County of San Luis Obispo Public Health Department Dextrose 10%

Division: Emergency Medical Services Agency Effective Date: 8/24/2018

DEXTROSE 10%

Classification: Hyperglycemic Agent

Action: Increases blood sugar

Indications:

1. Blood glucose level < 60mg/dl (< 40mg/dl Newborn) with:

a. Altered LOC

b. Apnea / agonal respirations

c. Non-traumatic focal neurological changes

d. Seizures

Contraindications: For patients with the signs or symptoms of a CVA, do not administer

dextrose unless the Glucoscan/glucose test strip reading is < 60 mg/dl (< 40 mg/dl Newborn). If equipment is not available to test the blood glucose level, base physician approval must precede any administration of dextrose.

Adverse Effects: Metabolic

Pain/burning at injection site

Tissue necrosis Hyperkalemia

Preparation: Dextrose 10% in 250 mL bag

Administration: ADULT

150 mL rapid IV

Repeat blood glucose in 5 min

If blood glucose < 60 mg/dL repeat 100 mL IV

PEDIATRIC DOSE (< 34 KG)

0.5 gm/kg (5 mL/kg) IV not to exceed 150 mL

Repeat blood glucose in 5 min

If blood glucose < 60 mg/dL (< 40 mg/dL Newborn) repeat 0.5 gm/kg (5 mL/kg) IV

not to exceed 100mL

Administration with a syringe may be utilized for small volumes of less than 50 mL

Onset: Immediate

Duration: Brief