups to identify for each topic:
      1. Risk factors
      2. Protective Factors
      3. Barriers to access/services
   ii. Establish Work Groups
      1. Older adult
         a. OASPC
      2. Veteran
         a. Vets Health Task Force
      3. LGBTQ+
         a. #out4mentalhealth Task Force
      4. Youth
      5. Access to Means Group

VII. Partner Updates/Notes

Suicide Prevention of SLO County Mission Statement: To prevent suicide and respond to the consequences in a culturally sensitive way through community collaboration between agencies, organizations, and citizens by means of public education, training, and the sharing of resources.

- To advocate for a stronger support system for those struggling with suicide and its consequences
- TO challenge misconceptions regarding mental illness and suicide through community collaboration.
- To work together to create lasting change and support for those struggling with suicide and its consequences.
- To create a community that supports and embraces those who struggle with suicide.
- To create an environment of HOPE.