# RESPIRATORY DISTRESS – OPIATE OVERDOSE

## ADULT

- Universal Protocol #601
- Pulse Oximetry
  - O₂ administration per Airway Management Protocol #602
- May assist with administration of patient’s prescribed medication

## PEDIATRIC (≤34 KG)

- Same as Adult

### BLS Elective Skills

#### Suspected Opiate Overdose with inadequate respirations

(O₂ Sat < 94%, rate ≤ 8 bpm)

- Narcan 1 mg IN in one nare – assess for adequate respirations
  - may repeat in alternate nare if no improvement after 2 min, max total of 4 doses

### ALS Standing Orders

#### Suspected Opiate Overdose with inadequate respirations

(O₂ Sat < 94% or ETCO₂ > 45 mmHg)

- Narcan up to 1 mg IV/IM/IN (split between nares) – assess for adequate respirations
  - repeat as needed
- Narcan 0.5 mg SL – assess for adequate respirations
  - repeat as needed

#### Suspected Opiate Overdose with inadequate respirations

(O₂ Sat < 94% or ETCO₂ > 45 mmHg)

- Narcan 0.1 mg/kg IV/IM/IN (split between nares) up to 1 mg – assess for adequate respirations
  - repeat as needed
- Narcan 0.5 mg SL – assess for adequate respirations
  - repeat as needed

### Base Hospital Orders Only

- As needed

### Notes

- IV is preferred route for Narcan administration
- Inadequate airway, and respirations should be supported with BLS adjuncts and ventilations prior to Narcan administration
- Poly-mixed drugs may require additional doses of Narcan titrated to maintain respirations
- Alternate Narcan dosing for BLS Elective Skills may be added with approval of the EMS Agency Medical Director