

Drug and Alcohol Services

Screening/Assessment

Treatment services begin with a screening followed by an assessment, which helps us determine the right level of care based on your needs. Outpatient and Intensive Outpatient Treatment available.

Ongoing Treatment/Recovery

We will work with you to find the right program and counseling services to assist in your recovery. Services may include but are not limited to:

- **Individual Treatment**

We'll work with you individually to help you find ways to cope and grow.

- **Group Treatment**

We offer groups to help you learn about your substance use and ways to recover.

- **Withdrawal Management**

We provide medical assistance and medication evaluation to reduce and manage withdrawal symptoms for opiate, alcohol, and methamphetamine substance use disorders.

- **Case Management**

We can help you work with local agencies to get the services you need, such as Residential Treatment or a Recovery Residence.

Other Department Services

- **Justice Services and AB109 Programs**

Provides a wide array of services within the criminal justice system including treatment courts, diversion, and re-entry programs.

- **Prevention, Early Intervention, and Outreach**

Providing youth substance use treatment, intervention counseling, and primary prevention and education programs.

Resources and Hotlines

Central Coast Hotline: (800) 783-0607

Behavioral Health Administration: (805) 781-4719

Patients' Rights Advocate: (805) 781-4738

Other Community Services

AEGIS Treatment Center: (805) 461-5212

Cal Poly Counseling: (805) 756-2511

CenCal BH Care: (877) 814-1861

Central Coast AA/NA/Alanon 805-541-3211

Community Counseling Center: (805) 543-7969

Hospice: (805) 544-2266

National Alliance on Mental Illness (NAMI) Central Coast: (805) 236-1007

Transitions Mental Health Association (TMHA): (805) 540-6500

Veteran's Affairs Office: (805) 543-1233

Victim/Witness: (805) 781-5821

Wilshire Health & Community: (805) 547-7025

Children/Family Services

Child Development Resource Center: (805) 544-0801

Family Care Network, Inc.: (805) 781-3535

SENECA Family/Kinship Center: (805) 434-2449

Tri-Counties Regional Center (805) 543-2833

Financial/Housing Assistance

Dept. of Social Services: (805) 781-1600

Housing Authority of the City of San Luis Obispo (HASLO) (805) 543-4478

Community Action Partnership of San Luis Obispo (CAPSLO): (805) 544-4355

Health Services

Community Health Centers (CHC): (805) 269-1500

Long Term Care Ombudsman: (805) 785-0132

Public Health Department: (805) 781-5500

National Hotline

Suicide Prevention Lifeline: 1-(800) 273-8255



HEALTH AGENCY

Behavioral Health Department

www.slobehavioralhealth.org

We are here to help.

For mental health or drug and alcohol services please call:

(800) 838-1381

If You Are Experiencing an Emergency Call 911
24/7 Central Coast Hotline: (805) 783-0607

Se habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Mental Health Services

Screening/Assessment

Outpatient services begin with an assessment, which helps us understand your needs, strengths and goals. We will talk about the services which can best help you, and may provide referrals to other agencies.

Ongoing Treatment/Recovery

We will work with you to find the right services to assist in your recovery. Services may include but are not limited to:

- **Individual Therapy**

We can work with you individually to help find ways to cope and grow.

- **Group Rehabilitation**

We offer groups to help you learn about your illness and ways to recover.

- **Medication Management**

Includes meeting with a psychiatrist to discuss if medications will help you.

- **Case Management**

We can help you work with local agencies to get the services you need.

- **Co-Occurring Disorders Treatment**

We offer specialized services for those with a mental health and substance use disorder.

Other Department Services

- **Justice Services**

Supporting a wide array of treatment courts and diversion programs.

- **Prevention, Early Intervention, and Outreach**

Providing wellness promotion, intervention counseling, and treatment for specialty populations.

- **Crisis Evaluation and Response**

San Luis Obispo County Behavioral Health Access Line: 1-800-838-1381

Mental Health:

Mental Health Services,
Managed Care, and
24/7 Crisis Services:
(800) 838-1381

Patients' Rights Advocate:
(805) 781-4738



Adult & Youth Services

- Adult & Youth Outpatient Services
- Co-Occurring Treatment Services
- Inpatient Services
- Medication Management
- Mental Health Evaluation Services
- Therapy Services

Justice Division Services

- Assisted Outpatient Treatment
- Behavioral Health Treatment Court
- Forensic Programs
- Mental Health Diversion Court

Prevention and Outreach

- Early Intervention Counseling
- Outreach and Education
- Suicide Prevention
- Veteran's Outreach

Drug and Alcohol Services:

Drug and Alcohol Services:
(800) 838-1381

Driving Under the Influence
Program Information:
805-781-4275

Adult Treatment Services

- Adult Drug Court
- Co-Occurring Court
- Family Treatment Court
- Outpatient Treatment
- Perinatal Outpatient Extended Group (POEG) Women and Children Treatment
- Prop 36 Program
- Driving Under the Influence Program

Justice Division Services

- Adult Treatment Court Collaborative
- Pre-trial Diversion
- Co-Occurring Treatment Services

Prevention and Outreach

- Friday Night Live
- Student Support Counseling
- Youth Substance Use Treatment

Arroyo Grande Mental Health (Adult)
1350 E. Grand Ave., Arroyo Grande, CA 93420
(805) 474-2154

Arroyo Grande Mental Health (Youth)
354 S. Halcyon, Arroyo Grande, CA 93420
(805) 473-7060

Atascadero Drug & Alcohol (Adult & Youth)
3556 El Camino Real, Atascadero, CA 93422
(805) 461-6080

Atascadero Mental Health (Adult & Youth)
5575 Hospital Drive, Atascadero, CA 93422
(805) 461-6060

Grover Beach Drug & Alcohol (Adult & Youth)
1523 Longbranch Ave., Grover Beach, CA 93433
(805) 473-7080

Paso Robles Drug & Alcohol (Adult & Youth)
805 E. 4th St., Paso Robles, CA 93446
(805) 226-3200

San Luis Obispo Drug & Alcohol (Adult)
2180 Johnson Ave., San Luis Obispo, CA 93401
(805) 781-4275

San Luis Obispo Drug & Alcohol (Youth)
277 South St., Suite T, San Luis Obispo, CA 93401
(805) 781-4754

San Luis Obispo Mental Health (Adult)
2178 Johnson Ave., San Luis Obispo, CA 93401
(805) 781-4700

San Luis Obispo Mental Health (Youth)
1989 Vicente, San Luis Obispo, CA 93405
(805) 781-4179

San Luis Obispo Mental Health (Children 0-5)
Martha's Place Children's Center
2925 McMillan Ave., Suite 108, San Luis Obispo, CA 93401
(805) 781-4948

San Luis Obispo Prevention & Outreach
277 South St., Suite T, San Luis Obispo, CA 93401
(805) 781-4754

San Luis Obispo Psychiatric Health Facility
2178 Johnson Ave., San Luis Obispo, CA 93401
(805) 781-4711

Services Affirming Family Empowerment (SAFE)
1086 Grand Ave., Arroyo Grande, CA 93420
(805) 474-2105