

## COUNTY OF SAN LUIS OBISPO HEALTH COMMISSION AGENDA Monday, March 9, 2020 – 6:00 P.M. County Government Center Board of Supervisors Chambers 1055 Monterey Street | San Luis Obispo, CA 93408

6:00 p.m.	1.	Call to Order – Chair, Mary Jean Sage		
6:05 p.m.	2.	<b>Public Comment:</b> persons desiring to speak on issues, other than scheduled items, that are within the scope of interest to the Health Commission		
6:10 p.m.	3.	<ul> <li>Consent Items:</li> <li>3.1 Approve the meeting minutes from January 13, 2020</li> <li>3.2 Approve Health Commission member appointment for submittal to the San Luis Obispo County Board of Supervisors</li> </ul>		
6:15 p.m.	4.	Information Item: Receive Update on Topics from Previous Meetings		
6:25 p.m.	5.	<b>Presentation: California Wellness Trust</b> Tracey Rattray, MPH, MSW, Director, California Alliance for Prevention Funding		
6:50 p.m.	6.	<b>Presentation: Chronic Disease Care Transition</b> Tina McEvoy, RN, BSN, Care Coordinator Care Transition and Palliative Care Programs, Dignity Health Kevin Parzych, MD, Chief Medical Officer, Wilshire Health & Community Services		
7:35 p.m.	7.	Action Item: 7.1 Review and Approve Letter of Support for the California Wellness Trust		
7:40 p.m.	8.	Health Agency / Public Health Report Penny Borenstein, MD, Health Officer/Public Health Director		
8:00 p.m.	9.	Health Commissioner Updates		
8:15 p.m.	10	<ul> <li>Committee Reports         <ul> <li>Budget</li> <li>Legislative</li> <li>Community Education</li> <li>Nominating</li> </ul> </li> </ul>		
8:25 p.m.	11	. Prospective Future Items		
8:30 p.m.	12	2. Adjournment		

Next Meeting: April 13, 2020, at 6:00 p.m. County Government Center, Board of Supervisors Chambers 1055 Monterey Street, San Luis Obispo, CA

All persons desiring to speak during public comment or item specific comment will be limited to three (3) minutes per person. Additional information regarding any items listed on today's agenda can be obtained from the Health Commission Secretary at the Public Health Department located at 2191 Johnson Ave, San Luis Obispo. All times shown in the margin adjacent to the numbered items are estimated and are not to be considered a time guarantee.

The County Health Commission's monthly agenda and minutes can be accessed at <u>www.slopublichealth.org</u>. Meetings are broadcast live by the SLO-SPAN network, Cable Channel 21.

Para personas quienes necesiten un intérprete (en español) para hacer una presentación a la comisión, por favor llame al Teléfono 805-781-5520. Se hará todo lo posible para proveer este servicio.

#### COUNTY OF SAN LUIS OBISPO HEALTH COMMISSION

Minutes of Meeting Monday, January 13, 2020 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage, Jean Raymond, Tamar Sekayan, Catherine Shipp, Susan Warren, Amy Kleinman, Ginger Cochran, and Candace Winstead

Members Absent: Robert Campbell

Staff: Penny Borenstein, M.D. and Michael Coughlin

Guests: Christie Streeper Angela Halusic, OB, Tenet Healthcare Brooke Treanor, RN, BS, County of San Luis Obispo Public Health Department Calandra Park, MSW, RN, Dignity Health Michelle Blanc, LCSW, Tenet Healthcare Patricia Vazquez Topete, Regional Program Manager, California Complete Count-Census 2020

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Mary Jean Sage (Chairperson) called the meeting to order at 6:03 p.m. Quorum Established	Call to Order	Chair Sage
2. Public Comment:	Chairperson Sage opened the floor to public comment without response.		
3. Consent Items:	3.1 Approve the meeting minutes from December 9, 2019	Approved	Unanimous
	3.2 Approve the Letter of Support to the County of San Luis Obispo for two proposed Smoking Ordinances	Approved	Unanimous
	3.3 Approve the Revised Letter of Support to the City of Morro Bay for a proposed Smoking Ordinance	Approved	Unanimous
	The Health Commission approves consent items 3.1, 3.2 and 3.3.		
	Motion: Catherine Shipp 2nd: Tamar Sekayan Result: Approved – Unanimous		
	Chairperson Sage opened the floor to public comment without response.		

		Item 3.1
4. Information Item:	Receive Update on Topics from Previous Meetings	
	Chairperson Sage presented updates related to topics previously discussed by the Health Commission.	
5. Presentation:	Mary Jean Sage (Chairperson) introduced the presenter.	
<i>California Complete Count-Census 2020</i>	Patricia Vazquez Topete, Regional Program Manager, California Complete Count-Census 2020 presented a PowerPoint presentation outlining the goals, mission, challenges, and logistics of the 2020 Census in California.	
6. Presentation:	Ginger Cochran (Commissioner) introduced the presenters.	
Mental Health Continuum of Care/Post-Partum Depression	Christie Streeper provided a firsthand account of how she was impacted by Post-Partum Depression.	
Depression	Angela Halusic, OB, Tenet Healthcare provided a presentation outlining Post- Partum Depression. Items discussed included the signs/symptoms, risk factors, screening, and treatment.	
	Brooke Treanor, RN, BS, County of San Luis Obispo Public Health Department presented a PowerPoint presentation detailing the Perinatal Mood and Anxiety Disorder (PMAD) Project of San Luis Obispo County.	
	Calandra Park, MSW, RN, Dignity Health provided a presentation outlining the Perinatal Mental Health Program at Dignity Health.	
	Michelle Blanc, LCSW, Tenet Healthcare spoke about the Perinatal Emotional Support Groups and Programs available through Tenet Healthcare in San Luis Obispo County.	
	Chairperson Sage opened the floor to public comment without response.	
7. Health Agency / Public Health Report	Penny Borenstein, MD, Health Officer/Director for the County of San Luis Obispo Public Health Department provided the Health Commission with the report (summary below).	
	The Public Health Department will be issuing a press release     announcing the first influenza related death of the season.	

		Item 3.1
	<ul> <li>The Public Health Department is aware of a Gastrointestinal (GI) illness associated with Yosemite National Park</li> <li>Additionally, the Public Health Department is monitoring a new respiratory disease associated with Wuhan City in China.</li> <li>The Public Health Department is being asked to submit a significant reduction to the budget for the 2020-2021 Program Year (PY) which starts July 1, 2020.</li> </ul>	
8. Health Commissioner Updates	<ul> <li>Commissioner Warren: Will attend the upcoming Homeless Services Oversight Council (HSOC) meeting. Items to be discussed include the Homeless Housing, Assistance and Prevention Program (HHAP).</li> <li>Commissioner Winstead: Attended the Naloxone Action Team meeting where they received data and updates from the Syringe Exchange.</li> <li>Chairperson Sage: Attended the Healthy Communities Work Group meeting on behalf of Commissioner Kleinman where they discussed the City of San Luis Obispo's Active Transportation Plan, the California Polytechnic State University Master Plan as well as two projects proposed by Peoples Self Help Housing. Additionally, Chairperson Sage attended the Tobacco Coalition meeting with Commissioner Campbell. Items discussed included data and specifics related to two proposed Smoking Ordinances being considered by the County.</li> </ul>	
9. Committee Reports	<ul> <li>a. Budget – No Report Given</li> <li>b. Legislative – Commissioner Kleinman outlined new healthcare related legislation: The Mental Healthcare for new moms passed as of January 1, 2020 and HR3 - Elijah E. Cummings Lower Drug Costs Now Act passed in the House on 12/12/2020.</li> <li>c. Community Education – No Report Given</li> <li>d. Nominating – Commissioner Raymond noted that there are currently two vacancies on the Health Commission and that staff will be submitting an application for Commissioner Ginger Cochran to be reappointed to a Direct Provider Seat.</li> </ul>	

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This item was held over for discussion at a future meeting.		
Meeting was adjourned at 8:07 p.m.	Adjournment	Chair Sage
March 9, 2020, at 6:00 p.m. County Government Center, Board of Supervisors Chambers 1055 Monterey Street, San Luis Obispo, CA		
	Meeting was adjourned at 8:07 p.m. March 9, 2020, at 6:00 p.m. County Government Center, Board of Supervisors Chambers	Meeting was adjourned at 8:07 p.m.       Adjournment         March 9, 2020, at 6:00 p.m.       County Government Center, Board of Supervisors Chambers

I, Michael J. Coughlin, Clerk of the County of San Luis Obispo Health Commission, do hereby certify that the forgoing is a fair statement of the proceedings of the meeting held on Monday, January 13, 2020 by the County of San Luis Obispo Health Commission.

Michael J. Coughlin, Administrative Services Officer Dated: February 4, 2020

Item 3.1

#### County of San Luis Obispo Health Commission CONSENT ITEM March 9, 2020

### AGENDA ITEM NUMBER: 3.2

# ITEM: Approve Health Commission member appointment for submittal to the San Luis Obispo County Board of Supervisors

#### ACTION REQUIRED:

It is requested that the Health Commission approve and authorize staff to submit the Health Commissioner application for Ginger Cochran to the San Luis Obispo County Board Supervisors for appointment to a Direct Provider Seat on the County of San Luis Obispo Health Commission.

#### SUMMARY NARRATIVE:

The composition of the Health Commission is dictated by article III, section 1 of the County of San Luis Obispo Health Commission bylaws which specify that the voting membership of the Health Commission shall consist of a majority of health care consumers who are not direct or indirect providers of health care. Of the remainder of the voting membership, two shall be indirect providers and three shall be direct providers who are representative of the health care system in San Luis Obispo County. The Heath Commission currently has 3 vacancies which are detailed below:

Member Seat Representation	Current	Required	Vacancies
Health Care Consumers	5	6	1
(minimum 51% majority)			
Indirect Providers	2	2	0
Direct Providers	1	3	2
Total Seats	8	11	3

Efforts to achieve and retain full membership for the Heath Commission are ongoing and this item recommends one applicant for appointment to fill one vacant Direct Provider Seat.

The Health Commission bylaws require a minimum of three Direct Provider representatives. Ginger Cochran, MS, RDN, CDE, ACSM-CEP, is recommended for appointment to fill one empty Direct Provider seat on the County of San Luis Obispo Health Commission.

#### **STAFF COMMENTS:**

Staff recommends the approval of the appointment of Ginger Cochran to a Direct Provider Seat on the County of San Luis Obispo Health Commission. Upon approval, staff will submit a recommendation for appointment by the Board of Supervisors at an upcoming meeting.

## SAN LUIS OBISPO COUNTY HEALTH COMMISSION APPLICATION

## SAN LUIS OBISPO COUNTY HEALTH COMMISSION MISSION:

The mission of the San Luis Obispo County Health Commission shall be to work with, and on behalf of, the residents of the County to preserve and improve the quality of health for all people within the community. The Commission shall do all in its power to meld elements from both the public and private sectors in order to achieve the best and most cost-effective use of all health resources available to the community.

### BY-LAWS, ARTICLE III, SECTION 1 - MEMBERSHIP:

a. The voting membership of the Commission should be broadly representative of the social, economic, linguistic, handicapped, and racial populations, geographical areas within the County and be in reasonable proportion to the ethnic origin, gender and age groups in the population of San Luis Obispo County.

b. The voting membership of the Commission shall consist at all times of a majority six (6) of health care consumers who are not direct or indirect providers of health care. The remainder of the Commission voting membership, five (5), two (2) shall be indirect providers and three (3) direct providers who are representative of the health care system in San Luis Obispo County. For the purposes of this Commission, effective July 1, 2000, indirect providers are defined as those individuals who are affiliated with the health care system and who are currently providing support services. These may include, but are not limited to medical office staff, health care administrators, health insurance personnel, health education/trainers, and individuals who are members of governing boards of a health care entity. Direct providers for the purposes of this Commission are defined as those individuals who are currently providing "hands on" health care services. These may include but not limited to, physicians, nurses, lab technologists, pharmacists, dentists, physicians assistants, ophthalmologists, podiatrists, mental health therapists, and other health care service providers.

(Please print or type)

Nam	e Ginger Coch	nran, MS, RDN, CEP	, CDE	Email	gingcocl	hran@gmail.com	
Addr	ess (home)						
City	Shell Beach	Zip Code 93449	Phone		Fax		
Addre	ess (work)						
City	San Luis Obispo	Zip Code 93405	Phone			Fax	
X Cu	rrent Past	Occupation Register	ed Dietitia	n Nutritionis	t, Certifie	ed Diabetes Educator	r

X Current Past Employer Dignity Health, First Choice Physician Partners (4/2019), Dr. Stephen Hilty

#### PLEASE INCLUDE A SHORT NARRATIVE IN RESPONSE TO THE FOLLOWING QUESTIONS.

1. Why do you want to serve on the San Luis Obispo County Health Commission?

As a community member who was born and raised San Luis Obispo County, earned my education here at Cal Poly SLO, and has built a successful career here by working my way through volunteering at local health education agencies and working in variety of settings. I want to give back and provide my perspective as a specialist in nutrition and exercise to the health commission. There currently is no Registered Dietitian on the commission I want to provide my expertise on the board to better serve our community and provide a well-rounded perspective on the board.

2. What do you envision contributing during your term on the Commission?

Nutrition and exercise perspective on the board. Through my past experiences working with low income while working at Cal Poly STRIDE nutrition during graduate school, teaching nutrition lesson through CAPSLO during undergraduate I am aware of the needs of our community. In 2010 I worked with Dignity Health to conduct a yearlong needs assessment in San Luis Obispo County to help the hospitals design services for the community and keep their non-profit status. I have been a SLO county community member or 34 year. I have worked for as a health provider or community health for 8

years. I am aware of the wide variety of health concerns the community faces here in San Luis Obispo County through my experience living and working in our community. As Past President of the Coastal Tri-Counties Dietitian district for the California Academy of Nutrition and Dietetics I am aware of the needs of health provers in regards to programs program design to her them meet their community needs. My service as President of CTC shows my commitment to our community and promotion of health. Because of my work experience I am also aware of the variety of needs touching all

income levels. What health issues interest or concern you?

Adult and child obesity and overweight, diabetes, women's health, and prediabetes.

The expectation is that Commissioners will devote at least 10 hours per month. Will your time schedule permit this 4. commitment?

Yes

Please attach a resume, if available. A resume will not substitute for the above-requested information.

Please attach two letters of reference attesting to your knowledge and interest in promoting health care in San Luis Obispo County.

The San Luis Obispo County Health Commission Bylaws state that "the voting membership of the Commission should be broadly representative of the social, economic, linguistic, handicapped, and racial populations, geographical areas within the County and be in reasonable proportion to the ethnic origin, gender and age groups in the population of San Luis Obispo County."

Please assist us in meeting this objective by completing the following:

#### Name

- **GENDER Please check one:**
- 1. Male
- 2. Female √
- AGE GROUP Please check one:
- 1. Under 21
- **2**. 21 − 45 √
- **3**. 46 60
- 4. 60 or over

### HOUSEHOLD ANNUAL INCOME – Please check one:

- 1. Less than \$15,000
- 2. \$15,000 \$29,999
- 3. \$30,000 \$49,999
- 4. Over \$50,000 \/

## ETHNIC IDENTIFICATION – Please check one:

- 1. White (non-Hispanic)  $\backslash/$
- 2. Black (non-Hispanic)
- 3. Hispanic
- Asian / Pacific Islander
- 5. American Indian / Alaskan Native
- 6. Filipino
- 7. Other

#### **DISABILITY – Please check one:**

- 1. Hearing
- 2. Visual
- 3. Speech
- Physical
- 5. Developmental Disability
- 6. Other

February 14, 2019

Subject: Letter of Recommendation

To Whom It May Concern:

It is my honor to recommend Ginger Cochran, MS, RDN, CDE, ACSM-CEP, for a position with the SLO County Health Commission. I have had the opportunity to work with Ginger in a variety of settings over the past six years and because of this, know first-hand that she is highly qualified for this position.

During her internship through the California Polytechnic State University-San Luis Obispo I had the privilege of precepting Ginger during her rotation at Villa Maria Care Center where I was the Director of Food and Nutrition Services. It was quickly apparent to me that Ginger possessed valuable leadership and education skills. Because of her excellent work during her internship, I encouraged Ginger to step into a leadership role on our local district board as President Elect during my term as President. Ginger has since been a valuable member of our leadership team. In addition to her role at the district level, she has also been involved at the Academy level where she was part of the interdisciplinary team that wrote, reviewed and improved the questions for the new Certified Specialist in Obesity and Weight Management exam. In addition, Ginger serves on the Board of editors for the Nutrition Care Manual. All of these roles are important in supporting public health education.

Outside of her involvement with the Academy, Ginger also has an impressive history of both leadership and community excellence in her professional career. Ginger has worked in a variety of settings educating the public on nutrition and over the past several years has been working in the primary care and health education settings. Here she has filled several roles as a Dietitian and Certified Diabetes Educator, doing one on one counseling and leading weight management classes for bariatric patients, and those with other chronic diseases. She has experience educating people with a variety of acute and chronic health issues including diabetes, obesity, gestational diabetes and pregnancy, general weight management and more.

Ginger is also an active fitness instructor and uses this to promote nutrition and the importance of healthy habits within the community. Recently, Ginger has paved a path for herself in the media sector by reaching out to Joy Bauer, Registered Dietitian with the Today Show. She was selected to be on Joy's summer team as part of the their partnership with Women's Day Magazine and the Mayo Clinic to coach five women in their Live Long and Stronger program. She has also been able to travel to Los Angeles and New York City to work with Joy behind the scenes on marketing campaigns, recipe testing and research for TV show segments. These types of experiences are vital to expanding the public health knowledge using evidenced based nutrition education.

Ginger's list of professional accomplishments is extensive, and I am confident that these experiences along with her education and personality make her highly qualified to be an educator within your organization.

Please contact me if you have any additional questions regarding Ginger's qualifications.

Sincerely,

Jessica Gust, MS, RDN

January 26, 2019

Subject: Letter of Recommendation

To whom it may concern: It is my pleasure to recommend Ginger Cochran for the San Luis Obispo (SLO) County Health Commission Board. As a Registered Dietitian Nutritionist (RDN) & Certified Diabetes Educator (CDE) Ginger will bring a new perspective to the Board. I have known Ginger in both professional and personal settings for the last five years. I had the pleasure to mentor and work alongside Ginger when she was a Dietetic Intern at California Polytechnic State University (Cal Poly) San Luis Obispo (SLO) rotating through CHC when I was her preceptor. Throughout the last five years I have personally observed Ginger graduate from the Cal Poly DI Program, achieve registration as a RDN through the Commission on Dietetic Registration (CDR), earn certification as a CDE through the National Certification Board for Diabetes Educators (NCBDE), certification as a Certified Exercise Physiologist (CEP) through the American College of Sports Medicine (ACSM) as well as, certification as a Wellness Coach through Wellcoaches®. In addition, I have also had a wonderful experience serving alongside Ginger on the California Academy of Nutrition and Dietetics Coastal Tri Counties District (CAND-CTC) Executive Board for the past four years. Ginger was the CAND-CTC President and now serves as the Past President. I have witnessed Ginger's character, determination, integrity and leadership abilities in the field of Nutrition and Dietetics. Ginger has a very strong work ethic, excellent organizational skills and demonstrates a passion for the field of Nutrition and Dietetics which will assist her in her role on the SLO County Health Commission Board. She has developed an excellent skill set and knowledge base for a successful term on the Board. Ginger has worked on the Central Coast for the past five years in primary care and seven years in health education. As a RDN/CDE, CEP and Certified Wellness Coach® Ginger is an expert facilitator of mindset and behavior change that generates sustainable healthy lifestyles, which prevent or treat diseases, and foster well-being and thriving. Her goal for the community is to create lifelong health behavior changes that inspire the SLO population to prevent and/or manage their chronic diseases. Ginger has work experience focusing on bariatric nutrition, diabetes education, weight management and cardiac rehabilitation. Through her previous work experience Ginger has developed various health education programs in many areas of health and nutrition which include; a diabetes management program, heart health program, a 6 month pre-bariatric surgery weight management programs and 2 corporate wellness programs. Ginger has built a positive reputation in the community with providers and clients alike. In addition, for the past seven years Ginger has worked as a contracted RDN and health educator for multiple non-profit and for profit organizations to help them meet the health needs of their populations. Ginger worked closely with non-profit Dignity Health hospitals to lead a large scale community needs assessment to help area hospitals meet the needs of the population and maintain their non-profit status. Ginger constantly seeks new opportunity for continued growth. In 2016-2018 Ginger gained work experience in nutrition media by working closely with Joy Bauer, MS, RDN, New York Times bestselling author and NBC Today Show RDN. Joy made Ginger a part of her the team for a temporary summer position. Currently

Ginger is worked with Women's Day Magazine in conjunction with the American Heart Association (AHA), Joy Bauer production, and Mayo Clinic to coach women who won the Live Longer and Stronger contest they recently conducted. In addition to her extensive work experience Ginger is actively involved in the Nutrition and Dietetics community at a local level. Ginger has been a member of the Academy of Nutrition and Dietetics (AND) for fourteen years, as well as, the following Dietary Practice Groups; Weight Management, Diabetes Educators, Women's Health, and Integrative Nutrition and Functional Medicine. Ginger's leadership skills are exemplified through her many roles on the CAND-CTC district Executive Board. In addition, Ginger volunteered this past year for the CDR to assist them writing and reviewing test questions for the Specialist Certification in Obesity and Weight Management. I am confident Ginger has the applicable work experience, education, certifications, as well as, her personal and professional skills and characteristics to succeed on the SLO County Health Commission Board. Ginger will be an excellent and positive addition to the Board. Ginger is confident, knowledgeable and dedicated to success, but most of all she is passionate about nutrition, dietetics and community health. I highly recommend Ginger Cochran for the SLO County Health Board. If you have any questions or would like additional information please contact me at your convenience.

Regards, Andrea Hughes, MS, RD, CDE



# COUNTY OF SAN LUIS OBISPO HEALTH COMMISSION

#### **Commission Members:**

Mary Jean Sage, Chair Jean Raymond, Vice Chair Robert Campbell Tamar Sekayan Susan Warren Candace Winstead Amy Kleinman Ginger Cochran

March 10, 2020

The Honorable Joaquin Arambula, MD Chari, Assembly budget Subcommittee #1 on Health and Human Services State Capitol Building, Room 6026 Sacramento, CA 95814 The Honorable Richard Pan, MD Chair, Senate Budget subcommittee #3 on Health and Human Services State Capitol Building, Room 5019 Sacramento, CA 95814

Re: Support for a California Wellness Fund Budget Request

Dear Doctor Arambula and Doctor Pan,

The San Luis Obispo County Health Commission supports the California Wellness Fund budget proposal. The Health Commission consists of 11 volunteer appointees who are residents of San Luis Obispo County, of which six are consumer representatives, three are direct providers (physicians, nurses and dentists), and two are indirect providers (medical office managers and hospital administrators). The Commission advises the County Board of Supervisors and the Public Health Department on health matters in the county. This includes the critical importance of health prevention and wellness. Wellness is more than the absence of illness; it means health of body, mind, and spirit. It also means an abundance of justice, equity and voice.

The budget proposal is a one-time allocation of general funds in order to begin a roll-out of a statewide initiative to promote health equity and prevent key risk factors for leading causes of illness and premature death. This investment of \$10 per capita represents less than 1/1000<sup>th</sup> of what California spends on health care. Investing in healthier communities can keep people from needing health care in the first place, keeping health care costs down while improving quality of life.

These funds are needed to implement strategies we know work. Local health departments and community-based organizations know how to significantly reduce risks for the leading causes of illness, injury, and premature death including heart disease, diabetes, and dementia. These diseases have common risk factors beginning in early childhood and continuing on to older adults. Unfortunately, we do not have adequate resources to scale and sustain effective programs to address these risk factors. Limited state, federal, and private funding for disease prevention is sporadic, siloed, and declining.

The California Wellness Fund will provide resources to local health departments and community organizations, including clinics and tribes, initially in a subset of jurisdictions in Northern, Central, and Southern California, using indices of health inequities to focus resources on the most vulnerable

residents and communities. Recipients will work together and use local needs assessments to implement evidence-based and community-guided strategies to across the lifespan to improve access to healthy food and safe drinking water, increase opportunities to be physically active, and promote safer and healthier neighborhoods. Rigorous evaluation and accountability will measure changes in key risks for preventable illness and injury in communities with the greatest health inequities.

In 2018 community, health and business leaders of San Luis Obispo came together to develop a five-year Community Health Improvement Plan after doing an extensive Community Assessment in our county. We would look forward to working with the California Wellness Fund to implement some of our strategies for success of our Community Health Improvement Plan and ensure all San Luis Obispo County residents have the opportunity to live a healthy life.

A California Wellness Fund ultimately will benefit all Californians. This budget proposal will reach only a part of the state's population, but it will lay the groundwork for a statewide effort to scale-up the fight against preventable chronic disease, promote health equity, and improve California for all. Our state's vision for the future of health must include not only covering all Californians in times of illness, but also assuring critical investments to keep people from getting sick in the first place. We strongly urge you to support the California Wellness Fund.

Sincerely,

Mary Jean Sage, Chair

Cc Kat DeBurgh, Executive Director, Health Officers Association of California